

● The Crescent View

September 2013

OFFICIAL NEWSLETTER OF THE CRESCENT HEIGHTS COMMUNITY ASSOCIATION



Communities react - uplifting stories from the 2013 flood



Tight market conditions support upward price trend

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Calgary, Aug. 1, 2013 – City of Calgary residential sales totaled 2,268 units in July, a 17 per cent increase over the previous year and up more than six per cent so far this year.

The flood that devastated the Calgary area on June 20 likely contributed to pulling forward sales activity, said Ann-Marie Lurie, CREB® chief economist.

“Some of this activity is related to the displaced renters and owners seeking other accommodation,” said Lurie. “But those consumers already searching for a home may have sped up their purchase decision, in response to concerns regarding the impact tight supply levels would have on prices.”

The Calgary resale market is firmly in sellers’ territory, supporting price growth. While citywide prices are nearly seven per cent higher than levels recorded in July 2012, the unadjusted monthly gains have been easing. The benchmark price for the city of Calgary totalled \$414,100 in July 2013.

“Some sellers have been waiting for prices to recover before listing their homes,” said President Becky Walters. “Current market conditions have encouraged listing growth this month, for single-family homeowners.”

A total of 1,575 single-family homes sold in July, a 14 per cent increase over the previous year. Year-to-date, the growth is 2.5 per cent.

While year-over-year new listings increased in July to 1,958 units, it was not enough to ease supply pressures in the market. Overall, active listings declined to 2,917 units, nearly 20 per cent lower than already declining levels recorded in 2012.

A total of 693 condominium apartments and townhouses sold in the month, a combined increase of 26 per cent over the previous year, and a year-to-date growth of 16 per cent.

Stronger sales growth in the condominium market relative to the single-family market is in part related to availability in the affordable price ranges. Year-to-date, there have been more new listings priced under \$400,000 in the condominium sector than in the single-family market.

“Clients looking for affordable homes are considering community, product and price,” Walters said. “While there are affordable single-family homes in some communities, some may prefer condominiums in the same price range so they can live in a preferred community or get a home that requires less renovation.”

The growing demand for condominiums has also led to a tightening of supply. July active listings in the apartment and townhouse segment declined to 768 and 407 units respectively.

Tight market conditions supported price growth for all categories in July. However, unadjusted monthly gains were strongest in the apartment sector. Apartment prices totalled \$267,600 in July, a 1.4 per cent increase over the previous month and nearly eight per cent higher than the previous year. The benchmark price for single-family and townhouses were a respective \$461,600 and \$294,500 for the month.

“While the flooding will alter sales, listings and price trends in the affected areas, the impacts on the entire resale market will likely play out over the coming months,” said Lurie. “July sales growth has been stronger than year-to-date trends and longterm averages. However, if the level of new listings continues to rise, this could help ease tight market conditions.”



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Letters and submissions from community members are always welcome. Please mail or drop off at the Hall mail slot at 1101 - 2nd Street NW, Calgary, Alberta T2M 2V7, or submit materials via email to chcaview@gmail.com

Opinions expressed in the *The Crescent View* are not necessarily those of the Crescent Heights Community Association or of the publisher.

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Stories of Human Kindness

The past month has been an intense one for us all. Our hearts go out to flood victims who suffered property damage, or perhaps the most difficult to repair, the stress of such an event. As we rebuild our homes and our lives, I would like to shine the spotlight on a few of the countless uplifting stories from the 2013 flood.

While our riverbanks and neighbourhoods have changed forever, Calgary's response was remarkable and the stories of human kindness will leave a lasting impression:

- Calgarians were eager to help. Just days after the flooding, 3000 volunteers arrived at McMahon Stadium and overwhelmed City organizers, who were expecting 600. We quickly changed gears and encouraged people to simply "find someone who needs help, and go help". A big shout out to donors who kept our volunteers safe, well fed, watered, and entertained.

- Through social media, the mobilization of self-organized teams of volunteers from across Alberta was unprecedented. #yychelps and yychelps.ca became the tools for managing this immense volunteer base, and in areas without power, Twitter, Facebook, and texts became the primary means for communicating immediate information.

- In Sunnyside, a 'Crisis Café' popped up on a street corner with a giant white board to match volunteers with those in need, while providing food, supplies, and moral support. Musicians, some who were victims themselves, showed up to entertain mud-clad volunteers enjoying burgers from the community BBQs. 'Crisis Cafe' created a sense of community like we've never seen before.

- Community spirit is alive and well in East Village, with residents taking charge. These tireless heroes ensured that seniors who wouldn't evacuate from neighbouring buildings had food, water, medication, and flashlights while waiting for ENMAX to bring power to the Village.
- Chinatown, one of Calgary's oldest business districts saw many shops under water for days.

- Continued on page 5





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Human Kindness cont. from page 3

Coordinated teams of determined volunteers worked in rotation to help out a few merchants each night, and their efforts helped many re-open in Chinatown.

• Our area Roads Maintenance Manager pulled his sleep-deprived crews off the roads and brought them all down to Sunnyside for clean-up. Their attitude to 'get the job done' helped clear mountains of debris and garbage from boulevards and front lawns in hours rather than weeks!

• Crescent Heights residents close to the Emergency Operations Centre baked fresh muffins and cookies daily for thousands of exhausted City staff stationed at the Centre.

These are just a few of the thousands of stories where neighbours, friends, and strangers came together to help each other. I've never been more proud to be a Calgarian.



Newsletter Editorial Deadlines

The Crescent View is published ten times per year.

Deadline: The 10th of each month for the following month. For example: To be published in the June issue, the deadline is May 10. Special September issue deadline: August 1st (to accommodate all the 'back-to-school' material).

The July/August issue is combined into one publication and so is the December/January issue. The deadlines for these two issues are June 10 and November 10 respectively.

Please email your articles or event listings, as an attachment in MS Word form, to Elizabeth Stady at chcaview@gmail.com.

A special "thank you" to **Trevor Kobluk**
for helping to deliver *The Crescent View*.
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2013 marks the 100th Anniversary of the Stanley Jones School! Not only has the building stood for this long but it has been doing the same thing for ALL of those 100 years - educating our children. The weekend of Oct 4-6, 2013 is confirmed for our celebration. All students, alumni, teachers, staff, administrators (past and present) and anyone connected or interested in this iconic sandstone building are invited. Please refer to the website for event details, how to get tickets, photos, classmate information. This is a once in a lifetime event! Help us make it memorable! <http://sj100.myevent.com/>, or call Connie McLaren 403-512-7152.

Location: Stanley Jones School,
950 - 6 Street NE and other locations in the
Calgary area

When: October 4-6, 2013
(Friday to Sunday)

Who: All Alumni, including students, teachers,
staff and all interested community members
who may never have attended the school.

What: A Celebration of History, Education and
Lasting Friendships

Keynote Speaker (Oct 5): Alumni Ron Southern, Founder of Atco Group and Co-founder of Spruce Meadows

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Lee Prevost Project Manager, The City of Calgary
403.268.8732 or lee.prevost@calgary.ca

Fall Cleanup on McHugh Bluff

If you enjoy the McHugh Bluff, please come and share a few hours with neighbors and friends in the annual fall litter cleanup, Saturday Oct. 5, 9:30 – 11:00am. Meet at Crescent Road and 9 Street NW. We'll finish up with refreshments. Garbage and recycling bags and thin gloves will be provided.

Northminster United Church

Northminster United Church is celebrating 60 years of ministry. Please join with us at 3311 Centre Street North on September 22 as we celebrate our past, present and future. Worship with us at 10:30 am with Reverend Nancy Nourse. For more information please phone: 403 277-0322 www.northminsterunitedchurch.ca

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Red Lights in Crescent Heights?

(Reprint from February 2010) By Professor Z

A hundred years ago, the world's "oldest profession" received an unanticipated boost in Western Canada, thanks in large part due to the wildly successful marketing efforts of both the CPR and the federal Lands Department. Advertising campaigns were undertaken to lure settlers from Europe and the US to Canada with the promise of cheap prairie land; the CPR's underlying hope was that its coffers would overflow as a result of the increased passenger traffic as well as from sales of its substantial land holdings in the area. Between 1900 and 1915, over one million immigrants would come to the three Prairie Provinces. Since many of the immigrants were single men seeking fame and fortune, in Calgary by 1911 single males outnumbered single females by 17337 to 8979. Add to this the fact that many married males had also travelled to Calgary at that time with the intent of sending for their families once they had established themselves, and it can easily be seen that female companionship would then be at a premium. Similar imbalances of the sexes were also seen in Winnipeg, Regina, Edmonton and Lethbridge.

In the latter part of the 19th century and very early part of the 20th century, the intertwined social evils of alcohol abuse,

gambling and prostitution received relatively lax treatment from the two law enforcement agencies around, the NWMP and city police. As time went on and Calgary grew however, various moral reform agencies like the Women's Christian Temperance Union and the Moral Reform League succeeded in bringing pressure to bear on the city police to enforce the laws already on the books against the said evils.

Although the increase in the sheer numbers of prostitutes in the region culminated in the establishment of some notorious brothel enclaves in Calgary, for the purpose of this article I'll only be discussing the activity north of the Bow River in the early 1900's.

In Hillhurst, just north of the Bow Marsh bridge (the predecessor to the Louise Bridge), a flamboyant character by the name of Diamond Dolly set up shop. In the early days, business was good and DD was a regular visitor to L.H. Doll's jewellery shop. Often attired in big hats with ostrich plumes, she frequently paraded around town in an open cab, and didn't hesitate to call out to her clients on the street when she encountered them. DD leased a horse for her cab from the Chief of Police, Thomas English; this however was a constant source of gossip as many townfolk recognized the chief's horse but were unaware of the rental arrangement. The chief could obviously have benefitted from an optics lesson here!

In 1907, real estate development in Hillhurst was under way and it's clear that Diamond Dolly's presence in the area would not have been welcomed by local developers who envisioned an upper class settlement there. According to a November 1907 article in the Morning Albertan, "A great feature of the Hillhurst settlement is the fine class of people who are making homes there. They are mostly Canadians or people from the

British Isles and great care is exercised in the choice of people to whom to sell lots for building purposes...the public institutions and private homes will be built upon the high plan of Anglo-Saxon and Canadian ideals." (Those of us with friends in Hillhurst might say that similar exclusionary attitudes persist to this day!)

The 1907 city annexation included the Hillhurst area, which meant that any illicit activities in the area would no longer be the responsibility of the NWMP but would henceforth draw the attention of Calgary's Finest. Accordingly, DD moved her base of operations eastward to the area of the Langevin Brothels, which had not been included in the 1907 annexation, and which had been operating in such a capacity since the late 1800's. The heart of the area would have been the vicinity of McDougall Road at 6 St NE, just south of the present-day Women's Emergency Shelter. The Langevin/Riverside brothels were for the most part small-scale operations with one or two "women of ill fame" per household. Local residents were at times inconvenienced by periodic intrusions into their own homes by men

... it's clear that Diamond Dolly's presence in the area would not have been welcomed by local developers...

on a quest for professional female companionship and by the general rowdiness, noise and traffic issues which accompanied such activities. Accordingly, in 1907, a delegation from Riverside made its way to city council to request assistance in dealing with the matter, to no real avail.

To the east, the brothels in the Nose Creek area were larger operations and were certainly the most infamous of their type ever seen in Calgary. The area under discussion was located east of the Tom Campbell Hill, and was sited around the railway tracks running north of the Bow River where Nose Creek joins it. Some of the bordellos were three story structures, employing as many as twelve sex trade workers; musical entertainment was also on offer with professional piano players brought in for this purpose. Although clients came from all walks of life, the Nose Creek operations relied heavily on regular visits by CPR employees, working on the CPR Ogden shop construction. Whenever paydays occurred, transport from the CPR shops to the brothels was provided by a procession of teams of horses and carriages, which would regularly queue up in anticipation of the workers' departure with their pay envelopes. As one would expect, such trips were noisy affairs, although perhaps not quite as loud as the pre-arranged return trips in the early morning hours, to the consternation of any townspeople within earshot of proceedings.

Neither were police officers immune to the attractions offered by the "Shady Ladies" of Nose Creek. From the Calgary Daily News of July 1910, "For disgracing the force by going on a spree to the houses in the red light district and mutinously refusing to return to the barracks in the morning after being out all night, ten constables of the RNWMP were apportioned two months each in the Calgary guard room by Supt. Deane,

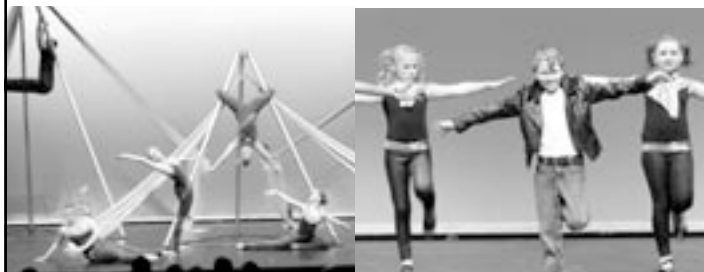
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Red Lights in Crescent Heights? cont. from page 9

the commanding officer, this week." The report goes on to suggest that the ten mutineers perhaps felt that their escapades would be dealt with less harshly since the entire Calgary RNWMP detachment numbered but fifteen men at that time.

In the first decade of the twentieth century, more tolerance toward prostitution was shown by both the NWMP and by city police than in the succeeding decades. In his 1907 annual report to the NWMP Commissioner, Superintendent Richard Deane states: *"With regard to the suppression of these houses, there is a very pronounced body of opinion that these women, being a necessary evil, are very well-placed where they are, situated at Nose Creek. They do not obtrude themselves on anybody, and are under supervision and control."* Despite the growing public pressure on both police forces to deal with prostitution as the first decade drew to a close, successfully obtaining a morals conviction upon arrest was by no means assured; police had more success when liquor violations were cited at the same time. In 1910, Supt. Deane obtained a warrant to search a Nose Hill house owned by the venerable Diamond Dolly. The warrant was executed; however, at trial the initial verdict of being an inmate of a house of ill fame was overturned when the "inmate" and her client (who wasn't charged at all) successfully claimed that their relationship was actually that of nurse/patient!

... he conducted a night raid on a bawdy house, only to discover that Mayor Johnny Mitchell and two commissioners were present.

Calgary's Chief of Police from 1891 to 1909 was Thomas English, whose laissez-faire views on social ills apparently mirrored those of Supt. Deane. The very popular chief English was fired from his post in 1909 as the commissioners became unhappy with his continued lack of success in dealing with gambling and prostitution. His successor was his deputy Thomas Mackie who faced a political issue of his own in 1911 when he conducted a night raid on a bawdy house, only to discover that Mayor Johnny Mitchell and two commissioners were present. Despite the suspicious circumstances, Mackie apparently accepted their explanation that they were simply inspecting the premises, and no charges were laid. Mackie resigned within months of the raid and was replaced by Alfred Cuddy, an ex-inspector with the Toronto police force.

Unlike his predecessor, Cuddy was successful in obtaining the necessary manpower and equipment to police a city which had grown from approximately 12000 in 1906 to 44000 by 1911. He declared war on vice in all its manifestations, and led raids upon primary brothel sites as well as upon gambling and opium establishments in Chinatown.

During the second decade of the twentieth century, the large bordellos of Nose Creek gradually emptied, as a result not only of Cuddy's efforts but of some other significant events that occurred at that time. First, when World War 1 was declared, the businesswomen of the Nose Creek area found themselves at a competitive disadvantage with an enclave of prostitutes

who resided in the 9th Avenue East area downtown. This was due to the fact that as part of the war effort, the military had commandeered a number of downtown retail stores and converted them into temporary soldiers' quarters, mere blocks away from the 9th Avenue Palaces of Sin. Prohibition in 1916 was another big negative influence as were eventual changes in liquor legislation establishing the provincial government as sole liquor retailer; no longer could keepers of disorderly houses freely offer cheap booze to their clients in addition to their other services. Finally, the mobility afforded by increasing numbers of private automobiles as well as laxer morals in the 1920s encouraged more competition from sole female practitioners, who were not as convenient a target as the large bordellos for police action. After the large Nose Creek establishments emptied, the structures either burnt down or were torn down when the entire area reverted to the city for non-payment of property taxes in the twenties and thirties. The site would later become a garbage dump.

And now on to the Crescent Heights experience with Red Lights, such as it was. The southeast portion of what now comprises our district was located but a stone's throw away from the Langevin brothels, and it's hardly a stretch to suggest that similar activities might have occurred in that area as well, prior to World War 1. More tangible evidence however comes to light via internet search, where a local resident (name withheld)

describes coming across her great-grandmother's diary several years ago. The diary describes the life of the writer, a gregarious young Irish lass, and dates back to when her family resided in the vicinity of the Langevin brothels in the late 19th century.

While growing up, she befriended a number of the Langevin Ladies in the absence of her mother who had passed away when she ten years old; her father, employed as a CPR surveyor, was also frequently away for extended periods. Although she also became adept at mending and general tailoring, she took instruction from her new friends such that she too came to earn income as a prostitute while residing in the Riverside district in her late teens. She later moved to Dawson City, Yukon with the Gold Rush and returned to Calgary four years later, in 1903. Around 1905, she constructed a home in the 100 block of 9th Avenue NW, and operated a tailor shop from the premises. In her 9th Avenue NW shop, she provided tailoring and mending to both the NWMP and the city police, who also provided her with an ideal client base for her other illegal activities, which were probably the mainstay of her income. The diary goes on to relate that Police Chief Thomas English was himself a visitor who regularly availed himself of the full range of services she had on offer.

Notwithstanding the fascinating story mentioned above however, and the likelihood that there are similar stories as yet untold, for the most part our community was in the early 1900's an emerging middle class suburb, and wasn't by any means ever considered to be a red light "district".

References: *Red Lights on the Prairies*- James Gray; *Cowtown* - Tom Ward; *Pioneer Policing in Southern Alberta*- Deane of the Mounties, edited by William M. Baker; *At Your Service, Part Two: A History of City Police*- Marilyn Symons; *Historic Walks of Calgary*- Harry Sanders

Registration for the next school year is quickly approaching!
 We at Rosedale Playschool are getting excited about going back to school! If you are interested in registering for September, we have spots available in our afternoon classes for both 3- and 4-year olds .
Contact us at rosedaleplayschool@gmail.com or check out our web-site <http://www.rosedaleplayschool.com/> for more information.

Annual Tiny Treasures Sale

October 26 from 9am to 2pm at Wild Rose United Church! We welcome everyone to come and shop for gently used children's items. If you are interested in being a vendor, contact us at rosedaleplayschool@gmail.com or rosedale.tiny.sale@gmail.com.



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CHCA Community Hall Activities and Events Sept. Community Association Calendar

03CHCA Traffic & Planning Meeting, 7-9pm
 10CHCA Board Meeting, 7pm
 17CHCA Traffic & Planning Meeting, 7-9pm
 24CHCA Board Meeting, 7pm

September at the Hall

SUNDAYS: Pentecostal Church Public Service 10am – noon
MONDAYS: Fitness Class 5-7pm, call Lana 403-999-5373
 Dance and Fitness 7:30 – 9:30pm.
WEDNESDAYS: Fitness Class 6:30-7:15am, call Lana 403-999-5373
 Tai Chi 7:30 –9:30pm
THURSDAYS: Fitness Class 5:30-8pm
 For info call Lana 403-999-5373

For more a more detailed Hall Calendar and for event and activities contact information please visit:
<http://www.calgaryarea.com/nw/crescenthts/calendar/diary.asp>

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Services**



Back to school safety

Alberta Health Services EMS would like to remind parents and students about some basic road safety tips, as streets become more congested, with the return of the school year. Both, pedestrians and motorists have an important role to play - road safety is a shared responsibility.

Motorists

- Avoid talking on cell phones, texting, or any other behavior that diverts your attention away from driving.
- Give right of way to pedestrians who have activated overhead crossing lights or who are waiting to cross from a street corner.
- Remember, it is illegal to pass vehicles - other than those that are parked - in school zones or playground zones, during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop. Motorists should do likewise.
- No matter which direction you are coming from, STOP, when approaching a school bus with activated flashing red lights - unless the bus is on the opposite side of a divided highway from you.
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines until fully clear of the road way.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: children learn by observing. By teaching them safe crossing habits as early as possible you can reduce the chance your child may be involved in a preventable auto/pedestrian collision.

www.albertahealthservices.ca

Calgary HomeSHARE - Expanding to address Calgary's housing shortage

Since 2010, HomeSHARE has helped more than 60 seniors to stay in their own homes, experience increased independence, enjoy companionship, and feel more secure because someone else is in the home. And, as household expenses are shared, both parties may benefit from decreased costs of living.

United Way of Calgary & Area and a United Way Special Gift Donor have funded HomeSHARE to match seniors with responsible housemates who share household tasks and expenses. HomeSHARE staff screen applicants with reference checks, personal interviews and Police Checks. Ultimately, the

final decision about whether to move forward with a match rests with the potential housemates.

With the current housing shortage in Calgary, HomeSHARE is accepting applications from non-seniors willing to open their home to provide low-cost accommodation.

HomeSHARE is not for everyone but is worth checking out! If you have an extra room in your home, call 403-266-6200 or email homeshare@calgaryseniors.org to see if HomeSHARE might be a good fit for you!



Area Events and Resource Guide

Community

CROSSROADS

"I live in Crossroads!"

Crossroads Community Association

Hall: 1803 14 Avenue NE Ph: 403-277-6201

Hall Rentals: Call the hall at 403-277-6201

Newsletter email: convenor.editor@gmail.com

Facebook page: <http://on.fb.me/fqjLG>

Crossroads Community Preschool: Accepting registrations for the 2013/2014 school year. Please call 403-277-2168 or 403-640-4967.

Crossroads 50+ Club: Meet every Monday at 6:30pm at the Crossroads Community Centre. Join us for fun times and meet your neighbours. For information call 403-277-6201 or visit our website at: www.crossroads50plusclub.com

UPCOMING EVENTS

Program Registration Night – Sept 4 at 7 pm: Beavers, Cubs, Scouts, Brownies and Sparks, Indoor Soccer, Dance, etc.

Movie Night – Sept 20 at 7pm

Community Clean Up – Sept 21 from 9am to 1pm

Community Ball – Sept 21 at 5pm

Mayland Terrace Annual General Meeting – Oct 1 at 7pm

Community Space Installation: Friday, Sept 13 & Saturday, Sept 14
The Sir John Franklin School Parents Association is facilitating the installation of a brand new community space at Sir John Franklin School. To volunteer, please email Erica at shenhands@shaw.ca or Marilyn at omdennis@hotmail.com.

BRIDGELAND-RIVERSIDE

Bridgeland Riverside Community Association

Hall: 917 Centre Avenue NE

Ph: 403-263-5755, Hall email: hall@brcacalgary.org

Newsletter email: newsletter@brcacalgary.org

Visit our web site at: www.brcacalgary.org for a complete listing of programs and classes.

Free! Yoga in the Park - August 24th, 9:00-10:30am

Bridgeland Community Soccer Field, 917 Centre Ave NE

Please register online www.leelaecospa.ca

BRIDGELAND WALKS! - Will continue to walk every Wednesday in September, starting a little earlier at 6:30. Meet at the Centre Ave door of the BRCA Community Centre at 917 Centre Ave NE. For more walks check the BRCA website.

VOLUNTEERS NEEDED FOR 2013 BRCA FUNDRAISING CASINO

The 2013 BRCA Fundraising Casino is scheduled for Friday, October 4th and Saturday, October 5th at Cowboys Casino. Our community relies on local volunteers for this major fundraising event. If you're available to volunteer, please get in touch with Matt Grant, 2013 BRCA Casino Chair at Tel: 403-618-7833 or Email: mgrant@bdplaw.com

Bridgeland Riverside Playgroup: We meet Wednesdays from 10am to noon at the Bridgeland Campus of Centre Street Church, 235-8A Street NE. For more information email: events@brcacalgary.org.

Get involved!
Your community needs... YOU!

TUXEDO PARK

Tuxedo Park Community Association

Hall: 202 29 Avenue NE

Ph: 403-277-8689

Newsletter email: tpcanewsletter@hotmail.com

TUXEDO HALL EVENTS CALENDAR

Sept 07 - Tuxedo Clothing Swap, 11am-5pm.

How does a Clothing Swap Party Work? It's simple. Bring down the clothes you no longer wear and exchange them with your neighbours for new items. Refreshments will be served and Style Consultants will be on hand to help. This clothing swap party is for everyone - all ages, all styles, all sizes - it's a fun and easy way to be both financially and environmentally conscious! This party is FREE for Tuxedo Park Community Association members. For non-members, a cash donation to our community association would be greatly appreciated. **To volunteer to be a Style Consultant or help with the refreshments for the party, call Tammy at 403-831-4503.**

Sept 27 - Inner City Kids Club Jelly Bean Dance at Tuxedo Hall, 6-9pm, We get to boogie from 6-9pm. Drinks and candy will be for sale. Kids of all ages are welcome. Six years and older will be \$3 each. All children must be accompanied by an adult. If you would like to volunteer for setup, concession or cleanup please contact communications@tuxedoparkcommunity.ca or 403.992.4142 (**volunteer's kids get in FREE!**)

Oct 26 - Beer and Bratwurst, 6:30 - 11pm. We will have a selection of local craft beers as well as international brews and tasty bratwurst sausages from Calgary's premiere butchers. Contact: Karen at social@tuxedoparkcommunications.ca to volunteer or learn more

December 7 - Santa Day Breakfast, event details will be on website

**STEP UP!
GET INVOLVED**

CRESCENT HEIGHTS

Crescent Heights Community Association

Hall: 1101 - 2nd Street NW

Hall Rentals: Call 403-804-5600

Newsletter email: chcaview@gmail.com

Empties For Equipment! Crescent Heights High School's monthly drop-off bottle drives restart Sept. 14 from 10 am-noon. Thanks for helping support various clubs and teams - your donations make a huge difference to us! Drop-offs take place the second Saturday of the month - Sept 14, Oct. 12, Nov. 9, Dec. 14. Thanks for your continuing support!

Tiny Treasures Sale: Oct 26 from 9am to 2pm at Wild Rose United Church. Shop for gently used children's items. If you are interested in being a vendor, contact rosedaleplayschool@gmail.com or rosedale.tiny.sale@gmail.com. For more information, you can also check out our website at www.rosedaleplayschool.com

Programs at the hall

SUNDAYS: **Pentecostal Church Public Service** 10am - noon

MONDAYS: **Fitness Class** 5-7pm, call Lana 403-999-5373

Dance and Fitness 7:30 - 9:30pm.

WEDNESDAYS: **Fitness Class** 6:30-7:15am, call Lana 403-999-5373

Tai Chi 7:30 - 9:30pm

THURSDAYS: **Fitness Class** 5:30-8pm. For info call Lana 403-999-5373

For more a more detailed Hall Calendar and for event and activities contact information please visit:

<http://www.calgaryarea.com/nw/crescenthts/calendar/diary.asp>

HIGHLAND PARK

Highland Park Community Association

Hall: 3716 - 2nd Street NW

Hall Rentals: Call 403-276-6969

Newsletter email: highlandparkeditor@gmail.com

Music In The Park: Tuesday, 5:30 - 8:00pm to August 27 at the HPCA Hall...rain (inside the hall) or shine. Bring your picnic and come watch some great live music - a great opportunity to showcase some of Calgary's up and coming musicians!

Community Mural Unveiling (and Terry Fox Run)

Georges P. Vanier School, Friday September 27th

Fall Clothing Giveaway: Sept 28 at the HPCA Hall (in conjunction with the area churches. Come on out to pick up some free clothing for yourself and your family. If you have clothing to donate prior to then, contact Ernie at Northminster Church at BoardChair@Northminster.ca or by calling 403-277-0322.

Hall Programs:

Scottish Country Dancing: Every Tuesday, 7:30 - 9:30pm

Martial Arts: Tuesday, 7:00 - 9:30pm

Highland Park Play Group: Parents and little ones ages 0 - 5 years

When: Mondays 9:30 - 11:00am (unless it is a holiday)

Where: Jubilee Church 458-35 Ave. NW

For more information contact: Carla Rae Shaw at 403-475-0742 or shaw.cr@gmail.com. This group is run by local community residents.

RENFREW

Renfrew Community Association

Hall: 811 Radford Road NE Ph: 403-230-7055

Hall Rentals: Call 403-230-7055 and leave message.

Newsletter: newsletter@renfrewcommunity.ca

Renfrew Bingo - The little hall with the big payouts!

Saturday and Monday evenings. Nickel Games at 6:10pm, regular games at 6:50pm, Satellite at 8:45pm. Concession open.

Renfrew Curling League Registration: Friday, September 6 and Friday, September 20 from 7:00pm to 9:00pm in the lower Hall. We are a fun league - emphasis is on having fun, learning and improving curling skills. Please call Guy Nelson at 403-230-7076 for more information.

Deerfoot Indoor Soccer Registration & BBQ: Sept 14, 11am-2pm at the Renfrew hall. 811 Radford Road NE (8th Ave and 8th Street NE).

Jelly Bean Dance: That's right, they are back! Calling all kids, Grades 1-6, who like to dance and have fun. The first Jelly Bean Dance of the year will likely be on Friday September 20 from 6-9pm. Please confirm that date on the website. Volunteers always needed.

FREE Community Dance: Friday Sept. 27, 9pm - everyone welcome! Annual Renfrew Community Dance. The DJ will keep us on the dance floor until the wee hours. No cover, cash bar. Doors open at 9pm.

Renfrew Community Pub (Social Room)

Most Fridays from 7pm until close. Non-members welcome - be our guest. Free pool, free shuffle board, free foosball.

Stanley Jones School 100th Anniversary Reunion

A Celebration of History, Education and Lasting Friendships
October 4-6, 2013 (Friday to Sunday) at Stanley Jones School, 950 - 6 Street NE and other locations in the Calgary area. All alumni, including students, teachers, staff and all interested community members. This is a once in a lifetime event! Please refer to the website for event details, how to get tickets, photos, classmate information. <http://sj100.myevent.com/>, or you can call Connie McLaren 403-512-7152.

Connections

Area Events and Resource Guide

MARLBOROUGH

Calgary Marlborough Community Association
Hall: 636 Marlborough Way NE Ph: 403-273-5894
Hall Rentals: Call 403-273-5894 or email
calmarca@telus.net
Newsletter email: cmccnews50@yahoo.com

PROGRAMS / EVENTS AT THE HALL

MONDAY: Yoga - upstairs - Fireside Room - 7:30 to 9pm. Please call Marg at 403-273-7952 for information.

TUESDAY: Seniors social walking - downstairs, 9 to 10:30am

WEDNESDAY: Sparks - 6 to 7:15pm; Brownies - 6 to 7:30pm;
Beavers - 6pm

THURSDAY: 50+ Club - Whist and Bridge every Thursday at 1pm in The Alpine Loft, 2nd level (Elevator available) Pot-luck lunch every third Thursday. New members welcome!
- Seniors social walking - downstairs, 9 to 10:30am
- Yoga upstairs - Fireside Room - 1:30- 3:00pm Call Marg Berger at 403-273-7952 for information.

FRIDAY: (4th Friday of the month) Military Whist in the Alpine Loft (Elevator available)
- Seniors Be-fit Low impact Exercise Program Fri. Mornings 9 - 10 beginning Sept. 6

SATURDAY: Lounge - Fireside Room. Open on some Saturdays. We are taking private bookings, call the office at 403-273-5894 to book.
Last Saturday of the month - Jam Sessions and Euchre. Euchre starts at 7:30 everyone welcome.

MARLBOROUGH PARK

Marlborough Park Community Association
Hall: 6021 Madigan Drive NE
Hall Rentals: Call 403-248-1775
Newsletter email: marlpark@shaw.ca

UPCOMING EVENTS:

Marlborough Park 40th Anniversary Celebration

This amazing event is August 24, from 1pm-5pm
Bouncy, Houses, Dunk Tank, Face Painting, Bike Decorating (Weather Dependent). Lots of Information on different events and services in the community. Prizes... and so much more!

Blood Services: Canadian Blood Services at the Marlborough Park community centre gym, 6021 Madigan Drive NE, on August 30th and October 5th

September 21 - Lego Contest: Register your creation to be eligible for lots of prizes. You can also come see all the amazing creations. For more information or to register call office at 403-248-1775

October 17 - Little Warriors: Little Warriors teaches adults how to help prevent, recognize and react responsibly to child sexual abuse. The courses go from 6-9 pm and will cost \$20.
Register at www.littlewarriors.ca

October 18 - Jelly Bean Dance

November 17 - Craft and Book Fair: Come support our preschool and get some of your Christmas shopping done. There will be unique craft vendors as well as scholastic to provide your book needs. If you would like to be a vendor, please call into the office at 403-248-1775.

AT THE HALL

Marlborough Park PreSchool: Sept 4 at 7:00 pm is Parent Orientation Night. On-going Registration. There are still spaces available for 2, 3, or 5 days a week either in morning or afternoon classes. Please call the office at 403-248-1775.

Loma Whist Club Wednesday afternoons at 1pm. Please call Ilene at 403-450-9827 for more information.

Drop-in Tai Chi Drop-in Tai Chi is held at the Marlborough Park Community Centre every Tuesday from 9:15 to 10:15am.

WINSTON HTS - MOUNTVIEW

Winston Hts - Mountview Community Association
Hall: 520 - 27 Avenue NE
Hall Rentals: Call 403-276-5474 or
Email hallmanager@winstonheights.ca
Newsletter email: newsletter@winstonheights.ca

Ward 9 Election Debate: at Winston Heights Oct 15th. Civic Camp is hosting an election forum for Ward 9 on October 15, 2013 at Winston Heights Community Hall (520 - 17th Ave NE) starting at 7pm.
For updates or changes on events please check: www.civiccamp.org

Mom and Tots Playgroup: There are two playgroups that meet in the WHM Community Hall. Mondays, from 10-11:30am. Tuesdays, from 10am-2pm. For more info contact Mary-Beth Walsh at 403-209-1691. We break for summer after June but resume Sept 9th and 10th

RUNDLE

Rundle Community Association
Hall: 2409 - 50 St. NE
Hall Rentals: Call 403-280-4752
Newsletter email: rumbles@shaw.ca

Tiny Talkers Preschool:

Starts September 2013
Register Early SPACES ARE LIMITED!
Mon/Wed/Fri Programs 4 Year Olds: 9-11am; 11am-1pm; 1-3pm
Tues/Thurs Programs 2-3 Year Olds: 9-11am, 11am-1pm
Call Tracy 403.703.2102 for more information!

Youth Program Registration: September 4 at the hall
Guiding and Scouting and Playschool (Tiny Talkers) programs

The **Rundle Summit Pub** at the hall - **Rundle's best kept secret!**
The Summit Pub also offers pool tables, dart boards, as well as cribbage games on Tuesday and euchre on Thursdays. Wing night is still on Wednesdays. Families are welcome! **New menu!** Check it out!

Stampede BBQ at Rundle Summit Pub - July 13

\$20/person - Steak Sandwich, baked potato, beans, buns, salad
Meal - 5:30pm, Live Band - 7:00pm. SUDS; Drink Specials...

NEW! TEXAS HOLD'EM ON Saturday nights at 7pm

NO CASH INVOLVED..... Points Based System.

Crib Night at the Rundle Summit Pub! Tuesdays 7 to 9pm

Have dinner, play cards and have fun, fun, fun. All welcome.

Karaoke at the Rundle Summit Pub! Bring your singing voice and warble your favourite tune! June 5, June 19, July 2, July 16, July 30.

Christmas Craft Sale: If you would like to have a table (\$20.00), please contact Wendy thru the Rundle Summit Pub - (403)285-2397



3rd Annual
Marlborough Park
LEGO
Contest
Sept. 21, 2013



email for
more details:
marlpark@shaw.ca

MOUNT PLEASANT

Mount Pleasant Community Association
Hall: 602 - 22nd Avenue NW
Hall Rentals: Call 403-282-1314 or email:
hallrentals@mpca.ca
Newsletter email: publicity@mpca.ca

Pleasant Times - Upper Hall, 602 22 Ave. NW

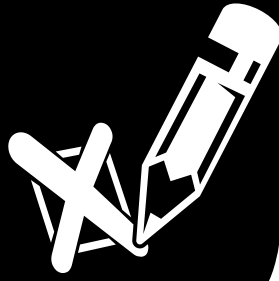
Pleasant Times is an adults-only group that meets from 2 p.m. to 4 p.m. on the 2nd Wednesday of each month in the Upper Hall, 602 22 Ave. NW. Join us for good conversation, games, refreshments, and the opportunity to add your ideas for outings and other activities. If you'd like to be informed of our planned activities and trips in advance, please contact Linda at (403) 289-8390 or lohanlon@telus.net. You also can check mpca.ca for information.

Mount Pleasant Outdoor Pool: June 15th to September 2nd

3rd Annual Doggie Paddle: Monday, September 2nd 6:00-8:00pm
Private Rentals - For private rental inquiries please contact the pool supervisor Jen Zacharias at mpsupervisor@gmail.com or call the pool at (403) 221-4288.

Book Club - 4th Tuesday (usually) of the month from 7 to 9pm in the Lower Hall. Our September 24th book is *Bury Your Dead* by Louise Penny. Our October 22nd book will be *The Immortal Life of Henrietta Lask* by Rebecca Skloot. For more info email lohanlon@telus.net or call Linda at (403) 289-8390.

MPCA Playgroup - The new session of playgroup begins Sept 9. The Mount Pleasant Playgroup is a parent and tot playtime in the MPCA lower hall. Programs are held Monday to Friday mornings from 9:30 am to 11:30am. Go to mpca.ca, click Activities, select Playgroup, then scroll to the bottom of the page for the registration button. For more information you can email mpp.chair@gmail.com.



vote

MONDAY OCTOBER 21, 2013

Eligible electors will vote to elect their Mayor, Councillors and Public or Separate School Board Trustees on **Monday, October 21, 2013.**

You are eligible to vote if you:

- Are at least 18 years old.
- Are a Canadian citizen.
- Have resided in Alberta since April 21, 2013.
- Are a resident on Election Day;
 - of the city of Calgary for Mayor, Councillor and;
 - of the Calgary Board of Education for Public School Board Trustee, or;
 - of the Calgary Roman Catholic Separate School District No. 1, for Separate School Trustee.
- Provide one of the authorized pieces of identification.

All eligible electors can vote at the Advance Vote, October 9 – 13 and October 15 – 16.

Blind voter templates are available at the Advance Vote only.

If you can't vote at the Advance Vote or on Election Day, request a Mail-in (Special) Ballot or, if housebound due to injury, illness or disability, a special service to vote at home can be requested.

A city of Calgary General Election brochure will be delivered to every household in early October.

Visit calgary.ca/election for more details, or download the election mobile app, YYC Vote. Information is updated regularly.

2013-1334

calgary.ca/election | 403-476-4100 (option 2)



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Calgary, Alberta T2M 2V7**

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☐ Household (\$20)

☐ Senior (\$5/per person)

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☐ Associate (\$20)

☐ Business (\$50)

Names : _____

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Phone : _____ Email: _____

☐ Yes, Send Me Community Emails

☐ New Membership ☐ Renewal

Date _____ Amount Enclosed \$ _____



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or email: lotusbellydance@shaw.ca

CHILDREN'S PROGRAMS

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COMMUNITY FUNDRAISING

Local Casino Advisor

Lea has 16 years of experience as a Casino Volunteer Advisor.

Call Lea Lapka 403-277-4499
lealapkaadvisor@gmail.com

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Patient, honest, age 30-50yrs, female pref.
Starts Sept. Call 403-220-1066

Paid position. Want live-in, supportive companion/roommate for mentally challenged, high functioning lady. 2bdrm, 2bath condo by shopping. Need warm, friendly, love to visit person. Person can keep their day job. Car an asset. **Contact Ann 403-280-1032 or annc@cooperfamily.ca**

Hall Manager position - Tuxedo Park. 20-30 hours / per month. \$500/month. Email: communications@tuxedoparkcommunity.ca

Home Start Program needs volunteers!
Help create a healthy community and meet anew family. Contact Marion: 403-660-6809
Email: mpaulson@bgcc.ab.ca

HOME IMPROVEMENT

Tub tired looking-hard to clean-don't like the color? Call Obe / Arlene at **BathMaster** for all refinishing needs! Call 403-293-4810 or calgary.bath@bathmaster.com

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Message from the Alderman

As post-flood life slowly returns to normal for most Calgarians, The City has started the difficult task of assessing the damage and evaluating ways to protect us all from future flooding. The early tally is stunning, and it is expected to increase as we learn more. The Roads department has repaired over a hundred sinkholes, and Water Services continues to assess damage to the storm sewer system, street by street. Almost 90km of river pathways were closed and at least half will need to be rebuilt or moved. All of our beloved parks in the river valley are now partially open, but most will require remediation that will span several years. Some, like Pierce Estate Park, and Sue Higgins Park (Southland Park), lost hectares of land to the raging river as it altered its course.

We need to rethink before we rebuild. Early estimates of \$265 million in flood recovery projects could grow to \$500 million, and this is a tally primarily for repair and replacement. Additional funds will be needed for flood mitigation to protect public infrastructure for the future. The list is long, and includes projects such as flood protection for the downtown core, Calgary's economic engine where hundreds of thousands of Calgarians work, shop, and recreate. Essential infrastructure, like our traffic signal system located in the basement of the Municipal Building, will need to be rebuilt and moved to higher ground.

This month, Council will receive updated cost estimates from City Administration and an expert flood mitigation panel. We know from the experience of other communities that have recovered from major

disasters, like Slave Lake and Medicine Hat, that all costs are not covered by Provincial disaster funding or insurance. The City will be able to access rainy day funds and Provincial tax room, and we'll need to make some hard choices.

Throughout the evaluation and review process, Calgarians will be given the opportunity to share their recommendations and ideas to ensure that we make the best and most cost-effective decisions possible. The City is working to create a webpage where citizen input and suggestions can be collected and summarized for the expert panel. Once this page is operational, please provide your suggestions and ideas.

Discovery House

Help us find housing for families in need

Discovery House is a not-for-profit agency that helps women and children leaving domestic violence. Since its inception in 2009, the Community Housing Program has placed 247 families in homes all across Calgary. Families are provided with individualized support for up to two years to successfully transition to independence.

With the market as tight as it is, we are looking for landlords to partner with us to house 35 families currently on our waiting list. We have the right family to live in your space.

If you are a caring landlord and have space available for rent, please contact our Housing Liaison at 587.226.0983. For more information, visit discoveryhouse.ca.



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As a long-time Ward 7 resident, a parent, and a business owner, I care about our communities and our city. What will I do as your city councillor?

- I will bring leadership, trust, strong business experience and community commitment to your council.
- I will be *your* voice at City Hall. I will advocate on your behalf.



- I will ensure fiscally responsible decisions are made.
- I will uphold the highest ethical standards and support transparent processes.
- I will host coffee corner meetings in your neighbourhood, where you can regularly and directly interact with me as city councillor. *I will listen to you.*

I support a strong and cohesive city council that supports its residents, especially as it relates to family and business.

I want to earn your vote on October 21.

On Monday, October 21st
Vote Kevin Taylor, Councillor Ward 7



[VoteKevinTaylor](https://www.facebook.com/VoteKevinTaylor)



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Three Quick, Nutritious Breakfasts for Back to School

by Dr. Ryan Nakama ND

Schools back! Readjusting to the hectic morning routine can be difficult with breakfast often seen as a "grab anything you can quickly!" event rather than an opportunity to provide a foundation of success for the rest of the day. To help, here are some tasty and easy breakfasts that just so happen to be highly nutritious – to help your family get out of the house on time and ready to tackle the day!

Smoothies

Chocolate-peanut butter-banana, pineapple-mango, strawberry-kiwi, mixed berry surprise. Don't those sound like tasty ways to begin your day? Start with 1 cup frozen berries, 1 banana, 2-3tbsp of nut butter (eg. Almond butter) and 1 cup milk or milk substitute (almond, rice, coconut or even water.) and 1 tbsp of coconut oil to give it a smooth texture. Then throw in a handful of spinach or lettuce, a stalk of celery, half an avocado, some mint – whatever you want! Veggies go undetected under a cover of tasty fruits and flavors. Other tweaks include, cocoa powder, vanilla extract, and yogurt. The flavor combinations are endless and smoothies easily adapt to what you've got in the house and your kids tastes. They're also an easy way to sneak in other good stuff like, fish oils, probiotics, multivitamins or medicine that kids may not want to take.

Pumped-up Oatmeal

Once the weather gets colder its nice to have a warm comforting bowl of oatmeal to start the day. Power pack your oats by adding spices like cinnamon, a touch of nutmeg and cardamom – to help get the blood moving and balance blood sugar. Nuts and seeds to add protein and healthy fats to provide constant energy throughout the morning. Fruits like apples, peaches, cranberries add

great flavor and lots of vitamins. Using "steel-cut" oats in place of "quick" or "rolled" oats adds even more nutrition. It does take longer to cook (30min vs ~5min) but you can easily make a bunch early in the week and reheat it later for a fast and delicious start to the day (1cup oats: 4cups water). You can also experiment with other grains like quinoa to make "oatmeal".

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Nutty Fruity Salad

Just start with whatever is in season. Fall is great for peaches, pears, apples etc. Add a spritz of lime juice, some shredded mint or grated ginger. Drop in a few raw nuts and seeds like pumpkin or sunflower seeds, almonds or cashews. Drizzle with a bit of honey if you like and add dollop of plain yogurt. A large bowl can be surprisingly filling on its own but you may need to add a scrambled egg or other protein source for the kids.


These are just basic ideas and may stand alone at breakfast or be combined or added to other foods to boost nutrition in the morning and set your family up for day full of learning and activity.

Book review by Judith Umbach

by Kate Mosse



Kate
MOSSE



THE
WINTER
GHOSTS

Freddie sees their ghosts and hears their mysterious words. In fever and as he recovers, he threads the wishes of the all-too-real into his own decisions. Growing in faith, and away from his own crippling emotions, he tears the fabric of silence and inaction. His embracing of being alive restores the vitality of both himself and the villagers.

Sept 6 and Sept 20, from 7 to 9pm, at the Renfrew Hall - 811 Radford Road NE (8th Ave and 8th Street NE), downstairs in the Renfrew Social Room (Community Pub). **Please call Guy Nelson at 403-230-7076 for more information.**

Druh Farrell

Councillor Ward 7



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- vibrant, healthy, sustainable neighbourhoods
- smarter growth and fairer taxes
- transportation options for everyone

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At Wild Rose United Church from Sept 10 to Dec 17

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