

The Crescent
View

July/August 2014

OFFICIAL NEWSLETTER OF THE CRESCENT HEIGHTS COMMUNITY ASSOCIATION



**Crescent Heights
Stampede Breakfast,
Sunday, July 13, 9 to 11am**



Properties listed or sold in Crescent Heights by Richard Palibroda

1312 3 ST NW - 432 4 ST NW - 1437 2 ST NW - 114 10 AV NW - 112 10 AV NW - 109 11 AV NW
111 9 AV NW - 146 4 ST NW - 1422 2 ST NW - 209 10 AV NW - 219-12 AV NW - 215 13 AV NW



Rosedale
\$499,800
renovate or build
37&1/2 x 120
west lot

1220 AV NE - 1401 1 ST NE - 2010 AV NE - 2010 AV NE - 216 4 AV NE - 209 5 AV NE

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**Send me an email if you would like auto HOME searches for watching
new listings or sales in Crescent Heights or other neighborhood's.**

Crescent Heights Community Association

Member of the Federation of Calgary Communities

**1101 - 2nd Street NW
Calgary, Alberta T2M 2V7**

CHCA activities and operations is provided through volunteer community members and a volunteer board of directors, whose common interest is to advance and enhance the quality of life to CHCA residents, and promote partnership and cooperation between residents and businesses of Crescent Heights.

Volunteer Board of Directors

403.276.1002 + extension # below

President	Daniel Dang, 403.355.0058	(01)
Secretary	Leslie Marion	(02)
Treasurer	Dan Shield	(03)
Communications / Events	Mike Jankovic	(04)
Parks / Environment	Sheena Johnson	(05)
Traffic Issues West	vacant	(06)
Traffic Issues East	Kellee Grounds	(07)
Building / Planning	Darlene Jones	(08)
Director at Large/Spec. Projects	Stephanie Ho Lem	(09)
Past President	John McDermid	(00)

Volunteer Managers and Police

Hall Rentals Manager	Marlene Zaharichuk, 403.804.5600	(99)
CHCA Events Line	Mike Jankovic	(88)
Newsletter Editor	Elizabeth Stady, 403.245.3331 chcaview@gmail.com	(89)
Memberships	Jonathan and Alison Martin curmudgeon9@shaw.ca	(87)
Newsletter Distribution East	John McDermid	(86)
Newsletter Distribution West	David Leisaunieks	(85)
Community Playgroup	vacant	(84)
Community Rink Manager	Tim Edwards	(83)
Crime Prevention/Blockwatch	Jack Lawson	(82)

Comm. Liaison Officer: Cst. Dominique Laporte, 403.567.6300
District 3, #3241

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The material contained herein is copyrighted and may not be reproduced without authorization. Letters and submissions from community members are always welcome. Please mail or drop off at the Hall mail slot at 1101 - 2nd Street NW, Calgary, Alberta T2M 2V7, or submit materials via email to chcaview@gmail.com

Opinions expressed in the *The Crescent View* are not necessarily those of the Crescent Heights Community Association or of the publisher.

Advertising inquiries?

Please email: ellisevansdesign@shaw.ca

More information on page 6.



www.calgaryarea.com/nw/crescenthts/crescent.htm

President's message

by Daniel Dang

I am sitting here on my front steps this beautiful first day of summer, writing this edition of my President's message to our Crescent Heights residents. Although it's still early in the morning, the sun is quite strong. This is a reminder for everyone to remember to put on sunscreen, if you are expected to be outdoors for any length of time, during our short but intense summer.

Earlier, I had received an email from a resident who had written to report and complain about the noise of a recent event held at our community hall on May 18th. On behalf of my board colleagues, I apologize for the (repeated) inconvenience as we get a handle on the hall rental situation to minimize and hopefully curb, these type of hall rentals. Despite our effort in reviewing the recent spate of hall rentals, and scaling back the deadlines for the termination of events, this one obviously got out of hand, given that according to the email, "It's 4:00 am and the party at the hall is in full swing again...."

After this disturbing incident, I and my board colleagues have spent considerable effort, with some help from our hall rental manager, to sit down and review all the hall rentals going forward. We cancelled a number of events, on extremely short notice, and only allowed the event on May 18th to go forward, with the promise that the event was to end by 1:00am. Based on our hall rental manager having personal knowledge of the person who was renting the hall, and by her account, who appears to be a reputable business person, we had exercised our discretion and did not cancel this one event. I guess we were wrong in our judgement, and despite our best efforts, again fell victim to our own generosity. Obviously, like the affected resident who wrote to us about the event, the CHCA board of directors feel that we were abused and victimized.

In the coming weeks, we will continue to work in partnership with the Federation of Calgary Communities, the City of Calgary, and Calgary Police Service, as we embark on implementing a more structured facility rental management program, with guidelines of best practices in other community associations. The rental application and review process will be a lot more comprehensive, and more time consuming, and will therefore result in increased costs to the association and its potential renters. However, even under the best practices guidelines for hall rental management, we still cannot be sure that someone is not going to abuse

- Continued on page 4

President's message cont. from page 3

our goodwill and privilege that we entrust upon them for the use of our hall for "the quiet family get-together – turned all out, overnight party?" I will continue to update our residents on progress in this area.

On other fronts, our traffic and planning committee has been very busy this past couple of months dealing with the City to manage rush-hour cut-through traffic, but like everyone dealing with the City, they are caught up in the red-tape of dealing with the traffic division, whose goal is to move traffic, and not respond to concerns over cut-through traffic in the inner-city communities. Kudos go to Kellee Grounds in keeping this issue alive with the City.

There has been new development proposals for multi-residential structures at 404-3rd Avenue NE (DP2014-0887), and of course, the formal development permit application for the Calgary Homeless Foundation's proposal for 426/428-2nd Avenue NE (DP2014-2576). I had previously provided my personal comments on the latter project. Whatever your opinion is, for or against, please go ahead and write the City's development and planning department, with reference to the above files.

In addition to these happenings, the CHCA has now successfully dealt with the Community Facility Enhancement Program (CFEP) in tidying up some details on our files, and have restored our eligibility for grants from this program. Kellee Grounds has again submitted a new application for funding support for our proposed playground to replace the one at the northwest

corner of Crescent Park, which faces imminent removal by the City due to the use of chemically treated wood which may be harmful to the little residents of our community. We are hopeful that we will receive funding in time for the planned fall installation of new structures. If you are able to, please donate and or help out in this very worthwhile playground project.

As promised in last month's newsletter, you can find the full bylaws of Crescent Heights Community Association at: www.calgaryarea.com. Just follow the links to Crescent Heights and it will be there. Along with the applicable amendments, as we had received recently from Alberta Registry. I will hold off on commenting on our existing bylaws until September, but I encourage everyone who is a member of the CHCA to read these bylaws closely, as it governs the operation of the CHCA. For those who are not yet a member, perhaps after reading these bylaws, you will feel that irresistible urge to become a member of the CHCA, and if so, you will find a membership renewal / registration form on page 13 of this fine publication.

Finally, after having dealt with the above matters, and much, much more, the CHCA once again extends our invitation to all of our members and residents to come out to our annual CHCA Stampede Breakfast, to be held on Sunday, July 13th, 2014, between 9:00am and 11:30am. I am hoping that the weather will be nice, but if not, we can always move our activities indoors. We have live music, pony rides, face painting, and lots of good food and fun. Admission is free for all CHCA members, or \$5.00 for all non-members. Last year, we ran out of food for the second year in a row, so we'll be sure to increase our food order for this year. Snow, rain, or sun - see y'all there!

**Names you know...
names you can trust!
Serving your community!**



***Tony and Bob
invite you to
join them for a
Stampede BBQ,
at Nicastro's
Public House.***

(2820 Centre St NE)

***Sat, July 12
1 - 4pm***

***Food, fun
and entertainment.
Great prizes!***

***Raising money for the
Tuxedo Community Hall!***

Community play time and picnic in the park

Come out and join other moms, dads, babies, tots and kids in the neighbourhood for a potluck picnic and play time in the park on the third Thursday of July and August. This is a great opportunity for those new and old to Crescent Heights and surrounding communities to meet other families in the neighbourhood. Picnic will go rain or shine.

Date: Thursday, July 17th and Thursday, August 21st

Time: 11:30am - 1:30pm

Where: Crescent Heights playground by the Crescent Heights Community Hall (just south of 12th Avenue and 3rd Street NW)

What to bring in your picnic basket: a lunch dish to share with others, as well as your own reusable plates/cups/utensils and a picnic blanket.

*Depending on interest we may also host another play time and picnic in September.

For more information and to RSVP (so we can properly plan the number of people attending) please contact Rhonda at: rhonda@jewett.ca or 403-909-8555.

Newsletter editorial deadlines

The Crescent View is published ten times per year. Please email your articles or event listings, as an attachment in MS Word, to Elizabeth Stady at chcvview@gmail.com.

Editorial deadline: The 10th of each month for the following month. For example: To be published in the June issue, the deadline is May 10. Special September issue deadline: August 5 (to accommodate all the 'back-to-school' material).

Remember: the July/August issue is combined into one publication and so is the December/January issue. The deadlines for these two issues are June 10 and November 10 respectively.

Historic Calgary Week

Join The Chinook Historical Society as we once again explore Calgary and area during our 11 day Historic Calgary Week. Our aim is not only to acknowledge history but to also celebrate it. Three of the best things about Historic Calgary week is that it encourages you to visit many places where you have never been, see history from an entirely new point of view, and spend time with your friends and family.

Join us for a tour of the 100 year-old Palliser Hotel, visit a newly rejuvenated Bowness Park, and find out about our oldest cemeteries and the history makers buried there, the choices are almost endless.

2014 also marks the centennial of the First World War's beginning, a war that was supposed to last a few weeks, but changed Canada forever. These are just a few of the more than 60 walks, talks, and presentations you will be able to attend and enjoy this year, most are free, some require registration. To view a full schedule of our events please go to www.chinookcountry.org

Free Stampede breakfast

You are invited to a Stampede Breakfast at Crescent Heights Baptist Church on Saturday, July 5th from 9:00-10:30am. We are located at 1212 - 1st Street NW. Come and enjoy a great breakfast in front of the church on 1st Street NW!

- Pancakes
- Sausages
- Friendly conversation!
- Baked beans
- Fresh fruit

The cost is FREE! Everyone is welcome!

A special "thank you" to
Yoka Hulkenberg
for helping to deliver *The Crescent View*.
Your volunteer efforts are
very much appreciated!



Park n' Play & Stay n' Play are coming to Crescent Heights!

Aug 11th – 15th, 2014 at 1101 - 2nd Street NW

Park n' Play FREE

Ages 6 to 12

10 a.m. – 3:30 p.m.

Stay n' Play FREE

Ages 3 to 5

10 a.m. – noon

**Join in the fun with games, crafts,
and other age appropriate activities!**

Play Faster This Summer!

Save time and line-ups on the first day by pre-registering for Park n' Play and Stay n' Play. Pre-registration does not guarantee entry. Entry to these programs is on a first-come, first-served basis. We encourage you to supply us your information by pre-registering prior to program starting to help you save time filling out forms at the program when you arrive.

Visit Calgary.ca/cns for more details

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Downsizing your home

For some homeowners, downsizing comes from the desire to live the 'Core' lifestyle, where location takes precedence over square footage. For others, typically empty-nesters, it means leaving a familiar neighborhood, a house full of memories and comfortable lifestyle.

Either way, transitioning into a much smaller space can be physically and emotionally exhausting. If you find yourself overwhelmed by the sheer thought of de-cluttering, here are a few tips to make this daunting task a little easier.

Start 3-4 months before the move!

- Deciding what to keep requires taking a hard look at the lifestyle you are transitioning into. A good pair of walking shoes takes up much less space than a treadmill.
- Start editing the areas with items that have less sentimental value, like the kitchen, garage and storage areas. This will give you momentum for the more difficult decisions.
- Do a sweep through the house, room by room and deal with the trash first. Toss or recycle anything that is in rough shape and won't sell.
- Only keep the 'good' stuff. Translation: each room will say goodbye to 50% of its contents. Ask yourself...what **can't** I live without?
- There will be many items you find difficult to let go of. Make this agreement with yourself: "I will put the items in storage. If I don't need or use them within six months, I promise to give, sell or throw them away".
- Try a color-coded system using stickers to organize your boxes: basement/blue, office/orange, etc. Label the contents of each box before you tape it up. Trust me, you won't remember what's in the 'basement' box after the move.

While small space living certainly has its perks, such as less cleaning and lower energy bills, it also means limited storage and fewer places to 'hide' the excess. Space is at a premium, so take on a minimalist attitude and only keep what you use on a regular basis.

Look for Part 2 in the September Issue; "Streamline Your Move".

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THE CRESCENT VIEW

is the official newsletter of the
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Marlborough • Marlborough Park

Mt. Pleasant • Winston Heights

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Neighbourfest 2014

Celebrating Diversity, Building Community

September 14, 2014, 2pm to 5 pm

Italian Cultural Centre, 416 - 1st Avenue NE, Calgary

Neighbourfest is an initiative of the Neighbour to Neighbour (N2N) Committee, an affiliate of the Crescent Heights Community Association. N2N is a group of Crescent Heights residents who are committed to improving the safety and security in our area, and creating a community where people want to live, work and play. We recognize the diverse cultures and lifestyles of residents who call Crescent Heights their home.

This year we are planning a family event to showcase and celebrate the diversity of the Crescent Heights community. There will be something for everyone! Come and taste foods from several countries, learn to play bocce, listen to entertainment for the family and get a henna tattoo. Children can have their faces painted, explore inside a police car, bounce in the bouncy castle and be entertained by a musician/magician! Adults can try international beer in the Cantina /Beer Garden...and much more! We hope to see you there!

Ward 7 Councillor's message

by Druh Farrell

For many Calgarians, the ability to find a safe and suitable place to call home is becoming increasingly difficult. Calgary is experiencing a severe rental housing crisis, worsened by the 2013 flood.

More and more, Calgarians are asking for secondary suites. Applications for basement and laneway suites are up many-fold. Support is wide-spread: business and community leaders, Calgary Chamber of Commerce, Calgary Economic Development, the Calgary Homeless Foundation, the United Way, and Calgary's universities and colleges all support moving forward.

Regulated secondary suites have a number of benefits. For home owners, suites can provide extra revenue and a helping hand to seniors wanting to age in place, or help young families entering the housing market. They

are also a simple and market-driven solution to the growing problem of housing affordability at no cost to the City.

Calgary is one of the last cities in Canada to allow secondary suites. Other cities that have adopted similar rules have experienced an uptake of only 10% of suites in any given neighbourhood as well as a decrease in illegal suites. With the approval of secondary suites, I want to ensure that we encourage good neighbours. My motion requested that the new bylaw address common concerns such as spill-over parking, overshadowing and overlooking for garden/laneway suites, and landlord responsibility.

I have been a vocal advocate for secondary suites since I was first elected in 2001. Council has debated this topic many times over the years, resulting in incremental changes that are overly complicated and confusing. Several years ago, Council made the decision to allow secondary suites in all new communities and we have seen an increased interest in those neighbourhoods and throughout the city.

Growing cities like Calgary need to change and adapt to market realities. With the right mix of regulation and enforcement, secondary suites can help neighbourhoods adapt and flourish while providing affordable housing to residents. If you are interested in the laneway housing pilot currently underway, please check out druhfarrell.ca.

Inglewood Bird Sanctuary flood tours

Come visit the Nature Centre to learn more about the flood and to participate in tours of the flood affected areas. Free, one-hour guided walks of the flood damage started Saturday, May 10 and continue until Sunday, September 14.

Space is limited, so please visit calgary.ca/parksprograms for information on how to preregister for these walks.

Date: Various dates from May to September

Location: Inglewood Bird Sanctuary

Rosedale Playschool's school year is coming to an end, but it's not too late to register for the 2014-2015 school!

We still have spots available in our 3 year old afternoon class! Please check out the Playschool website at www.rosedaleplayschool.com for more information about registration and our play based philosophy. We are also accepting students to the wait lists for any full classes.



1317 - 1st St. NW

Contact us at rosedaleplayschool@gmail.com or check out www.rosedaleplayschool.com for more information.

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Tues to Thurs: 11am - 7pm

Fri: 11am-5pm

Sat: 10am-6pm Sun: Noon-4pm

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Calgary Reads- read aloud 15 minutes!

There are many wonderful reasons to read aloud every day. It's a great excuse to cuddle up with somebody special; it's the perfect opportunity for you and your child to talk about books (and possibly to groom your little one for future book club participation); and it's an ideal excuse for you to practice your silly voices and funny faces. Research shows that reading aloud with children is the single most important thing you can do to prepare a child for reading and learning.

Reading aloud to young children for as little as fifteen minutes per day has been shown to positively influence brain development in very young children, with birth to age three being critical years for the development of language skills. Reading aloud to preschoolers boosts language development, since the number of words a child knows upon entering kindergarten correlates with future academic success. Vocabulary, phonics, comprehension and storytelling are all literacy skills that reading aloud helps to build. Don't stop reading when your child grows older, big kids love a read aloud story too!



Reading aloud stimulates young imaginations and instills a love of reading. And when you read aloud with your child, you become a role model, demonstrating the importance of learning and reading to you and to your family. Getting into the habit of reading aloud with school-aged children during the lazy days of summer is an effective way to halt the summer slide of forgotten knowledge and can even create gains in your student's knowledge and reading skills.

To learn more about early literacy, the importance of reading and to get parent and family resources see www.calgaryreads.com



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Heat Related Illness



With the return of warmer weather, Alberta Health Services EMS would like to remind citizens to stay safe in the heat and sun this summer. While children and the elderly can be more susceptible to the effects of heat, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

Heat exhaustion

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and / or humid environment (indoors or outdoors).
- Patients may suffer headaches, weakness, fatigue, nausea / vomiting, thirst, chills, and profuse sweating.
- The patient is usually cold and damp to the touch and the skin may appear pale or dusky gray.

Heat stroke

- Heat stroke is a medical emergency that requires prompt treatment. It can be fatal.
- It occurs when the body can't cool itself naturally (e.g. perspiration). The body's temperature will continue to rise to dangerous levels.
- Due to severe dehydration and the inability to sweat the patient may appear flushed and skin may be hot and dry to the touch.

First aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.
- Remove excess or tight fitting clothing and allow them to rest in a cool environment.
- If the patient is conscious and alert, provide suitable fluids such as water, juice, or a sports drink.
- If you are concerned, seek medical attention or call 9-1-1.

Prevention

- Stay well-hydrated by drinking plenty of water.
- Limit alcohol consumption as alcohol dehydrates you.
- Always wear a broad brimmed hat to keep the sun off your face and neck.
- Apply waterproof sunscreen with an SPF of 50+, especially for children. The sun's UV rays peak between 10am-4pm, even on cloudy days.

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Area Events and Resource Guide

Community



PARK 'N' PLAY and STAY 'N' PLAY PROGRAMS

PARK 'N' PLAY

For ages 6 to 12, 10am - 3:30pm. Park 'n' Play is a free outdoor drop-in program. Join in the fun with games, crafts and other activities. Children will be divided into two age groups where possible (ages 6-8 and 9-12), with age appropriate activities planned.

STAY 'N' PLAY

For ages 3 to 5, 10 a.m. - noon Stay 'n' Play is a free outdoor drop-in program. Join in the fun with games, crafts and other activities. An adult/guardian, whose participation in the programs is mandatory, must accompany their child/children throughout the duration of the program. For the best program experience and supervision of your child, we strongly recommended that parents/guardians attend the program with no more than two children within this age group.

Date	Location
July 14-18	Marlborough Park, 6021 Madigan Dr NE Whitehorn, 228 Whitehorn Road NE
July 21 - July 25	Renfrew, 828 - 8 Avenue NE Temple, 167 Templegreen Rd. NE
July 28 - Aug 1	Pineridge, 6024 Rundelhorn Dr. NE
Aug 5 - Aug 8	Sunnyside, 211 - 7 Street NW
Aug 11 - Aug 15	Rundle, 2409 - 50 Street NE Crescent Heights, 1101 - 2 Street NW
Aug 18 - Aug 22	Marlborough, 636 Marlborough Way NE Vista Heights, 1820 Valleyview Road NE Winston Heights/ MountView, 520 - 27 Ave NE

Play Faster This Summer! Save time and line-ups by pre-registering for Park 'n' Play and Stay 'n' Play. Pre-registration does not guarantee entry. Entry to these programs is on a first-come, first-served basis. We encourage you to supply us your information by pre-registering prior to program starting to help you save time filling out forms at the program when you arrive. Visit calgary.ca/cns for more details.

POOL BUS

Free drop-in program is for kids ages 6-16.
A bus will pick up the participants at the playground on Goddard Ave. NE, and bring participants to the Thornhill Aquatics Centre (6715 Centre St. N), where they will participate in a free supervised swim at no cost. Waiver forms (signed by a parent or legal guardian) are required for this program and will be supplied each night. Ages 6 - 16 years.
Pickup at 303 Goddard Ave. NE
Dates: Tuesdays, July 8 - Aug 19, 6 p.m. - 8 p.m.



YOUTH DAYS

A skill development program designed to provide youth aged 12-17 with the opportunity to learn a new skill that will be useful in their lives while having a fun, engaging experience.

Mon - Thurs from 1 to 3pm
July 7 - 17 at Forest Lawn Artbox, 1807 42 St. SE
July 21 - 31 at Forest Lawn Community Association, 4020 - 26 Ave SE

MOBILE SKATEPARKS

Summer Hours (June 27 - August 26)
Mon - Fri 11 a.m. - 7 p.m. Sat - Sun 10 a.m. - 6 p.m.
Stat holidays Closed (July 1st and August 4th)
July 18 - 31, Marlborough Park, 6021 Madigan Dr NE
August 2 - 25, Village Square Leisure Centre, 2623 - 56 St. NE
Skatepark Competition: Marlborough Park, July 27, 4 - 5:30 p.m.
This is a community-based skateboard event series that includes a skateboard competition and great tunes! To ride ramps, a signed waiver is required. The top three riders from each event will be invited to the final event on Aug. 21 at Village Square Leisure Centre Mobile Skatepark

FAMILY EVENTS

Lawn Chair Theatre - Free! Bring your lawn chair, enjoy great snacks and live entertainment for the entire family. 6:30 - 8:30pm
Thursday, July 17 Highland Park, 3716 Second Ave. NW
Thursday, Aug 07 Bridgeland Riverside, 7A St. and Centre Ave. NE
Thursday, Aug 21 Bridgeland Riverside, 7A St. and Centre Ave. NE
Thursday, Aug 21 Crossroads, 1803 - 14 Ave

YOUTH VOLUNTEERS

Are you looking for an opportunity to volunteer with us this summer? If you are over the age of 12 years and are interested in volunteering in one of our awesome summer programs, please visit our volunteer opportunities site to find out how to Play-while-you-volunteer this summer.

RUNDLE

Rundle Community Association

Hall: 2409 - 50 St. NE
Hall Rentals: Call 403-280-4752
Newsletter email: rumbles@shaw.ca

Park & Play: coming August 11 to 15 from 10am to 3:30pm

The **Rundle Summit Pub** at the hall - **Rundle's best kept secret!**
The Summit Pub also offers pool tables, dart boards, as well as cribbage games on Tuesday and euchre on Thursdays. Wing night is still on Wednesdays. Families are welcome! **New menu!** Check it out!

TEXAS HOLD'EM ON Saturday nights at 7pm

NOTE: taking a break over the summer.

Crib Night at the Rundle Summit Pub! Tuesdays 7 to 9pm

NOTE: taking a break over the summer.

Karaoke at the Rundle Summit Pub! Bring your singing voice and warble your favourite tune!

VOLUNTEER TODAY!

MOUNT PLEASANT

Mount Pleasant Community Association

Hall: 602 - 22nd Avenue NW
Hall Rentals: Call 403-282-1314 or email: hallrentals@mpca.ca
Newsletter email: publicity@mpca.ca

Mount Pleasant Outdoor Pool: Opened June 7th!

Swimming Lessons - Swimming lessons are available throughout the summer in 8 separate week long sessions running from 9am-1pm each day.

Private Rentals - For private rental inquiries please call the pool at (403) 221-4288.

Special Event - Day in the Park, MPCA Community Hall Sunday August 10, Noon to 4pm. Everyone Welcome!

Pleasant Times - Upper Hall, 602 22 Ave. NW

Pleasant Times is an adults-only group that meets at 1pm on the 2nd Wednesday of each month in the Upper Hall, 602 22 Ave. NW. Join us for good conversation, games, refreshments, and the opportunity to add your ideas for outings and other activities.

Trip to Rosebud Theatre for "Chickens": Thursday, July 17th
\$88.20 per person, including motor coach transportation, delicious buffet lunch, lunch tip, GST, and, of course, the play.

Trip to the Fairville Hutterite Colony: Monday, September 15
\$25 per person, including motor coach transportation, delicious roast chicken lunch, tours, and the chance to buy baking and fall produce

Book Club - 4th Tuesday of the month from 7 to 9pm in the Lower Hall.
Our July 22nd book will be *The Art of Racing in the Rain* by Garth Stein.
Our August 26th book will be *Best Laid Plans* by Terry Fallis
Our September 23rd book will be *The Shack* by William Paul Young.

MPCA Playgroup - General registration for the 2014/2015 season for the public will begin July 1, 2014, and can be done through the MPCA website. The Mount Pleasant Playgroup is a parent and tot playtime in the MPCA lower hall. Membership is open to all families with infants and pre-school aged children. Programs are held Monday to Friday mornings from 9:30 am to 11:30am. For more information you can email mpp.chair@gmail.com.

calgary.ca/cns | contact 311



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Connections

Area Events and Resource Guide

CROSSROADS

"I live in Crossroads!"

Crossroads Community Association

Hall: 1803 14 Avenue NE Ph: 403-277-6201

Hall Rentals: Call the hall at 403-277-6201

Newsletter email: convenor.editor@gmail.com

Facebook page: <http://on.fb.me/fqqlG>

Vista Heights Park n' Play & Stay n' Play: August 18th - 22nd
Location: 1820 Valleyview Rd NE

Stay n' Play FREE. For ages 3 to 5, 10 a.m. - noon

Stay n' Play Participants must be accompanied by an adult/guardian

Park n' Play FREE. For ages 6 to 12, 10 a.m. - 3:30 p.m.

Crossroads Summer Festival - Aug 9, Vista Heights Skating Rink
11:30am to 4pm. Carnival-style games, face-painting, a watermelon-eating contest and much more! For more information please call 403-276-1263. Volunteers needed! A variety of volunteer shifts and positions are available between 9:00am-5:00pm for adults and youth age 12 and up. Contact Melody at (403) 472-8189 or volunteer@calgaryfamily.org for more details and to sign-up today!

Crossroads Preschool Summer Camps - For 3 - 6 year olds. Camps are \$120/week and run from 1:30pm - 4pm. A minimum of 4 children are required for each camp to run. Call Jenn at (403) 640-4967 or email at jhohenstein12@gmail.com. Each camp revolves around a theme, so all the games, crafts, snacks are based on that theme. The camps and their respective dates are as follows:

Beyond Earth - Exploration of Outer Space	July 14th - 18th
Medieval Times - Princesses, Knights & Dragons	July 28th - August 1st
Dr. Seuss	August 5th - August 8th (This camp is \$100)
Wizards and Fairies	August 18th - August 22nd

UPCOMING EVENTS

Pub Night - July 25 at 7:30pm

Crossroads Summer Festival - Aug 9, Vista Heights Skating Rink

Pub Night - August 29 at 7:30pm

BRIDGELAND-RIVERSIDE

Bridgeland Riverside Community Association

Hall: 917 Centre Avenue NE

Ph: 403-263-5755, Hall email: hall@brccalgary.org

Newsletter email: newsletter@brccalgary.org

Visit our web site at: www.brccalgary.org for a complete listing of programs and classes.

Bridgeland Riverside Farmer's Market: every Thursday at the hall from 3:30-7:00pm to October 9. Local food, music, art and crafts. Interested in becoming a vendor? Email brfmassociation@gmail.com.

TUXEDO PARK

Tuxedo Park Community Association

Hall: 202 29 Avenue NE

Ph: 403-277-8689

Editor: communications@tuxedoparkcommunity.ca

TUXEDO HALL PROGRAMS AND EVENTS

Jazzercise at Tuxedo Hall: Tuesdays and Thursdays - 5:30pm visit www.tuxedoparkcommunity.ca/events for more info

Upcoming Events:

July 12, **Car Show at Tuxedo Park:** Come to Tuxedo Park, and check out all of the cars! Concession will also be available.

Friday, August 8 at 8pm, **Movie in the Park**, all welcome

Aug 23/24, mid-day, **Dog Agility Competition**, free to watch

CRESCENT HEIGHTS

Crescent Heights Community Association

Hall: 1101 - 2nd Street NW

Hall Rentals: Call 403-804-5600

Newsletter email: chcaview@gmail.com

CHCA Stampede Breakfast, Sunday, July 13 from 9-11am.

Please bring your own plates and utensils and make sure your community membership is up-to-date. Admission is free for all CHCA members, or \$5.00 for all non-members.

PROGRAMS AND EVENTS AT THE HALL

SUNDAYS: **Pentecostal Church Public Service** 10am - noon

MONDAYS: **Fitness Class** 5-7pm, call Lana 403-999-5373

Dance and Fitness 7:30 - 9:30pm.

TUESDAYS: **CHCA Traffic and Planning Meetings** - open to public

WEDNESDAYS: **Tai Chi** 7:30 - 9:30pm

THURSDAYS: **Fitness Class** 5:30-8pm. For info call Lana 403-999-5373

For more a more detailed Hall Calendar and for event and activities contact information please visit:

<http://www.calgaryarea.com/nw/crescenthts/calendar/diary.asp>

HIGHLAND PARK

Highland Park Community Association

Hall: 3716 - 2nd Street NW

Hall Rentals: Call 403-276-6969

Newsletter email: highlandparkeditor@gmail.com

Happenings at the Hall :

Karate: Mondays, 6:15 - 7:15pm (kids), 7:30 - 9:30 (adults)

Martial Arts: Tuesdays, 8:00 pm - 9:30 pm & 6:30 - 10:00 pm

Martial Arts: Thursdays, 8:00 pm - 9:30 pm & 6:30 - 10:00 pm

July 17 - **Lawn Chair Theatre** 6:30-8:30pm

HPCA Music in the Park Series

Tuesday, July 8th - 6-8 pm - Party in the Park

Tuesday, July 29th - 6-8 pm - Pasta in the Park

Tuesday, Aug 19th - 6-8 - Peace in the Park

For information regarding any of the above, please call Carolyn at the Community Hall at 403-276-6969.

RENFREW

Renfrew Community Association

Hall: 811 Radford Road NE Ph: 403-230-7055

Hall Rentals: Call 403-230-7055 and leave message.

Newsletter: newsletter@renfrewcommunity.ca

Renfrew Bingo - The little hall with the big payouts!

Saturday and Monday evenings. Nickel Games at 6:10pm, regular games at 6:50pm, Satellite at 8:45pm. Concession open.

Renfrew Stampede Day - Saturday, July 5. Calgary's most famous community-run Stampede Breakfast and Evening Beer Gardens. Free pancake breakfast, live music, canteen, kids' carnival, beer gardens, line dancing, and more!! All day event!

Chinook Country Line Dancers perform at 7pm in the RCA Stampede Beer Gardens!

Renfrew Curling League: Registration starts late September

We are a fun, adult league - emphasis is on having fun, learning and improving curling skills. Please call Guy Nelson at 403-230-7076 for more information.

Renfrew Community Pub (Social Room)

MARLBOROUGH

Calgary Marlborough Community Association

Hall: 636 Marlborough Way NE Ph: 403-273-5894

Hall Rentals: Call 403-273-5894 or email

calmarca@telus.net

Newsletter email: cmccnews50@yahoo.com

Open Stage nights - July 26, Aug 23

Jam sessions in The Fireside Lounge - all welcome. Always looking for musicians to sing or play, and an audience to entertain. Music starts around 8:00 p.m.

STAMPEDE PANCAKE BREAKFAST - Sat, July 12 from 9 to 11am

Time to dust off the cowboy hat & boots and head on down to the Calgary Marlborough Community Stampede Breakfast! Music, children's activities and plenty more! See you at the Community Hall on Saturday, July 12 from 9 - 11 - rain or shine!

MARLBOROUGH PARK

Marlborough Park Community Association

Hall: 6021 Madigan Drive NE

Hall Rentals: Call 403-248-1775

Newsletter email: marlpark@shaw.ca

UPCOMING EVENTS:

Stampede Supper - July 3 from 5 - 8pm

Outdoors-In - July 7-11

Park n' Play, Stay n' Play - July 14-18

Community Mobile Skate Park - July 17-Aug 1

Leggo Contest - September 20

AT THE HALL

Marlborough Park PreSchool: There are still a few spaces available. Please call the office at 403-248-1775. Parent Orientation Night on September 3, 2014 at 7:00pm.

Summer camp in July 2014. *A'il of This & That* summer camp is on July 28, 2014 - August 1, 2014 for ages 3-5 years old from 9:00am - noon or 1:00pm - 4:00pm.

Cost for the 5 days camp is \$80. Come join us for fun of games, arts and crafts, cooking, story-telling, and songs!

Registration forms are available at the office.

WINSTON HTS - MOUNTVIEW

Winston Hts - Mountview Community Association

Hall: 520 - 27 Avenue NE

Hall Rentals: Call 403-276-5474 or

Email hallmanager@winstonheights.ca

Newsletter email: newsletter@winstonheights.ca

Park n' Play and Stay n' Play: August 18 - 22, 2014

Stay n' Play - 10 a.m. - 12 p.m. (ages 3-5 with parent or guardian)

Park n' Play - 10 a.m. - 3:30 p.m. (ages 6-12)

Visit WHMCA website for more information.

Fitness Classes for the Older Adult : Classes \$5/person. These classes are drop-in, no need to register, just come out and enjoy! The dates for classes will be as follows:

Book Club: For more information contact Mary-Beth Walsh at marybethwalshn2@gmail.com or at (403) 209-1691.

Community Casino Call for Volunteers: It may be early, but we are beginning the search for volunteers for our annual Community Casino night. The dates for the fundraiser are Tuesday, August 19 and Wednesday, August 20, 2014 at the Elbow River Casino. For more information: Email: communications@winstonheights.ca
Subject: Casino Volunteer

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- Vehicle Inspections
- Brake flush
- Tires/Batteries
- New car and old car scheduled maintenance



Owner: Earl Reimer

403-277-8621
1212 Edmonton Trail NE



July 2014 CHCA Calendar

- 01 CHCA Traffic & Planning Meeting 7-9pm
- 08 CHCA Board Meeting 7:30-9pm
- 13 CHCA Stampede Breakfast 9-11am. Please bring your own plates and utensils and make sure your community membership is up-to-date.
- 15 CHCA Traffic & Planning Meeting 7-9pm
- 22 CHCA Traffic & Planning Meeting 7-9pm
- 29 CHCA Traffic & Planning Meeting 7-9pm

August 2014 CHCA Calendar

- 06 CHCA Traffic & Planning Meeting 7-9pm
- 12 to 16 Photography Camp at the Hall from 8am – 4pm
Call Kelly at 403-630-0140 for information.
- 13 CHCA Board Meeting 7:30-9pm
- 19 to 23 Photography Camp at the Hall from 8am – 4pm
Call Kelly at 403-630-0140 for information.
- 27 CHCA Traffic & Planning Meeting 7-9pm

July/August at the Hall

- SUNDAYS:** Pentecostal Church Public Service 10am – noon
- MONDAYS:** Fitness Class 5-7pm, call Lana 403-999-5373
Dance and Fitness 7:30 – 9:30pm
- TUESDAYS:** CHCA Board and Traffic meetings - all welcome!
- WEDNESDAYS:** Tai Chi 7:00 – 9:00pm
- THURSDAYS:** Fitness Class 5:30-8pm
For info call Lana 403-999-5373

For more a more detailed Hall Calendar and for event and activities contact information please visit:
<http://www.calgaryarea.com/nw/crescenthts/calendar/diary.asp>

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Off the Shelf

Book review by Judith Umbach

The Bishop's Man

by Linden MacIntyre



Duncan MacAskill is a fixer. Father Duncan MacAskill is a fixer for his Bishop. He is *The Bishop's Man*. Well-respected Canadian journalist Linden MacIntyre combines a talent for story-telling with an investigator's relentless pursuit of truth to explore the mid-life crisis of a man who can no longer suppress his conscience. Duncan MacAskill needs fixing.

Given a dose of his own medicine, he finds himself the parish priest for the New Brunswick area where he grew up. Families have gone through a generational change – his contemporaries have almost-adult children, divorces, money problems, and worries about the integrity of the Roman Catholic Church. With no experience in parish life, Father MacAskill is either tongue-tied or utters unconvincing platitudes. His efforts at involving parishioners in "activities" fail. He is as uninspired as his flock.

Father MacAskill has no answers for the overwhelming issues of his parish. Opinions differ about the fishery either failing or being put out of

business by a conspiracy of big companies and the government. Alcohol lubricates all social interactions and many silent nights. Sexual identity and rumours about sexually predatory priests in the neighbourhood intertwine into deadly consequences. Duncan seemingly can do nothing to address these real problems. His own vices loom ever larger in his mind.

Although *The Bishop's Man* masterfully explores contemporary themes in Canadian life, the intricate plotting carries the novel beyond the immediacy of our times. Duncan MacAskill is a person confronted with his own demons and actions. His enforced solitude in the community and his clumsy attempts to help others are in sharp contrast to his previous professional esteem and competence. Self-questioning causes him to doubt his own history. Certainty, once his hallmark, crumbles as he loses grip on his own beliefs and direction. How can such a flawed man help the parishioners who want salvation, or at least comfort?

Support your Community!

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Crescent Heights Community Association Membership Application Form

Please mail this form
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Dog Bite Prevention

"Safety is our top priority. We see so many dog bites every summer that could have been prevented and many times it's children who are bitten because they are so trusting," says Alvin Murray, Animal & Bylaw Services (ABS) North Operation Manager.

"Teaching ourselves and our children how to stay safe is the best way to prevent a dog bite."

ABS has a few tips to help ensure people and pets interact in a safe and responsible way. Many of these tips also apply within your own home and with your own pets. ABS is also seeing an increase in dog bites to children in their own homes.

Safety around dogs

- Always stay away from stray dogs even if you think you know the dog.
- Never try to break up a fight between two animals even if one is your own.
- Never tease a dog, or do anything that may hurt it.
- Never take away a dog's food or bone, or pull a toy from his mouth.
- Never disturb a dog that's sleeping or eating.
- Never approach a dog that's with her puppies.
- Stay away from a dog that has been tied up and left alone in a public place.
- Always keep your face away from dogs.
- Never run away from a dog that scares you. Instead, stand like a tree by making your hands into fists and placing them under your chin. Stand still,

do not speak to the dog, and look at the ground. Never stare into the dog's eyes. Doing these things will show the dog that you are not a threat.

Meeting a dog

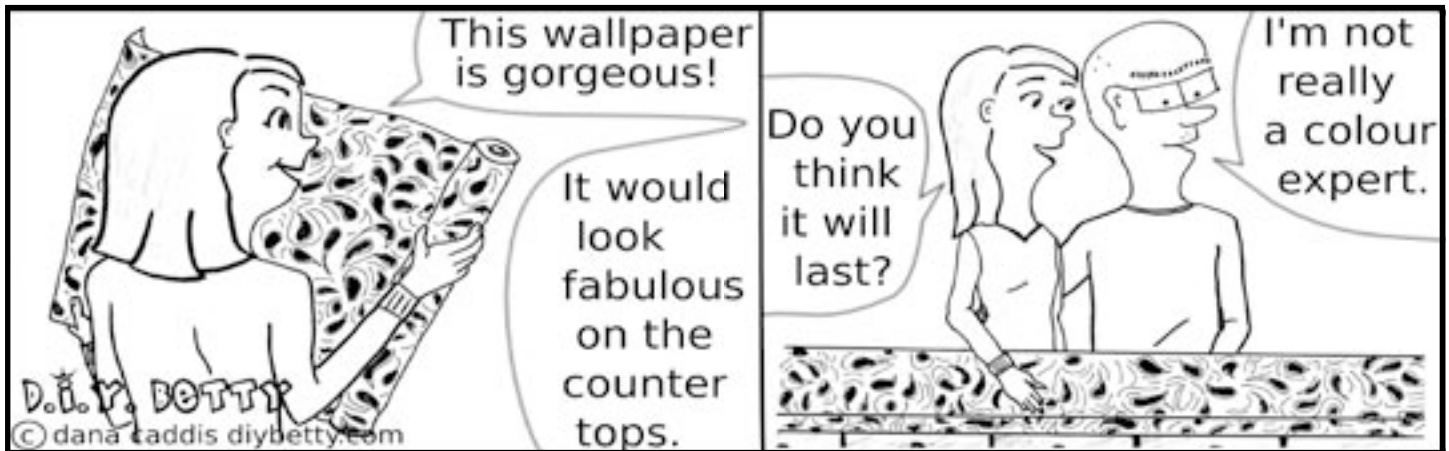
- Always ask the owner's permission to pet the dog first.
- If the owner gives you permission to pet the dog, let the dog sniff your hand, being sure not to place your hand in its face.
- Pet the dog gently under the chin. Do not pet the dog on its head, as not all dogs like to be touched on the top of their heads.



Dog owners

- Neuter your male dog. Unneutered dogs may be more aggressive than neutered dogs.
- Control your dog at all times.
- Do not encourage aggressive behaviour by playing rough or pulling toys or bones from your dog's mouth.
- Properly socialize your dog.
- Keep your dog out of situations you know may cause problems.

For more information on how to prevent dog bites and other animal-related services in Calgary visit calgary.ca/animalservices or call 311.



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