

• The Crescent View

March 2014

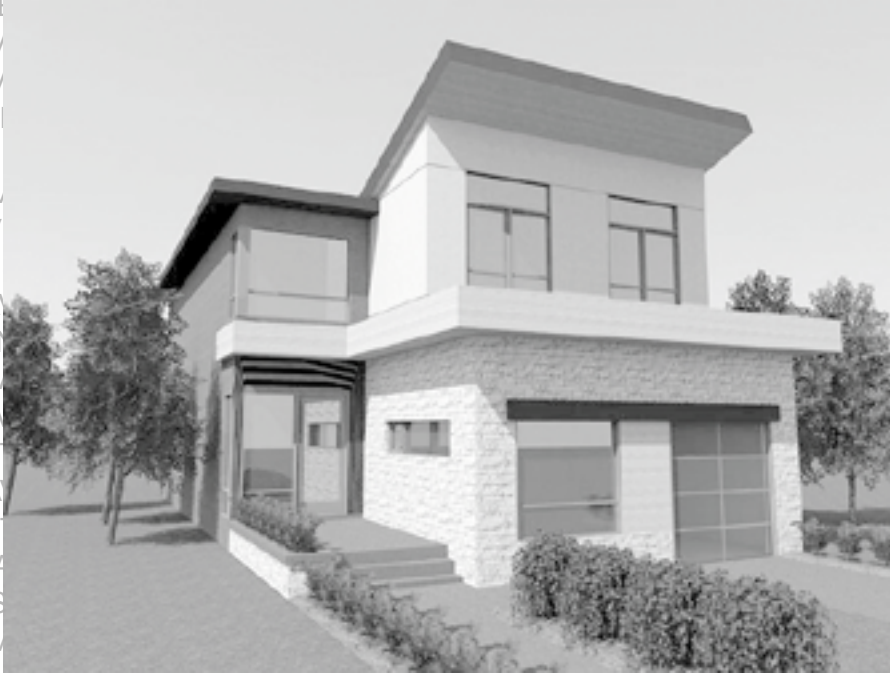
OFFICIAL NEWSLETTER OF THE CRESCENT HEIGHTS COMMUNITY ASSOCIATION

Crescent Heights AGM: April 29
Community Clean-up: June 15th



**March is community association
membership awareness month**

1312 3 ST NW- -432 4 ST NW -1437 2 ST NW -114 10 AV NW -112 10 AV NW- 109 11 AV NW
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114 7 AV NE -1407 2 ST NW -222 11 AV NE -217 5 AV NE -219 7 AV NE -145 9 AV NW



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Crescent Heights Community Association

Member of the Federation of Calgary Communities

**1101 - 2nd Street NW
Calgary, Alberta T2M 2V7**

CHCA activities and operations is provided through volunteer community members and a volunteer board of directors, whose common interest is to advance and enhance the quality of life to CHCA residents, and promote partnership and cooperation between residents and businesses of Crescent Heights.

Volunteer Board of Directors

403.276.1002 + extension # below

President	Daniel Dang, 403.355.0058	(01)
Secretary	Leslie Marion	(02)
Treasurer	Dan Shield	(03)
Communications / Events	Mike Jankovic	(04)
Parks / Environment	Sheena Johnson	(05)
Traffic Issues West	vacant	(06)
Traffic Issues East	Kellee Grounds	(07)
Building / Planning	Darlene Jones	(08)
Director at Large/Spec. Projects	Stephanie Ho Lem	(09)
Past President	John McDermid	(00)

Volunteer Managers and Police

Hall Rentals Manager	Marlene Zaharichuk, 403.804.5600	(99)
CHCA Events Line	Mike Jankovic	(88)
Newsletter Editor	Elizabeth Stady, 403.245.3331 chcaview@gmail.com	(89)
Memberships	Jonathan and Alison Martin curmudgeon9@shaw.ca	(87)
Newsletter Distribution East	John McDermid	(86)
Newsletter Distribution West	David Leisaunicks	(85)
Community Playgroup	vacant	(84)
Community Rink Manager	Tim Edwards	(83)
Crime Prevention/Blockwatch	Jack Lawson	(82)

Comm. Liaison Officer: Cst. Dominique Laporte, 403.567.6300
District 3, #3241

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The material contained herein is copyrighted and may not be reproduced without authorization. Letters and submissions from community members are always welcome. Please mail or drop off at the Hall mail slot at 1101 - 2nd Street NW, Calgary, Alberta T2M 2V7, or submit materials via email to chcaview@gmail.com

Opinions expressed in the *The Crescent View* are not necessarily those of the Crescent Heights Community Association or of the publisher.

Advertising inquiries?

Please email: ellisevansdesign@shaw.ca

More information on page 6.



www.calgaryarea.com/nw/crescenthts/crescent.htm

President's Message

by Daniel Dang

A little quiet time at the hall this month has allowed the CHCA board to turn our attention to planning and solving longer term issues around our community. Here's a quick summary of recent developments:

1. Playground equipment update at Crescent Park - fundraising opportunities

My fellow board member Kellee Grounds is heading up this project. We were told last fall that the City will be replacing the fixtures at this playground as it was built with treated wood that might be of health concerns for children playing on them. A process has been put in place with the Calgary Parks Foundation to help us administer all donations - which will be matched dollar for dollar with grants - made to this project. Tax receipts will also be provided for donations for this project in our community. Kellee has done up an excellent brochure to summarize our options and estimated costs. Look for it soon in the next newsletter or on-line at our community website.

We are hoping to have community members come together to help with the actual construction / assembly of the equipment once the final structures are ordered and delivered. The last time we had to put together the playground in Rotary Park, we had great community participation, and we are hoping for a repeat performance this time around. Please contact us with your ideas and/or if you are able to help on this project.

2. Fence around the splash park in Rotary Park

Since its opening a couple years back, the splash park has been a big hit with children in our community, and more and more, children from surrounding communities. Too bad that Calgary's summer is only too short, and for the remainder of the year, we do not get much further use of this excellent facility.

As it is a valuable public asset of Crescent Heights, we need to protect it year-round. That is the reason that the splash park came with a fence around it - to protect the asset against vandalism and abuse after hours and during the time when the facility is not being used or occupied.

- Continued on page 5

Dental care should be as tailored as a fine suit.

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- Dr. Laura Brescia



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 on southbound Edmonton Trail.
 Mon: Noon-6pm
 Tues to Thurs: 11am - 7pm
 Fri: 11am-5pm
 Sat: 10am-6pm Sun: Noon-4pm
FREE On site Parking!

President's Message cont. from page 3

Unfortunately, when the fence was initially installed it also limited access to the existing picnic tables and benches installed within the perimeter. Furthermore, access to the public washrooms were only available to those inside the fenced perimeter. There was a lot of confusion in this regard, and in particular, the hours when washroom access would be available. This resulted in some of our community members questioning why the fence had to be installed at all. Simply put, the fence is there to protect the splash park fixtures and assets! The management of the fence and access to the facilities within need to be better thought through and communicated to our residents.

3. Fencing to separate playground from adjacent off-leash area in Rotary Park

The CHCA and adjacent residents have always agreed that there is a need for a fence to provide physical separation between the off-leash area to the west from the playground to prevent unintended interactions between dogs and children using the playground. Furthermore, a fence will reduce the chance of fecal contamination of the playground area by dogs roaming out of their owner's direct sight. There were differences in opinions regarding the design of this portion of the fence, and whether the existing one around the splash park needs to be removed and reinstalled to match the new design. In the end, this much needed additional fence sort of fell through the "bureaucratic cracks" and remains unfinished.

The CHCA has restarted the process to get this project to finally wrapped up and see the much needed fence installed. I will keep everyone posted if anything new comes up.

4. Annual Community Clean-up set for Sunday, June 15th

I am pleased to confirm that our annual community clean-up is set for this year, but will be pushed back about three weekends from our often held time of the May Victoria Day long weekend. We will try a later date this year to see if we can increase our participation from community residents. We have been getting good feedback from community users over the years and this has definitely become one of the "must attend" events for many long-term residents.

There were comments that having it held on the Victoria Day long weekend interferes with residents who cherish this first long weekend to be spent with their family and those who are out of town. In the end, the CHCA would like to see increased participation and improved accessibility to this annual event. Also, back for another round-up will be electronics recycling, and the increasingly favourite for many – the household exchange – where lightly used items can be dropped off for exchange and/or donation to charities. We will also look to have a cube van to circulate around our community to help remove larger items for disposal.

Rain or shine, we hope to see you out there at the CHCA hall parking lot on June 15th for this excellent event. If you can help, please give us a call. The more the merrier!

5. AGM set for April 29, 2014

Last but not least, our AGM for this year will be held on April 29th. This is where we can come together to have a quick chat with our residents to openly exchange ideas on pertinent issues surrounding Crescent Heights. Please be sure that you have your community membership renewed or purchased before the date of the AGM.

Finally, the limited space here does not afford me the opportunity to touch on other topics that might be of interest or concern to our readers. Thus, if you have any ideas, suggestions or viewpoints on the above, or any other issues in our community, we would love to hear from you. We thank you for your input.

2014 Calgary
 **Seedy Saturday**
 is coming...

Saturday, March 15, 10am - 3pm
Hillhurst Sunnyside Community Centre
 1320 - 5 Ave NW

Admission \$2 Children under 12 free
<http://seedysaturdaycalgary.shawwebspace.ca>

Supported by the Calgary Horticultural Society - Community Garden Resource Network
 & Hillhurst Sunnyside Community Association



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Weekend location
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Children's fees
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SPRING CLASSES: Apr 12 to June 28, 2014

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 School Coordinator Direct Line: (403) 585-6070

Email: spanish1@telus.net
www.spanishschoolofcalgary.com

Spanish is the second most used language in international communication!

THE CRESCENT VIEW

is the official newsletter of the
**Crescent Heights
 Community Association**

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**Bridgeland/Riverside • Renfrew
 Crescent Heights • Crossroads
 Highland Park • Tuxedo Park • Rundle
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**CASH
 CHEQUE**

Newsletter editorial deadlines

The Crescent View is published ten times per year.

Deadline: The 10th of each month for the following month. For example: To be published in the June issue, the deadline is May 10. Special September issue deadline: August 5 (to accommodate all the 'back-to-school' material).

The July/August issue is combined into one publication and so is the December/January issue. The deadlines for these two issues are June 10 and November 10 respectively.

Please email your articles or event listings, as an attachment in MS Word, to Elizabeth Stady at chcaview@gmail.com.

Empties for equipment

Crescent Heights High School's monthly drop-off bottle drives for 2014 restarted Feb 8. Thanks for helping support various clubs and teams - your donations make a huge difference to us! Drop-offs take place the **second Saturday of the month from 10 am-noon** - March 8, April 12, May 10 and June 14. Thanks for your continuing support!

Membership awareness

March is community association membership awareness month

Did you know there are more than 20,000 volunteers in the community association movement in Calgary? It's the LARGEST collective volunteer movement in the city! There are also more than 156,000 Calgarians who are members of their community association. Be part of it!

March is community association membership awareness month as proclaimed by Mayor Naheed Nenshi. We encourage you to take a few minutes this month to find out what your community association can do for you! It's easy and you'd be surprised at the many benefits and options available to you as a resident. For questions or more information please contact Rebecca Dakin at (403) 244-4111 ext. 204 or communityrelations@calgarycommunities.com.

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Massage can restore!*

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- JAW WORK / T.M.J.
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Christine Lloyd
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A special "thank you" to
Allison & Jonathon Martin
for helping to deliver
The Crescent View.
**Your volunteer efforts
are very much appreciated!**



CHCA Community Hall Activities and Events

March 2014 CHCA Calendar

- 04 CHCA Traffic & Planning Meeting, 7-9pm
- 11 CHCA Board Meeting, 7:30-9pm
- 18 CHCA Traffic & Planning Meeting, 7-9pm
- 25 CHCA Traffic & Planning Meeting, 7-9pm

March at the Hall

- SUNDAYS: Pentecostal Church Public Service 10am – noon
- MONDAYS: Fitness Class 5-7pm, call Lana 403-999-5373
Dance and Fitness 7:30 – 9:30pm
- TUESDAYS: CHCA Board and Traffic meetings - all welcome!
- WEDNESDAYS: Tai Chi 7:00 – 9:00pm
- THURSDAYS: Fitness Class 5:30-8pm
For info call Lana 403-999-5373

For more a more detailed Hall Calendar and for event and activities contact information please visit:
<http://www.calgaryarea.com/nw/crescenthts/calendar/diary.asp>



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Let's talk about Crescent Heights!

Crescent Heights Community Association membership drive initiative

Time Period: October 2013 to September 2014

Managed by: Current Treasurer for CHCA and
Current Membership Director for CHCA

Distribution: CHCA members for implementation

Objectives:

- Promote neighbor to neighbour to neighbour contact and communication;
- Increase number of new members in CHCA;
- Tool to measure feedback and/or topics of concerns to CHCA residents;
- Encourage people to hold "mini block parties" to develop neighbourhood cohesiveness.

Mini Block Parties Format:

CHCA will reimburse up to \$50 to current CHCA members in good standing, to host mini block parties; The member who submits the expense claim must also submit a summary report of topics / discussions taken place at the event, and the desired outcome or solution proposed for further investigation / follow-up.

Receipts for expenses must be submitted to support the claim, together with proof of current membership. All submitted receipts and reports become property of CHCA.

Rules:

- Minimum of two new individual / family members per event (non-current CHCA members);
- Minimum 40% of the attendees must be new CHCA members (signup at event);
- Existing CHCA members can host 2 events per year;
- Existing CHCA members can participate in 2 events per year as non-host capacity;
- Reports and expenses must be submitted within two weeks of event's date.

Report to be submitted directly to membership director / coordinator with new membership signup forms and applicable membership fees for new membership(s).

Please allow up to 4 weeks, from receipt of claim, for reimbursement cheque to be paid.

"Let's talk about Crescent Heights" - membership drive initiative!

Report / Request for funding

Submitted by: _____

Event Date: _____

Attendees: _____

Report Date: _____

Location: _____

P#: _____ member / new

P#: _____ member / new

P#: _____ member / new

P#: _____ member / new

P#: _____ member / new

Topics of discussion and desired outcome:

1) _____

2) _____

3) _____

Total Receipts submitted: _____ Cheque made out to: _____

Area Events and Resource Guide

Community

RENFREW

Renfrew Community Association

Hall: 811 Radford Road NE Ph: 403-230-7055

Hall Rentals: Call 403-230-7055 and leave message.

Newsletter: newsletter@renfrewcommunity.ca

Renfrew Bingo - *The little hall with the big payouts!*

Saturday and Monday evenings. Nickel Games at 6:10pm, regular games at 6:50pm, Satellite at 8:45pm. Concession open.

Valentine's Day Family Pub Night

Friday February 14, 6:30-9pm. Bring your valentines to share a special evening together. There will be skating and hot chocolate, followed by movies for the kiddies. Pub will be open 6:30-9pm. All ages welcome.

Jelly Bean Dance

March 21, 6-9pm. Jelly Bean Dances are for children grades 1-6 and are a whole lotta fun! There is a DJ, candy & snack bar and tons of unbridled energy! Volunteers always needed.

Drop In-Pilates Class: Tuesday nights at 7:30 pm in the lower hall of Renfrew Baptist Church - 1204 Renfrew Drive NE. Cost is \$8.00/class. Everyone is welcome regardless of skill level. Classes taught by trained Stott Pilates instructor.

RCA Outdoor Rink Fun Skate:

Every Saturday from 1:30-3pm. This will be a "no sticks/no pucks" time to encourage recreational skaters of all ages and abilities to share the ice. Bring your own hot chocolate!

RENFREW cont

Renfrew Baptist Free Clothing Giveaway: Apr 12, 10am - 12pm

Come check out the clothing you can pick up for you and your family! Free coffee, goodies and soup/bun lunch. We will also be accepting donations of clothing prior to April 12. Clothing donations can be dropped off at Renfrew Baptist Church, 1204 Renfrew Dr. N.E. Please call the office to arrange a time to drop off donations 403-277-2292.

Renfrew Community Pub (Social Room)

Most Fridays from 7pm until close. Non-members welcome - be our guest. Free pool, free shuffleboard, free foosball.

MARLBOROUGH

Calgary Marlborough Community Association

Hall: 636 Marlborough Way NE Ph: 403-273-5894

Hall Rentals: Call 403-273-5894 or email

calmarca@telus.net

Newsletter email: cmccnews50@yahoo.com

Jelly Bean Dances - March 14, May 9 and June 20

6-9pm. Jelly Bean Dances are for children grades 1-6 and are a whole lotta fun! There is a DJ, candy & snack bar and tons of unbridled energy!

CMCA Under 6 & Under 8 Soccer League

The league will start on April 23 and run to June 19. There will be a wind-up tournament on June 21. Cost is \$90 plus you must have a community membership. Registration begins March 1. To register go on line at www.marlbroughca.ca or phone the office at 403-273-5894.

MARLBOROUGH cont

PROGRAMS AT THE HALL

MONDAY: Yoga - upstairs - Fireside Room - 7:30 to 9pm. (class full)

TUESDAY: Seniors social walking - main hall, 8:30 to 10:30am

WEDNESDAY: Sparks, Brownies, Beavers - all start at 6pm

THURSDAY: Seniors social walking - main hall, 8:30 to 10:30am

50+ Club - Whist and Bridge every Thursday at 1pm

Yoga upstairs - Fireside Room - 1:30-3:00pm (space available)

FRIDAY: Be Fit & Age Well Exercise class - 9 to 10am

Military Whist (4th Friday of the month) 7pm

SATURDAY: Fireside Lounge open last Saturday of the month, 7pm Open Stage and Euchre. Euchre starts at 7:30pm, everyone welcome.

MARLBOROUGH PARK

Marlborough Park Community Association

Hall: 6021 Madigan Drive NE

Hall Rentals: Call 403-248-1775

Newsletter email: marlpark@shaw.ca

UPCOMING EVENTS:

Femme Fatale - March 4, Ladies Night / Shopping Event! 5pm-10pm Admission: \$3.00. Femme Fatale is a unique trade show/shopping event specifically for women. Our vendors will display a variety of products from Health and Beauty, Cooking and Home Décor, Jewellery and Gifts and everything in between!

Easter Eggstravaganza - April 13

Community Cleanup - May 31

Jelly Bean Dance - June 20

Blood Donor Clinic - April 25, 2pm to 9pm. Give the greatest gift of all - the gift of blood.

AT THE HALL

Marlborough Park PreSchool: There are still a few spaces available. Please call the office at 403-248-1775.

Loma Whist Club Wednesday afternoons at 1pm. Please call Ilene at 403-450-9827 for more information.

Drop-in Tai Chi Drop-in Tai Chi is held at the Marlborough Park Community Centre every Tuesday from 9:15 to 10:15am.

NIA - Monday Evenings - 6:30-7:30pm

Yoga - Thursday Afternoon from 3 to 4pm. Call the Hall for details.

WINSTON HTS - MOUNTVIEW

Winston Hts - Mountview Community Association

Hall: 520 - 27 Avenue NE

Hall Rentals: Call 403-276-5474 or


Email hallmanager@winstonheights.ca

Newsletter email: newsletter@winstonheights.ca

Community Outdoor Rinks: The Marsden Road Adopt-a-Rink is available for skating every day. The community hall rinks are also available most days for skating. We host Grassroots hockey for kids on Tuesdays, family skating on Saturdays and "shinny" hockey.

Mom and Tots Playgroup: Meet in the WHM Community Hall. Mondays, from 10-11:30am. For more info contact Mary-Beth Walsh at 403-209-1691.


Book Club: Calling all book worms! We are starting a monthly book club and would love to hear from you. Our first meeting will be in April. If you are interested in joining us, and would like to provide some suggestions on when and where to meet, please e-mail Mary-Beth at marybethwalsh2@gmail.com and I'll add you to our growing e-mail list. Once we've decided upon a date, time and location for our first get-together in April, I will e-mail everyone interested with further details.



RCA
tinytots
co-op playgroup

6TH ANNUAL SALE

Gently Used
Children's Clothes,
Books, Toys and
Gear.



Saturday April 5, 2014
9am to 2pm
Renfrew Community Centre | 811 Radford Road
For more details visit www.renfrewtinytots.com

RUNDLE

Rundle Community Association

Hall: 2409 - 50 St. NE

Hall Rentals: Call 403-280-4752

Newsletter email: rumbles@shaw.ca

The **Rundle Summit Pub** at the hall - **Rundle's best kept secret!**

The Summit Pub also offers pool tables, dart boards, as well as cribbage games on Tuesday and euchre on Thursdays. Wing night is still on Wednesdays. Families are welcome! **New menu!** Check it out!

TEXAS HOLD'EM ON Saturday nights at 7pm

NO CASH INVOLVED. . . . Points Based System.

Crib Night at the Rundle Summit Pub! Tuesdays 7 to 9pm

Have dinner, play cards and have fun, fun, fun. All welcome.

Karaoke at the Rundle Summit Pub! Bring your singing voice and warble your favourite tune!

**"Each morning when I open my eyes
I say to myself: I, not events,
have the power to make me happy
or unhappy today.
I can choose which it shall be.
Yesterday is dead,
tomorrow hasn't arrived yet.
I have just one day, today, and I'm going
to be happy in it."
-Julius Henry 'Groucho' Marx (1890-1977)**

MOUNT PLEASANT

Mount Pleasant Community Association

Hall: 602 - 22nd Avenue NW

Hall Rentals: Call 403-282-1314 or email:

hallrentals@mpca.ca

Newsletter email: publicity@mpca.ca

Pleasant Times - Upper Hall, 602 22 Ave. NW

Pleasant Times is an adults-only group that meets at 1pm on the 2nd Wednesday of each month in the Upper Hall, 602 22 Ave. NW.

Join us for good conversation, games, refreshments, and the opportunity to add your ideas for outings and other activities.

We have a trip to The Saskatoon Farm and the Chinook Honey Company planned for Tuesday, June 3rd. The cost is only \$40 / person and includes motor coach transportation, lunch at The Saskatoon Farm after touring its greenhouses and gift shop, either a meadery or apiary tour at the Chinook Honey Company, and a chance to buy the many honey products before our return to Calgary.

If you'd like to be informed of our planned activities and trips in advance, please contact Linda at (403) 289-8390 or lohanlon@telus.net. You also can check mpca.ca for information.

Book Club - 4th Tuesday of the month from 7 to 9pm in the Lower Hall. Our March 25th discussion will be *Sylvanus Now* by Donna Morrissey. Our April 22nd book will be *Maya's Notebook* by Isabel Allende. For more info email lohanlon@telus.net or call Linda at (403) 289-8390.

MPCA Playgroup - The Mount Pleasant Playgroup is a parent and tot playtime in the MPCA lower hall. Programs are held Monday to Friday mornings from 9:30 am to 11:30am. Go to mpca.ca, click Activities, select Playgroup, then scroll to the bottom of the page for the registration button. For more information you can email mpp.chair@gmail.com.

March 2014

CROSSROADS

"I live in Crossroads!"

Crossroads Community Association

Hall: 1803 14 Avenue NE Ph: 403-277-6201

Hall Rentals: Call the hall at 403-277-6201

Newsletter email: convenor.editor@gmail.com

Facebook page: <http://on.fb.me/fqqlLG>

Crossroads Community Preschool: Accepting registrations for the 2013/2014 school year. Please call 403-277-2168 or 403-640-4967.

Early Registration and Open House: April 15, 7pm at the Crossroads Community Preschool - 1803 14th Ave. NE Come and see the preschool, meet the teacher, and ask any questions you may have. For further information, please call Jenn at 403-277-2168.

Crossroads 50+ Club: Meet every Monday at 6:30pm at the Crossroads Community Centre. Join us for fun times and meet your neighbours. For information call 403-277-6201 or visit our website at: www.crossroads50plusclub.com

After School Cooking Program! - Mondays at the hall from 4 to 5:30pm; inclusive of ages 8 to 12. The program is free, but registration is required. Please call the hall for more details.

UPCOMING EVENTS

Sir John Franklin Bottle Drive - March 8

Movie Night - March 14 at 7pm (Doors at 6:30)

Calgary Transit Open House - March 25 (call hall for more details)

Pub Night 7:30pm - March 28

Movie Night - April 11 at 7pm (Doors at 6:30)

Crossroads Community Preschool Open House - April 15 at 7pm

Pub Night - 7:30pm at Apr 25

BRIDGELAND-RIVERSIDE

Bridgeland Riverside Community Association

Hall: 917 Centre Avenue NE

Ph: 403-263-5755, Hall email: hall@brcacalgary.org

Newsletter email: newsletter@brcacalgary.org

Visit our web site at: www.brcacalgary.org for a complete listing of programs and classes.

Bridgeland Riverside Playgroup: We meet Wednesdays from 10am to noon at Bridgeland Campus of Centre Street Church, 235-8A St NE

Ashtanga Yoga Class: Tuesdays from 6:30 to 7:45pm at the Hall Ashtanga is a vinyasa style of yoga, linking breath and postures together through a flowing sequence. Postures are modified to suit students' ability, and everyone is welcome. For more information, please contact Jani at yoga.with.jani@gmail.com

Hand Drumming Classes: March 5th - April 9th

Kids Class 6:30-7:15pm Cost: \$85 Ages: 7-12 Drums Supplied

6 Week Course (all levels) 7:30-8:45pm Cost \$100 No experience necessary, Drums Supplied. For more info www.sacredfusion.net or 403-470-0622. Register by Feb 5th and get 10% off!!

Bridgeland's Basketball Club : Tuesday afternoons from 4-6pm at the Bridgeland Campus of the Center Street Church on 8 Street NE. Check out the Bridgeland Basketball Club Facebook Group at: <https://www.facebook.com/groups/280959028686938>

History Interest Group: Our group is focusing on learning more about our rich history in Bridgeland - Riverside, raising awareness and preserving our history. We are also interested in old photos and in talking with people who have stories from the past. Contact Deb Lee 403 265-1597 or Sharon McKendrick at 403 263-5098.

TUXEDO PARK

Tuxedo Park Community Association

Hall: 202 29 Avenue NE

Ph: 403-277-8689

Editor: communications@tuxedoparkcommunity.ca

TUXEDO HALL EVENTS CALENDAR

March 13 at 7:30pm - **Tuxedo General Meeting**, all welcome

March 20 at 7:00pm - **Tuxedo Park AGM**, all welcome

March 21 at 6:00-9:00pm - **Tuxedo Kids Dance**, Tuxedo Hall, \$3/child, food and snacks

April 11-13 Hall Love Fest! Our Hall needs some love, come by and help us paint, fix and love our hall. Going on all weekend, more details to come, all skills levels needed.

CRESCENT HEIGHTS

Crescent Heights Community Association

Hall: 1101 - 2nd Street NW

Hall Rentals: Call 403-804-5600

Newsletter email: chcaview@gmail.com

Empties For Equipment! Crescent Heights High School's monthly drop-off bottle drives. Thanks for helping support various clubs and teams - your donations make a huge difference to us! Drop-offs take place the second Saturday of the month - **Mar 8, Apr. 12, May 10, June 14**. Thanks for your continuing support!

Programs at the hall

SUNDAYS: Pentecostal Church Public Service 10am - noon

MONDAYS: Fitness Class 5-7pm, call Lana 403-999-5373

Dance and Fitness 7:30 - 9:30pm.

TUESDAYS: CHCA Traffic and Planning Meetings - open to public

WEDNESDAYS: Tai Chi 7:30 - 9:30pm

THURSDAYS: Fitness Class 5:30-8pm. For info call Lana 403-999-5373

For more a more detailed Hall Calendar and for event and activities contact information please visit:

<http://www.calgaryarea.com/nw/crescenthts/calendar/diary.asp>

HIGHLAND PARK

Highland Park Community Association

Hall: 3716 - 2nd Street NW

Hall Rentals: Call 403-276-6969

Newsletter email: highlandparkeditor@gmail.com

Highland Park Play Group: Parents and little ones ages 0 - 5 years

When: Mondays 9:30 - 11:00am (unless it is a holiday)

Where: Jubilee Church 458-35 Ave. NW

For more information contact: Carla Rae Shaw at 403-475-0742 or shaw.cr@gmail.com. This group is run by local community residents.

Hall Programs:

Karate: Mondays, 6:15 - 7:15pm (kids), 7:30 - 9:30 (adults)

Boot Camp: Mondays, 7:00 - 9:00pm (adults)

Martial Arts: Tuesdays, 7:00 pm - 9:30 pm & 6:30 - 10:00 pm

Irish Dancing: Wednesdays, 5:00 - 9:00pm

Boot Camp: Wednesdays, 7:00 - 9:00pm (adults)

Martial Arts: Thursdays, 7:00 pm - 9:30 pm & 6:30 - 10:00 pm

For information regarding any of the above, please call Gaitri at the Community Hall at 403-276-6969.

Northminster United Church 3311 Centre Street N

Community Connections Night - March 5 at 7pm. Free! Healthy Aging:

Vitality and the Art of Optimizing Health and Aging Gracefully

Family Movie Night - Come see Disney's newest movie *Frozen!* March 21, 6:30pm. Free! Children must be accompanied by an adult.

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March 26 is Purple Day Around the World - Get Involved!

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- In Calgary, it is estimated that approximately 18,000 people have epilepsy – many of whom are children
- Epilepsy is much more than a medical diagnosis. For many, it is a stigmatizing social label that can have devastating consequences
- Epilepsy does not exist in isolation

Let's Get People Talking About Epilepsy!

- Wear purple on March 26 to help spread awareness and show your support for people affected by epilepsy
- Watch for the lighting of the Langevin Bridge on March 26 – it's going PURPLE!
- Call us to request a no cost learning session about epilepsy and seizure first aid for you classroom, social group, day care or work place
- Call us to request a PURPLE DAY poster and pins
- Send us your photos and stories
- Call us with questions, concerns, or if you just need to talk to someone

Epilepsy Association of Calgary (403) 230-2764

www.epilepsycalgary.com



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Join Morag Northey the Walking Cellist

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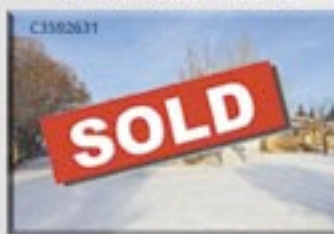
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