

● The Crescent View

March 2013

OFFICIAL NEWSLETTER OF THE CRESCENT HEIGHTS COMMUNITY ASSOCIATION



**Community Walk (rescheduled)
11:00am on Saturday, March 23.
Meet at the Hall. Details Inside.**





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Crescent Heights Community Association

1101 - 2nd Street NW
Calgary, Alberta T2M 2V7

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President	John McDermid	277-8653
Treasurer	Daniel Dang	355-0058
Secretary	Leslie Marion	
Planning	Darlene Jones	
Traffic	Allan Anderson or Kellee Grounds chtraffic@hotmail.com	

Parks	Dave Dearborn	
Business Liaison	Daniel Dang	355-0058
Hall Operations	Dan Shield	
Crime Prevention	Jack Lawson	jclawson@shaw.ca
Environment	Vacant	

Volunteer Managers and Police

Hall Rentals	Marlene Zaharichuk	804-5600
Hall rental inquiries will be answered in two to three days		
Communications	Penny Smith smithpenny@shaw.ca	
Playgroup	Stacie Banks	670-6872
	stacie_banks@yahoo.ca	
Memberships	Jonathan and Alison Martin curmudgeon9@shaw.ca	
Rink Manager	Tim Edwards	606-9303
Comm. Liaison Officer:	Dominique Laporte	567-6300
	District 3, #3241	

**To join the Community and
Block Watch email list contact Penny Smith
at smithpenny@shaw.ca**

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Letters and submissions from community members are always welcome. Please mail or drop off at the Hall mail slot at 1101 - 2nd Street NW, Calgary, Alberta T2M 2V7, or submit materials via email to chcview@gmail.com

Opinions expressed in the *The Crescent View* are not necessarily those of the Crescent Heights Community Association or of the publisher.

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Advertising inquiries?

Please email:
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More information on page 7.



Visit us online!

For community
and hall information
please visit:

www.calgaryarea.com/nw/crescenthts/crescent.htm

President's Notebook

by John McDermid

Our mewling and puking about newsletter distribution vacancies has resulted in CHCA securing a *Crescent View* Distribution person for the northwest half of the community: behold David Leisauniks, a resident of 8th Avenue NW, who sought and now has felt the rapture of the bundling of the newsletter. We spent a very pleasant hour on January 31, bundling our NE and NW carrier bunches, then went our separate ways to deliver them to carriers for the weekend. David and his wife are long time Crescent Heights residents, moving here from Rosedale some 16 years ago (isn't it usually the other way around?). Many thanks to David for taking on this volunteer role. Now if we could find David a capable counterpart in the NE of the community, harmony will be restored to the distribution flow of our beloved newsletter. And our apologies this month to those few carriers in the NE who we shorted with the February issue (we were one carton short) and, unfortunately, our carrier who does the most heavy lifting in delivering the longest route was left short this month. Sorry, Tony, we'll be sure to get you your full complement next issue. For those of you who missed the February issue, you can always find the newsletter online at www.calgaryarea.com, click on NW Communities, Crescent Heights and you'll see it right there on the lower right side of the page.

Our Casino March 20 and 21

As I write this we are within a hair's breadth, a single count room position, of filling all of our 40-plus positions for our next fundraising casino at Cowboys Casino. We received our casino license on February 8, so we're almost locked and loaded. We are missing a few of our perennial regulars this year, but I am confident that by the time you read this all of our volunteer spots will be filled, *but just in case*: one count room volunteer, for the short shift (but the late one) on Wednesday March 20th, is still required. In addition, and in the cautious spirit of *suspenders and a belt*, as my pal Morgan Yates used to say, we also need to line up a number of alternates, just in case of last-minute emergencies, illness or other changes of plan that might take one or more of our full volunteer complement out of the line-up. Only one time in our many casinos did we have to call on an alternate (our core group is that good!), but if you could mark those days March 20 and 21 on your calendar and advise us of your availability, should the need arise, we'll have that confidence and peace of mind going in. Call me, Casino Chair-and-ottoman 403-277-8653. And thanks for having our back at Cowboys.

A Visit to SDAB

So it was off to the Subdivision and Development Appeal Board on the 7th of February, there to join the appeal of an approval of a problematic development permit approved last autumn for a site at 1417 1st Street NW. A number of nearby residents first saw the plans at a Traffic and Planning meeting in the summer, and were vocal in their opposition, as was CHCA, on the basis of several aspects of the proposal and the extraordinary site characteristics (there is no rear lane between 1st Street and 1A Street NW from 13th Avenue to 15th). The depth of the proposed tri-plex's penetration into the site, coupled with the lack of an alley, had the effect of magnifying the adverse effects of massing, shadowing and overlooking. The proposal was altered and later approved by the City, but the most egregious aspects of the development were not adequately addressed in the revisions. At SDAB in February, a number of residents spoke clearly, concisely, professionally and passionately, and the approval of the Development Permit was overturned by the board. Thanks to all of these

- Continued on page 5



In 2012, we contracted an independent consultant to conduct an appraisal of our client base to ensure that we are meeting or exceeding our clients' expectations.

We are very pleased to announce that the results were overwhelmingly positive!

Our Overall Client Satisfaction - 96%

Our rankings on the three factors that clients indicated were most important to them:

MK Wealth Management Group is trustworthy	4.9 / 5
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President's Notebook cont. from page 3

residents who were able to find time to take the lead or play a supporting role in the appeal, as well as other neighbours who were there in spirit. Now we'll take a little breather, cool off and put our shoulders again to the wheel to work with the present developer for a future proponent to get an appropriate development for the site that has fewer negative impacts on adjacent residents. Hmm: massing, shadowing, privacy and overlooking issues involving a wall of windows. Wasn't this the same argument against a certain five-storey building in the Centre Street corridor some 12 years ago? Wasn't this where I came in? Is there an echo in here? But that was then, this is now: that argument was made to city council two weeks to the day before the 2001 municipal election; this year's was more dispassionate and made before a quasi-judicial, technical review panel, where cooler heads prevailed. Arguments in respect of massing, shadowing, privacy and overlooking apparently were more compelling when no political futures hung in the balance. But I digress.

What's Missing at the EOC

Something I forgot to report on: having attended the Emergency Operations Centre's November 20th Open House for its host community of Crescent Heights, I was able to inquire of Deputy Chief Greg Wilkes about the status of the public art component associated with this development. I had the pleasure of being part of the jury selection several years back. Through this process the artists who submitted expressions of interest were first short-listed, then a finalist was chosen. Unfortunately, in the intervening years, the artist who got the nod has suffered serious financial setbacks and is not able to complete the commission. We are inquiring whether any Plan B is in place to see that the public art aspect of the EOC can be fulfilled. We hope something will appear in place of the stone and steel and very striking climbable sculpture that was earlier planned for the site just adjacent to the playground.

Ladders and Lighting Upgrades

Our former CHCA board colleague, Anne Underwood, continues to contribute to our community by stick handling a proposal for significant upgrade to the interior lighting at the hall. I believe I have reported before on how inefficient, expensive and hard to source the fluorescent tubes in our existing fixtures have become. Ballasts for the old fixtures have also come into issue and on February 1 we were presented with a proposal for a very striking replacement and upgrade for our fluorescent fixtures and the potlights in the hall, as well as recessed fixtures for our narrow stairwells. Anyone who has attended a catered or a "fancy" event at our hall knows how the utilitarian building can be transformed by some decorations and sources of light other than our harsh fluorescents. The upgrade proposes up-lighting and down-lighting, dimmable so as to be able to create ambience. But it won't be cheap. I for one am mightily in favour, and I hope I've made by last trip up to the top of our 14-foot stepladder, it planted atop a section of our stage, to swap out old fluorescent tubes for new ones. And the new ones would of course burn brightly until the ladder was put away and the stage segment put back in place, then they would flicker and snuff. Too old for that; can't do that anymore, I vote for the upgrade. A short while ago I could do it standing on one foot atop the ladder, when the ladder had wheels and the wheels turned at the speed of darkness; when the sound that rang like trouble was really nothing: just the sound of spokes snapping gently and one wheel collapsing in the dark. I ebb.

Newsletter Editorial Deadlines

The Crescent View is published ten times per year.

Deadline: The 10th of each month for the following month. For example: To be published in the June issue, the deadline is May 10. Special September issue deadline: August 5 (to accommodate all the 'back-to-school' material). The July/August issue is combined into one publication and so is the December/January issue. The deadlines for these two issues are June 10 and November 10 respectively.

Please email your articles or event listings, as an attachment in MS Word form, to Elizabeth Stady at chcaview@gmail.com.

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2013 Calgary



Seedy Saturday

is coming...

Saturday, March 16, 10am - 3pm
Hillhurst Sunnyside Community Centre
1320 - 5 Ave NW

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Edmonton Trail Visioning Project

On February 2nd, the Edmonton Trail Visioning Project was a huge success along In attendance was representatives from the University of Calgary, Federation of Calgary Communities, as well as Renfrew, Bridgeland/Riverside and Crescent Heights residents. Thanks to everyone who came out early Saturday morning and shared their thoughts with us. Geoff Ghitter, (U of C Urban Studies Professor) noted it was their largest turnout for a Visioning Project to date. We had a great mix of residents from the three communities, business owners, and Druh Farrell and Carol Armes also joined the fun. Big thanks to A Touch of Italy in Bridgeland for donating cappuccino, (exactly what was needed at 8:30 in the morning) and to Renfrew Community Association for providing the venue and refreshments.



The U of C Senior Urban Studies students will be presenting three different visions of Edmonton Trail based on the input provided on February 2nd. If you would like to see the potential that Edmonton Trail has to offer, please join us April 20th at 9:00am (sign-in at 8:30am). The presentations will be at the Renfrew Community Hall located at 811 Radford Road NE. To attend please register here: <http://calgarycommunities.com/events>. (If you don't register we will still let you in...but you didn't here that from me!)

Crescent Heights Affordable Housing Development

The City of Calgary is considering construction of a multi-residential development on two vacant parcels of City-owned land at 210 and 212 – 15th Ave. N.E.

For more information on the project, latest news and project updates, please visit calgary.ca/affordablehousingdevelopments.

Lee Prevost
Project Manager, The City of Calgary
403.268.8732, lee.prevost@calgary.ca

Community Walk – New Date

Rollin Stanley has asked to reschedule our planned walk through the Community. We are sorry for the inconvenience this has caused.

Our walkabout is now scheduled for Saturday, March 23 at 11am. We will meet at the community hall.

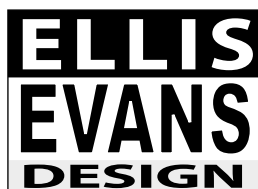
We hope you will be able to adjust your plans for the new date.

A special “thank you” to
John the superstar McDermid
for helping to deliver
The Crescent View.
**Your volunteer efforts are very
much appreciated!**

THE CRESCENT VIEW

is the official newsletter of the
**Crescent Heights
Community Association**

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**We publish ten issues per year in each
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News from Wild Rose United Church

www.wildroseunited.ca 403-630-5944

Join us at Wild Rose United Church for Easter!

Good Friday Service at 10:00 am

Easter Sunday Sunrise Service at 7:00 am followed by a light breakfast

Easter Sunday Service at 10:00 am

Interested in being a part of a community garden? Wild Rose is looking for community residents who want to be a part of this project located on 12 Avenue and 1 Street NW. Please contact Roselyn at the church office 403-277-5576 for more information. Calgary Horticultural Society is hosting "How To Start A Community Garden" on Thursday, March 7, 2013 from 7pm to 9pm.

Message from your Alderman

Walkability matters! More and more, studies show us that walkability is critical for health, wealth, and community growth. Organizations like the U.S. Center for Disease Control and Prevention, as well as health boards across North America, are demonstrating a strong link between community design and total physical activity. This link is especially important as rates of obesity, in particular child obesity, and other lifestyle illnesses rise, resulting in an alarming prediction that our children will have a lifespan five years less than their parents.

Studies also show that houses located within strolling distance of shops and services command a price premium and retain their value more than in less walkable areas. Walkability translates directly into reduced crime, improved traffic safety, and economic viability for local businesses. The emotional bond to where you live, achieved by bumping into neighbours or simply waving hello, improves neighbourhood safety.

For many, the notion of walkability means the easy distance to shops, schools, and services, and while people won't walk if there is nothing to walk to, there are a number of other features that create a walkable neighbourhood. Connections to a network of sidewalks and pathways with plenty of intersections, interesting human-scaled buildings, street trees and parks, and a higher density of housing and population all contribute to the walking experience.

To connect residents to vital amenities, City Council recently adopted standards for new communities, requiring tree-lined sidewalks on both sides of the street. While retrofitting existing communities to be more pedestrian friendly can be a slow process, portions of the transportation budget have been redirected to gradually improve links to transit. Calgary is heading in the right direction.

For regular email updates on City related issues, please contact my office at ward07@calgary.ca or visit the Ward 7 website at druhfarrell.ca.



CHCA Community Hall Activities and Events

March Community Calendar

05	CHCA Traffic & Planning Meeting 7-10pm
12	CHCA Board Meeting 7pm
19	CHCA Traffic & Planning Meeting 7-10pm
26	CHCA Traffic & Planning Meeting 7-10pm

March at the Hall

SUNDAYS:	Pentecostal Church Public Service 10am – noon
MONDAYS:	Fitness Class 5-7pm, call Lana 403-999-5373 Dance and Fitness 7:30 – 9:30pm.
WEDNESDAYS:	Fitness Class 6:30-7:15am, call Lana 403-999-5373 CHCA Playgroup 10 – 11:30am For info call Stacie 403-670-6872 Zumbra 5-7pm, for information call 403-826-5926 Tai Chi 7:30 – 9:30pm
THURSDAYS:	Fitness Class 5:30-8pm For info call Lana 403-999-5373

For more a more detailed Hall Calendar and for event and activities contact information please visit:

<http://www.calgaryarea.com/nw/crescenthts/calendar/diary.asp>

Community Safety

Community Liaison Officer Monthly Report

Distracted Driving

On September 1, 2011, the new Provincial Distracted Driving Law came into effect. The law is one of the most comprehensive in the country and will improve road safety in Calgary by restricting drivers from the following:

- using hand-held cell phones
- texting or e-mailing
- using electronic devices like laptop computers, video games, cameras, video entertainment displays and programming portable audio players (e.g., MP3 players)
- entering information on GPS units

- Continued on page 10

Community Safety cont. from page 9

- reading printed materials in the vehicle
- writing, printing or sketching
- personal grooming

For more information go to www.transportation.alberta.ca to be taken to the Government of Alberta Transportation website. To sign a pledge not to drive while distracted please visit the following link www.YourPledge.ca

Traffic Complaints

If you have a complaint about traffic issues in your community please follow this link to our Traffic Service Request form: <http://www.calgarypolice.ca/sections-traffic-service-form.html>

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Wednesday, April 24, 2013 at 6pm

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- Reggio Inspired Elementary Program (K-6)
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St. Alphonsus School focuses on excellence in learning and enriched fine arts development.

Junior High registration is on-going. Please contact 403-500-2016 for tour times and information.

Enforcement locations

In response to community needs identified through statistical analysis, collisions, and citizen concerns, mobile photo radar will be set up on Crowchild Trail N., Sarcee Trail N. and Memorial Drive. Photo radar will also be set up in the communities of Oakridge, Woodbine and Glenbrook. Photo radar will continue to be actively deployed in school and playground zones, as well as construction zones throughout the city.

As well as photo radar, there are 51 Intersection Safety Camera (ISC) locations throughout the city. A number of cameras rotate through these locations and can photograph vehicles entering the intersections during all phases of the signal. There are 39 cameras that rotate through the ISC locations that are capable of capturing red light infractions. These cameras continue to reduce collisions and foster a safer driving environment at our intersections.

The speed on green initiative uses up to 28 of these ISC locations to capture vehicles that speed through green and yellow lights. Speeding fines reflect how fast you are travelling over the limit. Speeds in excess of 50 km/hr over the speed limit result in an appearance before the judge. These drivers not only put themselves in danger, but they also endanger the lives of others.

A partial list of Intersection Safety Camera locations is listed below:

- 003 - Centre Street/20 Avenue North
- 015 - 64th Avenue/4th Street N.E.
- 026 - Falconridge Boulevard/64th Avenue N.E.
- 028 - McKnight Boulevard/Barlow Trail N.E.
- 029 - Barlow Trail/Centre Avenue East
- 032 - Memorial Drive/52 Street N.E.
- 033 - 16th Avenue/10 Street N.W.
- 034 - Edmonton Trail/McKnight Boulevard N.E.
- 035 - Memorial Drive/28th Street N.E.
- 045 - Deerfoot Trail/16th Avenue N.E.
- 047 - Deerfoot Trail/Memorial Drive N.E.



CALGARY POLICE SERVICE

Crime Statistics

Statistics for: Crescent Heights to January 2013

	2013 YTD	2012 YTD	2013 Jan	2012 Jan
Robbery Commercial	2(1)	1(0)	2(1)	1(0)
Robbery Street	1(0)	0(0)	1(0)	0(0)
House Break And Enter	1(0)	2(0)	1(0)	2(0)
Shop Break And Enter	3(0)	1(0)	3(0)	1(0)
Theft Of Vehicle (U & O)	0(0)	1(0)	0(0)	1(0)
Mischief To Property	0(0)	1(0)	0(0)	1(0)
Property Damage	3(1)	3(0)	3(1)	3(0)
Theft Under	2(0)	4(0)	2(0)	4(0)
Theft From Vehicle (U & O)	3(0)	2(0)	3(0)	2(0)
Aggravated Assault	0(0)	0(0)	0(0)	0(0)
Assault With Weapon	1(1)	0(0)	1(1)	0(0)
Assault Causing Bodily Harm	0(0)	0(0)	0(0)	0(0)
Assault/common Assault	1(0)	0(0)	1(0)	0(0)



Burns and Scalds



Every month Alberta Health Services EMS responds to emergencies where a young child has sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching a hot surface, or making contact with an electrical outlet. Fortunately, incidents such as these can be avoided by taking simple preventative measures.

Degrees of burn

- **1°:** Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable.
- **2°:** Deeper and much more painful than 1° burns; broken skin or blisters commonly develop.
- **3°:** Severe: the deepest layers of skin and tissue are injured; may appear charred or leathery.

First Aid for burns

- Skin may continue to burn if not aggressively cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or any clean, non-fluffy material to protect from infection.
- Over the counter medications may be used for pain. Adhere to directions given on the label.
- Seek further medical attention from your doctor as required.

Prevention of burns

- Check the temperature of your hot water tank. Many homes keep hot water temperatures as high as 60°C / 140°F. This temperature will scald a child in just seconds.
- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks or food to spill on a child.
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached.
- Avoid picking up a child while holding any hot liquids.
- Ensure electrical outlets are made secure by installing commercially available safety devices that prohibit access.

If you require immediate medical attention for a burn, **call 9-1-1.**

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Membership Awareness

March is Community Association Membership Awareness Month!

Did you know there are more than 20,000 volunteers in the community association movement in Calgary? It's the **LARGEST** collective volunteer movement in the city! There are also more than 156,000 Calgarians who are members of their community association. Be part of it!

The Federation of Calgary Communities is proud to once again promote March Community Association Membership Awareness Month. We encourage you to take a few minutes this month to find out what your community association can do for you! It's easy and you'd be surprised at the many benefits and options available to you as a neighbour.

Community associations are so much more than organizations offering programs and services such as youth soccer or evening yoga to residents. For example, this newsletter was created and produced by hard-working volunteers from your community association, put together each month to let you know what great things your community has to offer.

Community associations are the voice for community life, working with stakeholders such as City Council on planning and development issues in Calgary. Do you want to take part in what goes on in your neighbourhood? Have a say and get involved!

Many community associations also work closely with many local businesses to offer discounts and benefits to their members.

Throughout this month-long event The Federation of Calgary Communities will be working closely with the 149 community associations in the city to promote the many benefits of belonging. Each community association is different so find out what yours can do for you today!

**Engage.
Belong. Inspire.
Be part of it!**

For questions or more information on March Community Association Membership Awareness Month please contact Rebecca Dakin with The Federation of Calgary Communities at (403) 244-4111 ext. 204 or communityrelations@calgarycommunities.com



Tom Pecek and Associates General Dentistry

Our clinic is recently under new ownership, and Dr. Tom Pecek and our team look forward to meeting residents of the Crescent Heights/ Bridgeland community! We strive to provide personalized, quality care to all our clients, and to empower them to make informed decisions about their oral health.

- Flexible Evening and Weekend Appointments Available
- Direct Billing to your Insurance Company (you pay only the difference)
 - New Patients and Emergencies Welcome
- Complimentary Consultations (implants, cosmetics, orthodontics, 2nd opinions)
 - Languages Spoken Including English, Cantonese, Mandarin, Vietnamese
 - Free Parking

We look forward to meeting you!

Tom Pecek And Associates

#5, 1217 Centre St NW

Tel 403.230.2288 Fax 403.230.8800

Mondays to Fridays 9:00am - 7:00pm

Saturdays 9:00am - 5:00pm Sundays & Holidays - Closed

www.pecekandassociates.com

Louise Riley Library

1904 14 Ave NW

Monday to Thursday 10:00 a.m. – 9 p.m.
Friday and Saturday 10:00 a.m. – 5:00 p.m.
Sundays 12:00 p.m. – 5:00 p.m.
www.calgarypubliclibrary.com

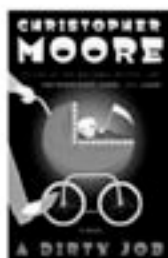


Programs are **FREE** with your library card.

Register in person, by calling 260-2620 or online at www.calgarypubliclibrary.com

March 2013

Find a new book to fall in love with - here are a few books that we loved!



A Dirty Job If you liked *How To Be Good* by Nick Hornby, you might like the zany world of Christopher Moore. I zoomed through *A Dirty Job* about Charlie Fletcher, who discovers he is a death merchant responsible for transferring soul vessels. That plot summary gives a good sense of Moore's interests. Warning- Moore doesn't let concerns about losing the reader in gleeful idiocy get in the way of a *Badump bump* pun
~via the *LazyReader* on Louise Riley's Blog.



Guinea PIG pet shop private eye, vol. 01 : hamster and cheese written by Colleen Venable and illustrated by Stephanie Yue. What do you get when a pet shop owner labels hamsters as koalas, notices that his sandwich goes missing everyday before lunch, and the "G" falls off of the "Guinea PIG" sign? A "Guinea PI" (private investigator!) with lots of mysteries to solve! This is a fun read for grades 1-6, or anyone who likes seeing a good mystery solved in a petshop by a guinea pig and her hamster sidekick!

MONDAYS at your library...

Computer Technology Coaching: Drop in for one-on-one, volunteer help on using the Internet and Microsoft Office products. Mondays to Apr. 29, 2:00 - 4:00 p.m. *No registration required*

Other programs at your library...

Don't Be Scammed Learn what to watch for when giving your money to others. Discover how to support charities with confidence. Presented by Ron Reinhold, Rainbow Investigations.
Monday, Mar 25, 2:00 - 3:30 p.m. *Registration required*

Citizenship Preparation Class Learn about Canada with the purpose of preparing yourself for the Citizenship Exam. In partnership with Immigrant Services Calgary.
Saturday, Apr 06, 1:00 - 4:00 p.m. *Registration required*

Community Eco-Enthusiasts Our green future is now! Discover the many eco-initiatives that can change and inspire your community. Presented by Gerald Wheatley, Arusha Centre.
Monday, Apr 08, 2:00 - 3:30 p.m. *Registration required*

See you soon at the Louise Riley Library!

Please note our holiday hours:
Closed March 29th for Good Friday



Area Event and Resource Guide

Community

MARLBOROUGH

Calgary Marlborough Community Association
Hall: 636 Marlborough Way NE Ph: 403-273-5894
Hall Rentals: Call 403-273-5894 or email
calmarca@telus.net
Newsletter email: cmccnews50@yahoo.com

OUTDOOR SOCCER REGISTRATION - CMCA and Memorial FC

When: Thursday, March 7 7:00 pm - 9:00pm
Thursday, March 14 7:00 pm - 9:00pm

Where: Calgary Marlborough Community Center – Upstairs
636 Marlborough Way NE

On-line Registrations:

www.memorialfc.com Or www.marlboroughca.ca

Questions: Phone Peter at 403-272-0462

UPCOMING EVENTS:

St Patrick's Day Games Night - Saturday, March 16 at 6:45pm for registration. In the Lounge and Upper Hall – Games prizes, green beer, Irish stew, live entertainment after the games. Adults only. Volunteers needed please!

Ladies Night Out - May 9th

Community Clean-up - June 1st

Boot Sale - June 8th

Stampede Breakfast - July 13th

PROGRAMS AT THE HALL

MONDAY: Yoga - upstairs - Fireside Room - 7:30 to 9pm. Please call Marg at 403-273-7952 for information.

TUESDAY: Social walking – downstairs, 9 to 11am

WEDNESDAY: Sparks - 6 to 7:15pm; Brownies - 6 to 7:30pm;

Beavers - 6pm

THURSDAY: 50+ Club - Whist and Bridge every Thursday at 1pm in The Alpine Loft, 2nd level (Elevator available) Pot-luck lunch every third Thursday. New members welcome!
-Yoga upstairs - Fireside Room - 1:15 - 2:45pm Call Marg Berger at 403-273-7952 for information.

FRIDAY: Military Whist in the Alpine Loft (Elevator available) the 4th Friday of the month.

SATURDAY: Lounge - Fireside Room. Open on some Saturdays. We are taking private bookings, call the office at 403-273-5894 to book. Last Saturday of the month - Jam Sessions and Euchre. Euchre starts at 7:30 everyone welcome.

MARLBOROUGH PARK

Marlborough Park Community Association

Hall: 6021 Madigan Drive NE

Hall Rentals: Call 403-248-1775

Newsletter email: marlpark@shaw.ca

UPCOMING EVENTS:

MPCA Soccer Registration: Registration is from 6:30pm - 8:30pm
Registration dates for 2013: March: 5, 7, 12, 14

Social Club – March 8, April 12, in the lounge, 7pm – 12 am.

Femme Fatale (ladies trade show): March 19 from 6 to 10pm at the hall. Bring all your friends for this fabulous 'ladies night out'.

Easter Egg Hunt: March 24 from 10am to noon. This year we will be hosting the event in the gym. Bring your family for games, crafts and so much more! Tickets are \$3 per child and can be pre-purchased at the hall after Monday March 11, 2013.

Jelly Bean Dance - April 19. Volunteers needed

Fundraising Casino - April 29 and 30. Volunteers needed.

Blood Services: Canadian Blood Services at the Marlborough Park community centre gym, 6021 Madigan Drive NE, on July 5th.

MARLBOROUGH PARK cont

AT THE HALL

NIA - (Non Impact Aerobics) classes for ages 6-86. Tuesdays 6:15 pm.

For more information phone the hall at 403-248-1775

Adult Drop-in Volleyball: Every Wednesday night from 8:30 to 10:30pm. Join us in the gym at the Marlborough Park Community Centre for fitness and fun!

Marlborough Park PreSchool:

On-going Registration. Please call 403-235-2996.

Loma Seniors Wednesday afternoons at 1pm. Please call Tony at 403-273-4534 for more information.

Drop-in Tai Chi Drop-in Tai Chi is held at the Marlborough Park Community Centre every Tuesday from 9:15 to 10:15am.

WINSTON HTS - MOUNTVIEW

Winston Hts - Mountview Community Association

Hall: 520 - 27 Avenue NE

Hall Rentals: Call 403-276-5474 or

Email hallmanager@winstonheights.ca

Newsletter email: newsletter@winstonheights.ca

Ice Rinks are Open! The central ice rink and the skating oval at the WHMCA community hall, and the Adopt-A-Rink in the park on Marsden Road is open also! Both rinks are available for free skating any time of day. Hockey can be played on the central ice rink at the community hall. Both rinks will be lit in the evenings until 10:30pm.

Mom and Tots Playgroup: Tuesdays from 10:30am to 2:30pm at the community hall. Children of all ages are welcome. For more info please contact Mary-Beth Walsh at 403-209-1691.

Swinging Singles Square Dance Club

MEN - DON'T BE A COUCH POTATO! Come dance with us at our Singles Square Dance Club. Beginners classes start Sept. 10 at 8pm.

Email: ldearl@telus.net or call 403-265-9697 for more information.

RUNDLE

Rundle Community Association

Hall: 2409 - 50 St. NE

Hall Rentals: Call 403-280-4752

Newsletter email: rumbles@shaw.ca

Volunteer Income Tax Preparation : For more information please email at fisherge@telus.net or phone at 403 285-7354.

Rundle Junior Youth: Wednesday and Thursday afternoons

Still accepting participants. Everyone between the ages of 11-15 is welcome to join. To learn more about this initiative and explore ways you can help contribute to a better world. Please call 403-400-3191.

Time 2 Talk: Learning language program for preschoolers

Program for 3 and 4 year olds at the Rundle Community Hall twice a week. Program runs till the end of June, Mondays & Wednesdays.

9:00am – 11:00am, Registration Fee: \$50, Monthly Fees: \$100/month
Registration is ongoing. Call 587-777-6747 or email time2talk.lisa@gmail.com for more information!

Rundle's best kept secret! **The Summit Pub at the hall.**

The Summit Pub also offers pool tables, dart boards, as well as cribbage games on Tuesday and euchre on Thursdays. Wing night is still on Wednesdays. Families are welcome!

NEW! TEXAS HOLD'EM ON Saturday nights at 7pm

NO CASH INVOLVED. Points Based System.

Crib Night at the Rundle Summit Pub! Tuesdays 7 to 9pm

Have dinner, play cards and have fun, fun, fun. All welcome.

MOUNT PLEASANT

Mount Pleasant Community Association

Hall: 602 - 22nd Avenue NW

Hall Rentals: Call 403-282-1314 or email:

hallrentals@mpca.ca

Newsletter email: publicity@mpca.ca

Easter Shell Hunt & Bike Parade: Sunday, Mar. 31 11am – 1pm

Decorate your bike or trike (a few items will be available) & join the parade at 12:30pm! Baking & beverages provided. Bring your own Easter basket. MPCA Community Hall (Upper Hall in case of rain)

Pleasant Times – Upper Hall, 602 22 Ave. NW

Pleasant Times is an adults-only group that meets from 2 to 4 pm. usually on the 2nd Wednesday of each month in the Upper Hall, 602 22 Ave. NW. Join us for good conversation, games, refreshments, and the opportunity to add your ideas for outings and other activities. If you'd like to be informed of our planned activities and trips in advance, please contact Linda at (403) 289-8390 or lohanlon@telus.net. You also can check mpca.ca for information.

Book Club - 4th Tuesday (usually) of the month from 7 to 9pm in the Lower Hall. Our March 26 book is *Ella Minnow Pea* by Mark Dunn. Our April 23rd book will be *Speaking My Truth, Reflections on Reconciliation and Residential School*, edited by Mike DeGagné and Jonathan Dewar. For more info email lohanlon@telus.net or call Linda at (403) 289-8390.

Mount Pleasant Playgroup

Register for the winter session of The Mount Pleasant Playgroup which runs to June 14. It's close by and it's inexpensive: only \$37.50 for our five month winter session plus a few hours of your time volunteering. For information you can email mpp.chair@gmail.com.

CROSSROADS

"I live in Crossroads!"

Crossroads Community Association

Hall: 1803 14 Avenue NE Ph: 403-277-6201

Hall Rentals: Call the hall at 403-277-6201

Newsletter email: convenor.editor@gmail.com

Facebook page: http://on.fb.me/fqqlJG

Crossroads Community Preschool: Accepting registrations for the 2012/2013 school year. Please call 403-277-2168 or 403-640-4967.

Crossroads 50+ Club: Meet every Monday at 6:30pm at the Crossroads Community Centre. Join us for fun times and meet your neighbours. For information call 403-277-6201 or visit our website at: www.crossroads50plusclub.com

Dance Dimensions Annual Dance Recital: "The Magic of Dance"

Please come out and support the youth in the community by attending this wonderful show! For information please call Veralin Phillips-Michael at 403-276-4489

Free Family Movie Nights are Back!

Friday, Mar 15 - Doors open at 6:30pm, movie starts at 7pm

Pick up your Perk - our CCA Membership gets you a coupon for a FREE concession item!

UPCOMING EVENTS

Teen Night: 7-9:30 pm – March 8

Good Food Box Pickups – March 15

Family Movie Night: 7-9 pm – March 15

Pub Night: 7:30 pm – March 29

Easter Egg Hunt: 10 am-12 pm – March 30

Connections

Area Event and Resource Guide

CROSSROADS cont

4th Annual Crossroads Multicultural Festival - May 25, 2013

The Festival Committee is looking for people who would like to be part of this successful event. We are also looking for cultural performances, cultural groups to host information tables and donations of foods. Come out and share your culture with our Community. If you would be interested in participating and/or volunteering please contact camulticulture@gmail.com or Shannon at 403-474-4298

Get involved!
Your community needs... YOU!

BRIDGELAND-RIVERSIDE

Bridgeland Riverside Community Association

Hall: 917 Centre Avenue NE

Ph: 403-263-5755, Hall email: hall@brccalgary.org

Newsletter email: newsletter@brccalgary.org

Visit our web site at: www.brccalgary.org for a complete listing of programs and classes.

Hall programs and Events

Ongoing:

Yoga with Jani Tues 6:30 – 8 janikrcluc@gmail.com

Zumba Thursday 6-7 www.fairburnfitness.com

Kitty Raymond Parenting courses: www.raymondparenting.com

Fotoscool Photography www.fotoscool.ca

Upcoming:

Bridgeland Soccer - Season starts April 22, 2013 and will run until the end of June (coaches discretion).

Registration for U4 & U6 closes April 10th

Registration for U8, U10 and U12 closes March 11, 2013

Please go to our website www.brccalgary.org for more information or to register.

Winter Fun Walk - March 9th 4pm. Join us for a fun and easygoing walk around Bridgeland-Riverside. Kids and pets are welcome! We meet at the community hall at 4pm and finish up with coffee and hot chocolate.

Kids Toy/Clothing Sale - March 16th 10-2pm. The BRCA is holding its first ever children's toy/clothing sale. Parents - donate or sell your gently used kids items and pick up new, exciting toys and clothes at bargain prices! All proceeds will go to the BRCA for future programming and events. For more information please contact Stacey at events@brccalgary.org, or Roseanne at vp@brccalgary.org

Earth Hour and EcoLiving Events - Saturday, March 23 8-11pm. We encourage everyone to join us. You can participate in our drumming circle (drums provided) or bring your own instrument (drum, guitar, harmonica, etc.) and join the discussions about Calgary's environmental successes and challenges. EcoLiving will be giving away solar lights, join us to create a large "Calgary" sign with solar lights

Bridgeland Riverside Playgroup: We meet Wednesdays from 10am to noon at the Bridgeland Campus of Centre Street Church, 235-8A Street NE. For more information email: events@brccalgary.org.

Women's Centre - The Women's Centre of Calgary is a unique street-front organization that provides a variety of services and opportunities to the women of Calgary. We offer drop-in support services and all programs and services are free. Join us for a workshop or drop in for coffee and to connect with other women. We are located at 646 – 1st Ave NE. You can reach us at 403-264-1155 or info@womenscentrecalgary.org.

TUXEDO PARK

Tuxedo Park Community Association

Hall: 202 29 Avenue NE

Ph: 403-277-8689

Newsletter email: tpcanewsletter@hotmail.com

Tuxedo Events Calendar: visit www.tuxedoparkcommunity.ca/events

Yoga: Tuesdays at 7:30 in Upper Hall.

Community Supper: March 22, 6:30pm, \$14, Tuxedo Park Hall.
All are welcome!

Events at Northminster in March

March 1 - World Day of Prayer. 1pm followed by refreshments. Everyone is welcome to participate in this global service. Light lunch to follow. FREE.

March 7 - Seniors are invited to join us for fun, friendship, games, and snacks at 1pm. FREE. Please use Centre Street door.

Every Friday Morning - 10am. Coffee and Conversation in our newly renovated space. FREE. Please use the Centre Street door.

Seniors and Fraud: March 16, 10:00am, Northminster Church

Free Family Movie Night - Pizza and Rise of the Guardians. **March 22 - 6 pm.** This is a great family movie. Children must be accompanied by an adult. Please call for FREE tickets.

Easter Sunday - Come hear the story of hope and share the miracle of Easter on March 31 at 10:30am. Includes special activities for children. Social time to follow. FREE.

Tuxedo Park Safe Communities : April 17, Q&A discussion with Calgary Police Force Community Liaison Constable Will Johnson

CRESCENT HEIGHTS

Crescent Heights Community Association

Hall: 1101 - 2nd Street NW

Hall Rentals: Call 403-804-5600

Newsletter email: hcaview@gmail.com

Community walk with Rollin Stanley - Saturday, March 23

Join the Crescent Heights Planning Committee on a walk through our community with Rollin Stanley of the City of Calgary. Our stroll will last one hour and we will meet at the community hall at 11am.

Empties For Equipment! Crescent Heights High School's monthly drop-off bottle drives. Thanks for helping support various clubs and teams - your donations make a huge difference to us! Drop-offs take place the second Saturday of the month - **March 9th.**
Thanks for your continuing support!

Programs at the hall

SUNDAYS: Pentecostal Church Public Service 10am – noon

MONDAYS: Fitness Class 5-7pm, call Lana 403-999-5373

Dance and Fitness 7:30 – 9:30pm.

WEDNESDAYS: Fitness Class 6:30-7:15am, call Lana 403-999-5373

CHCA Playgroup 10 – 11:30am. For info call Stacie 403-670-6872

Zumba: 5-7pm, for information call 403-826-5926

Tai Chi: 7:30 – 9:30pm

THURSDAYS: Fitness Class 5:30-8pm. For info call Lana 403-999-5373

For more a more detailed Hall Calendar and for event and activities contact information please visit:
<http://www.calgaryarea.com/nw/crescenthts/calendar/diary.asp>

Wild Rose United Church: 403-630-5944 www.wildroseunited.ca

Join us at Wild Rose United Church for Easter!

Good Friday Service at 10:00 am

Easter Sunday Sunrise Service at 7:00 am followed by a light breakfast

Easter Sunday Service at 10:00 am

March is Community Membership Awareness Month!

HIGHLAND PARK

Highland Park Community Association

Hall: 3716 - 2nd Street NW

Hall Rentals: Call 403-276-6969

Newsletter email: highlandparkeditor@gmail.com

SENIOR'S LUNCH: Please join us at the Highland Park Community Hall, 3716 – 2 St. NW on the third Monday of the month, at noon.

Date: March 18th. Cost: \$5/member, \$10/non-member

Call Anne Klempa at 403-277-3388 to confirm your attendance.

Hall Programs:

Karate: Every Monday, 6:15 – 7:15pm (kids), 7:30 - 9:30 (adults)

Scottish Country Dancing: Every Tuesday, 7:30 – 9:30pm

Martial Arts: Tuesdays & Thursdays, 7:00 – 9:30pm

Irish Dancing: Every Wednesday, 5:00 – 9:30pm

Blood Donor Clinic: Sat. March 30 from 9am to 1pm at the hall.

Community volunteers needed to greet donors after their donation.

Two shifts available: 9:00 am – 11:30 am & 11:30 am – 2:00 pm

Call Jeanette Patrick at 403-277-2508 to volunteer

RENFREW

Renfrew Community Association

Hall: 811 Radford Road NE Ph: 403-230-7055

Hall Rentals: Call 403-230-7055 and leave message.

Newsletter: newsletter@renfrewcommunity.ca

Renfrew Bingo - The little hall with the big payouts!

Saturday and Monday evenings. Nickel Games at 6:10pm, regular games at 6:50pm, Satellite at 8:45pm. Concession open.

5th Annual Tiny Tots Sale: Sat, April 13, 9am to 2pm. Gently used children's clothing, books, gear and toys. Sell your own children's items, sign up as a vendor! Partial proceeds from each purchase go to support the Renfrew Tiny Tots Co-op Playgroup. Contact renfrew.tinytots@gmail.com or visit www.renfrewtinytots.com for more info.

FREE Clothing Give-Away: Saturday April 6, 10am to noon at Renfrew Baptist Church - 1204 Renfrew Dr. NE. Phone: 403-277-2292
Clothes from Children to Adult sizes. Free lunch will be available

Renfrew Hall Calendar:

Jelly Bean Dance - March 15, 6 to 9pm

Easter Egg Decorating Party - March 24, 11:30am - 1:00pm

Bottle Drops continue last Saturday of every month 10-noon

Renfrew Community Pub (Social Room)

Most Fridays from 7pm until close. Non-members welcome - be our guest. Free pool, free shuffleboard, free foosball.

Renfrew 50+ Club: Pool table and dart board available for members. Recruiting new members for 2013. Membership \$20 for the year. Need volunteers to help make the Thursday lunches.

Mondays: 9:30 to 11:30am - Tea & Conversation, 1 to 3pm - Cribbage

Tuesdays: 9:30 to 10:30 - Stretch & Breathe

Wednesdays: Drop in - 9am to 3pm

Thursdays: Lunch at noon

Fridays: 9:30 to 10:30am - Stretch & Breathe

YOGA CLASS

Beginner/Intermediate
(no experience required)

13 Classes for \$135 (Includes GST)

At **Wild Rose United Church** from **April 2 - June 25**

Tuesdays 6:30 - 7:30pm

To register call Lana Libke at **(403) 870-6679**

*Reduce stress and bring
balance back into your life!*



Northminster United Church

www.northminster.ca

Events at Northminster in March

March 1 - World Day of Prayer. Service at Northminster at 1pm followed by refreshments. Everyone is welcome to participate in this global service. Light lunch to follow. FREE.

March 7 - Seniors are invited to join us for fun, friendship, games, and snacks at 1 pm. FREE. Please use Centre Street door.

Every Friday Morning - 10 am. Coffee and Conversation in our newly renovated space. FREE. Please use the Centre Street door.

Saturday March 16 - 10 am - "Seniors and Fraud" Presentation
Come out and be educated the latest frauds and scams that are separating seniors from their money. Seniors and their families/caregivers welcome. This is a FREE community service. Refreshments will be served. Please use the Centre Street door.

Free Family Movie Night - Pizza and Rise of the Guardians. March 22 - 6 pm. This is a great family movie. Children must be accompanied by an adult. Please call 403 277-0322 for FREE tickets.

Easter Sunday - Make your Momma proud! Come hear the story of hope and share the miracle of Easter on March 31 at 10:30 am. Includes special activities for children. Social time to follow. FREE.

Calgary Immigrant Women's Association

Winter/spring 2013 New Friends & Neighbourhood Groups

- Practice English and make new friends
 - Sessions run from September to December and January to June
 - Free childcare
- Call Marilee Campbell at (403)-444-1752 or marileec@ciwa-online.com

CIWA Evening Group - On-going all year around
138 - 4th Avenue SE (Room 232)
Wednesdays 5-7PM

Village Square Library Group
2623 56th Street NE (Library Program Room 1)
Thursdays 10AM-Noon

Thornhill Library Group
6617 Centre Street N (Program Room)
Mondays 10AM-Noon

Forest Lawn Library Group
4807 8th Avenue SE (Forest Lawn Public Library)
Thursdays 12:30 - 2:30 PM

We welcome Social Services patients!

ABOUT U DENTAL

We treat you as family!

DR. DAVID DYRHOLM, DDS

New patients always welcome

After hours emergencies accepted

Open 6 days/week - including evenings

Direct-billing to your insurance available

FREE WHITENING
With a New Patient Exam

CALL US AT 403-288-4444
#102-16 AVENUE NE

WEBSITE: WWW.ABOUTUDENTAL.COM
EMAIL: ABOUTUDENTAL@YAHOO.COM

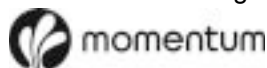
FREE PARKING!

StartSmart

Money for your kids' future education

- **Get \$1,000 now.** It won't cost you a cent. Free workshop for parents or caregivers.
- Learn how to get government money and plan for your child's future education.

To register, call **403.204.2664** or email startsmart@momentum.org
www.momentum.org



Canada



Join our countdown to Earth Hour™

March 23, 2013 Event: 8:00-11:00pm



**Bridgeland/ Riverside
Community Centre**
917 Centre Avenue NE

- Join us for a drumming session, drums provided or bring your own.
- Enjoy a cup of hot chocolate or coffee (bring your own mug or purchase an EcoLiving mug).
- Join the Solar Light Display and take home a free light!

New Campaign "I will IF you will"

EcoLiving members will be dunked in a dunk tank IF Calgarians reduce their energy consumption by 6%.

Share your ideas and solutions on how to reduce global climate change.

For more information go to:

www.ecolivingevents.ca

EcoLiving Events invites you to:

Earth Hour In Calgary

Come out and support this global initiative!

**TAKE A STAND.
SIT IN THE DARK.**

On this day hundreds of millions of people around the World will turn off their lights for an hour to demand action on climate change.



EARTH HOUR

8:30pm - 9:30pm

BROUGHT TO YOU BY WWF

Join the movement at
www.EarthHourCanada.org



Join our **Crescent View
enRoute** Challenge!

Take a pic at school, at work, around town, with family, with friends, with a celebrity... just about anywhere!

Send your pic to: ellisevansdesign@shaw.ca

The Crescent View in Cuba again with a statue of John Lennon at Lennon Park in Vedado, an area of Havana. - Leo S.

Area Classified Ads



CASH
CHEQUE

All Classified ads must be prepaid
Call 403-276-8108 to book your ad.

ACCOUNTING SERVICES

Business Owners - Accounting, Corporate, partnership, trust & Individual income tax returns, disputes with CRA & late filers. 35 yrs exp. **Certified Practising Accountant** F. Rattani 403.230.3030 feros@telus.net

ANIMAL RESCUE



Adopt - Foster - Volunteer - Donate

Our volunteers range in age from young children to seniors and all are animal-lovers who are looking to make a difference.

To learn more, please visit
albertaanimalrescuecrew.com

BED & BREAKFAST

Hughes' House B & B. Crescent Hts. area. Family-friendly. Visiting relative specials. 403.804.4431 Visit www.hugheshouse.ca

BELLY DANCING

Lotus Belly Dance Studio with Ariellah Beginner to Advanced - Mon-Thr and Sat www.bellydancetoo.com Call (403) 247-9776 or email: lotusbellydance@shaw.ca

CHILDREN'S PROGRAMS

Kindermusik at Renfrew Hall. Sing, play and learn with your child. For more info call (403) 457-4126 or email: placusta@me.com

CLEANING SERVICES

TLC CLEANING, Licensed, Insured, Bondable, WCB Covered, excellent rates and references, enviro friendly options too! Free estimates, call Carol at 403-614-8522

ONLY PERFECT CLEANING SERVICES References/Bonded. Free est. Non-abrasive, ph-neutral, biodegradable supplies + microfibre cloths for top quality residential cleaning. Call (403) 719-4052 or (587) 434-0798.

Experienced, reliable, bonded residential cleaner accepting new clients.
Please call Natasha at 403-999-3603

COMMUNITY FUNDRAISING

Local Casino Advisor

Lea has 16 years of experience as a Casino Volunteer Advisor.

Call Lea Lapka 403-277-4499
lealapkadvisor@gmail.com

DOG KENNEL SERVICES



(403) 285-9303

243190 RAINBOW ROAD

Serving Calgary for over 23 yrs!

EAVESTROUGHING

Tony Peterson Eavestroughing
Free estimates, prompt service, quality work
Call Tony 403-230-7428 (Since 1990)

HAIR SALON

Competitive prices starting at Men \$12, Women \$15, Kids \$9, Color \$38 & Perm \$38
Call 403-400-0606 for an appointment

HANDYMAN SERVICES



Seek caring person, interested in health & wellness. Call David at (403) 276 - 3364 at **Blue Bottle Pharmacy**. 149 - 17 Ave NE.

Calgary Elks Golf Club - Turf Care Dept. Full / PT available. Includes golf privileges & year end bonus. Email resumes to: csteiner@calgaryelks.com

P/T office help wanted in Mt Pleasant.
8-12hrs/week, general office duties. E-mail inquiries only. healingchange@shaw.ca

HOME IMPROVEMENT

Tub tired looking-hard to clean-don't like the color? Call Obe / Arlene at **BathMaster** for all refinishing needs! Call 403-293-4810 or calgary.bath@bathmaster.com

GARDEN & LAWN SERVICES

WEEKLY LAWN CARE(cut-trim)
& Junk Removal Services!
Call 403-650-1699

AREA CLASSIFIED ADS

- target customers close to your business, saving travel time and expenses
- declare your professionalism to your local area customers
- show your support of your local community associations

YOUR BEST CUSTOMERS LIVE RIGHT NEXT DOOR!

PILATES

Pilates, Tuesdays, 7:30 pm at Renfrew Baptist Church, 1204 Renfrew Dr. NE
\$5 drop-in. Everyone welcome!

PLUMBING SERVICES

Superior Plumbing - Journeyman Plumber Gas fitter. Bathrooms/Hot Water Tank/etc No job too small! 403-477-9754
superior.plumbing@hotmail.com

WORK FROM HOME

Stop settling for less than your best.
Earn a second monthly cheque.
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E-mail: ellisevansdesign@shaw.ca or phone 403-276-8108 to place your ad!

In 2011 the population in Calgary was 1,096,833.

Why am I not connected?

People live in neighbourhoods full of people but often feel lonely. In the community of Brentwood, Elaine Stringer wanted to get to know her neighbours. She hosted a community block party and discovered there were 22 seniors who were interested in having a monthly gathering. That was the start of her hosting a monthly "Brentwood Seniors Tea" in her living room. Over time, it moved out of her living room and was taken on by Kristine Goodall with the Brentwood Community Association. It happens on the 3rd Thursday of the month and has had up to 35 people in attendance. Tea is served in tea cups, and conversation fills the room. Monthly themes have evolved, sponsorship has been sought from local businesses, and marketing goes out in the Brentwood Bugle. Isolated seniors have a place to connect with other community members.

It is often intimidating to join a group. However, there are many ways to get connected:

- fitness class at a local pool
- book club at the library
- walking group
- special interest club
- service group
- cultural and or religious group



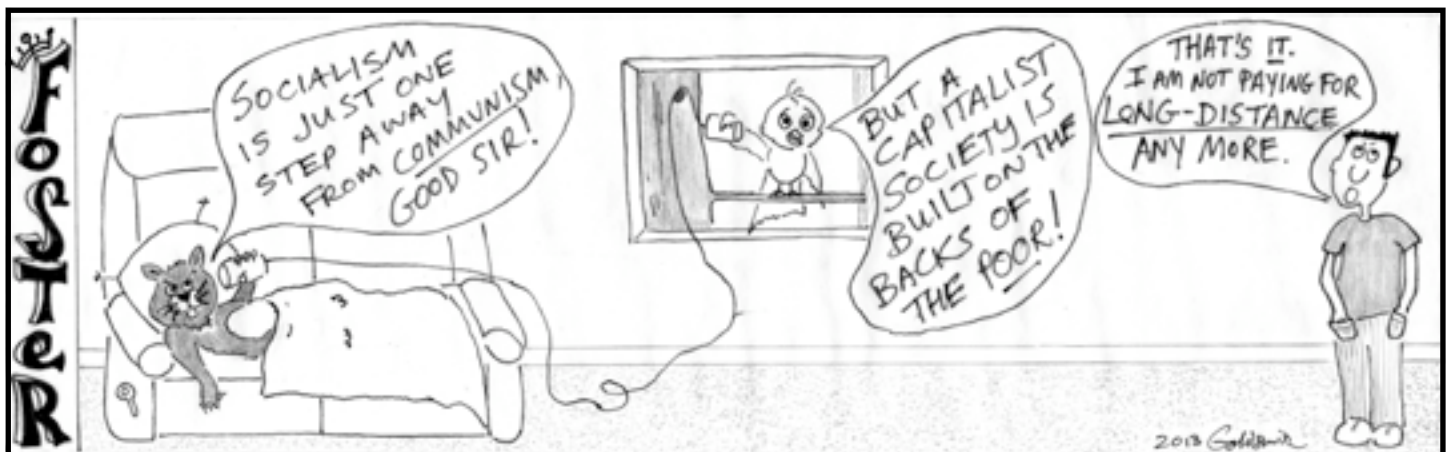
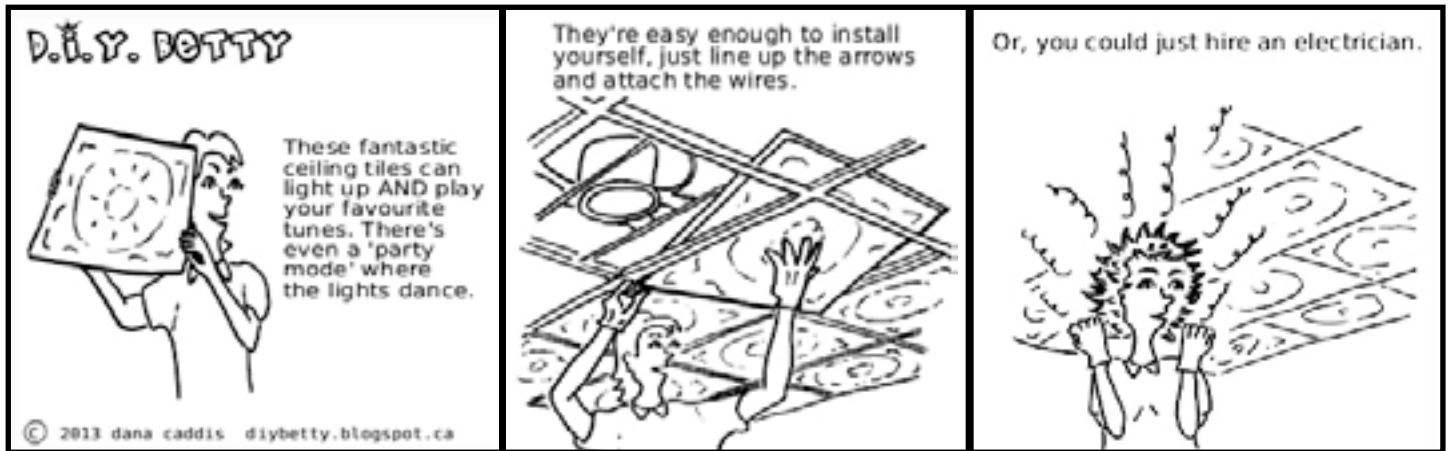
Are you interested in talking with others about Calgary's aging population and what this may mean for your community?

Join us for a Conversation Café on February 19th at 1:15pm at Sir Winston Churchill Pool.

For more information or to RSVP please contact Diane Janota at 403-476-7140 or diane.janota@calgary.ca

Did you know...

Often when you go into a McDonald's or Tim Horton's in the morning, you will find a group of seniors in their own informal coffee group. Many of these groups have started by two or three people setting a weekly time and location and coming with some coffee money in their pocket. Finding ways to socialize can be that simple!





NEW! Extended hours!



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Our goal is to provide outstanding dental care in a relaxed and comfortable environment.

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- Crowns
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Renfrew Community Association

**5th
annual**



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books, gear & toys,

Saturday April 13th
9am - 2pm

Renfrew Community Center | 811 Radford Road NE

For more information visit renfrewtinytots.com



We're on the Web!

If you would like access to the newsletter on the web, you can visit www.calgaryarea.com/nw/crescenthts/crescent and you will see *The Crescent View* PDF underneath the Block Watch Logo.

March is Fraud Prevention Month!

Discovering what the internet has to offer can deliver countless learning opportunities and lots of fun for everybody. However, keep in mind that there are risks you will want to address. Internet safety is extremely important. We all need to be attentive to internet safety and guidelines especially when it comes to protecting your identity. Identity theft (or fraud) occurs when your personal information is collected and used by people without authorization to do so. A few tips to internet safety include:

- Keep your computer secure by installing a firewall, antivirus, antispyware, anti-spam and maintaining updates.
- Secure your wireless router by changing the name of your router and set up a password.
- Choose strong passwords for websites and emails with at least 8 characters, upper and lowercase, numbers and symbols. Change your password a few times a year and don't use the same password for multiple sites.
- Be skeptical about websites. Make sure you trust the source before opening or downloading anything.
- Ensure your internet purchase transactions are secure. Read the company's privacy policy to
- Ensure the information you enter on the web site will be kept confidential and not sold to others.

Please check out our website for more safety tips! www.calgarycommunities.com/our-services/building-safe-communities/

Animal & Bylaw Services

Ensuring the safety of people and pets

Responsibilities of dog owners in off-leash areas:

Dogs are allowed to be off-leash only in designated off-leash areas. Even in off-leash areas, dogs must be on leash in the parking lot and on the pathways. All of Calgary's pathways are on leash areas.

In an off-leash area, owners must ensure that their dog is under control at all times. Under control means that the dog must remain at such a distance from his owner so as to respond to voice, sound or sight commands. It also means that the dog must not chase, threaten or attack people or animals.

Responsibilities of dog owners on pathways:

- Owners must have their dog secured by a leash no longer than two metres.
- Owners must ensure that their dog remains on the right-hand side of the pathway unless moving around other users.
- Owners must ensure that their dog remains under control at all times and does not interfere with other users.
- Owners must not be on a bicycle, skateboard or rollerblades with any animal on a leash.

Responsibilities of dog owners in other public spaces:

Owners must not leave their dog unattended while tethered or tied on premises accessible to the public.

Responsibilities of dog owners on private properties:

Owners must ensure that their dog is not left unsupervised while tethered or tied on a private property.

For more information, visit calgary.ca and search "Responsible Pet Ownership."



Outside Electrical Safety

ENMAX promotes safe electrical practices, both indoors and outside. Here is some information on keeping you safe outdoors.

- When using extension cords outside, ensure connections are not on the ground. Water from melting ice or snow which has collected inside connections can give you a shock and short out your appliances or lights, starting a fire
 - Ensure that children do not sit or stand on an electrical utility box (green box) or climb trees near overhead power lines.
 - If you are working on a project that requires digging, call Alberta 1 Call at 1-800-242-3447 first to locate underground utilities.
 - If you need to retrieve an item from a power line or substation, call the ENMAX Trouble line (403-514-6100). Do not attempt to use any tool to retrieve an item.
 - If you are going to perform work within seven meters of an overhead power line, call the ENMAX Trouble line (403-514-6100) to receive advice on how to work safely. If required, we'll come to turn off your power until you've completed your task.
 - Carry items, such as ladders, horizontally, to avoid contact with overhead power lines.
 - If you are in a vehicle accident that involves an electrical utility box or a fallen electrical wire, stay in your vehicle, reverse 10 meters (if safe to do so) and call 911 before getting out. If you cannot reverse, or if the ground is wet, even at 10 meters away, do not get out of the car. Call 911 and stay in your vehicle – your vehicle will keep you safe.
- Please also review our Electrical Safety Quick Bite at www.enmax.com/quickbites.

Off the Shelf

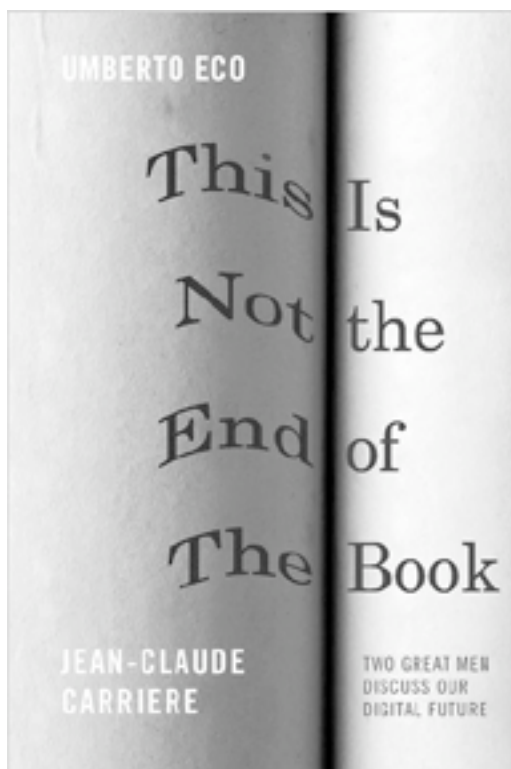
Book Review by Judith Umbach

This is Not the End of the Book;

by Umberto Eco and Jean-Claude Carrière

Listen in as two men of letters begin with speculating on digital media ending the book and then drift delightfully through collecting books, censorship, accidental and purposeful destruction of libraries, plus oddities that attract them personally. Umberto Eco is the celebrated author of *The Name of the Rose*, and Jean-Claude Carrière is a prolific cinéophile in France. Both love books, writing, reading, collecting and conversing.

The first few chapters of *This is Not the End of the Book*; could be considered predictable, although the wit employed by the conversationalists keeps the ideas from being bland. The form of the book is not really important. Readers for ebooks have advantages. The internet can be dastardly or helpful. Reading poetry and novels is different than reading legal documents.



When Eco and Carrière start taking about internet filters, the conversation veers uncontrollably off the path. Filters come in many flavours and weights. Internet filters are only the most recent manifestation. Book publishers grossly filter with their infamous “slush piles” of unsolicited and unread manuscripts. The internet has gone around that barrier by making self-publishing much easier. Librarians of necessity buy certain books and not others. Governments ban materials, for reasons usually attributed to security of some sort. Before the era of printing, manuscripts were literally those that were laboriously copied by hand, mostly in religious communities.

Astonishingly, both writers enjoy bad writing, stupidity, and deceptive texts. Claiming that these reveal as much about a society as brilliant art, they display a wondrous grasp of unworthy books through the ages.

By the time I reached the chapters on destruction by fire, my spirit was in mourning for all that has been lost, suppressed, self-censored and ignored. Thus, the recent destruction of the great documents in Timbuktu harkened to *This is Not the End of the Book*; and our reverence for the written word.

Support your Community!

Buy Your Membership Today

Crescent Heights Community Association Membership Application Form

Please mail this form
with your cheque to:

**C.H.C.A.
1101 - 2nd Street NW
Calgary, Alberta T2M 2V7**

Voting (Residents)

- ☐ Single (\$10) ☐ Household (\$20) ☐ Senior (\$5/per person)

Non-Voting (Business and Non-Residents)

- ☐ Associate (\$20) ☐ Business (\$50)

Names : _____

Address : _____ **Postal Code:** _____

Phone : _____ **Email:** _____

☐ **Yes, Send Me Community Emails**

☐ **New Membership** ☐ **Renewal** **Date** _____ **Amount Enclosed \$** _____



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