

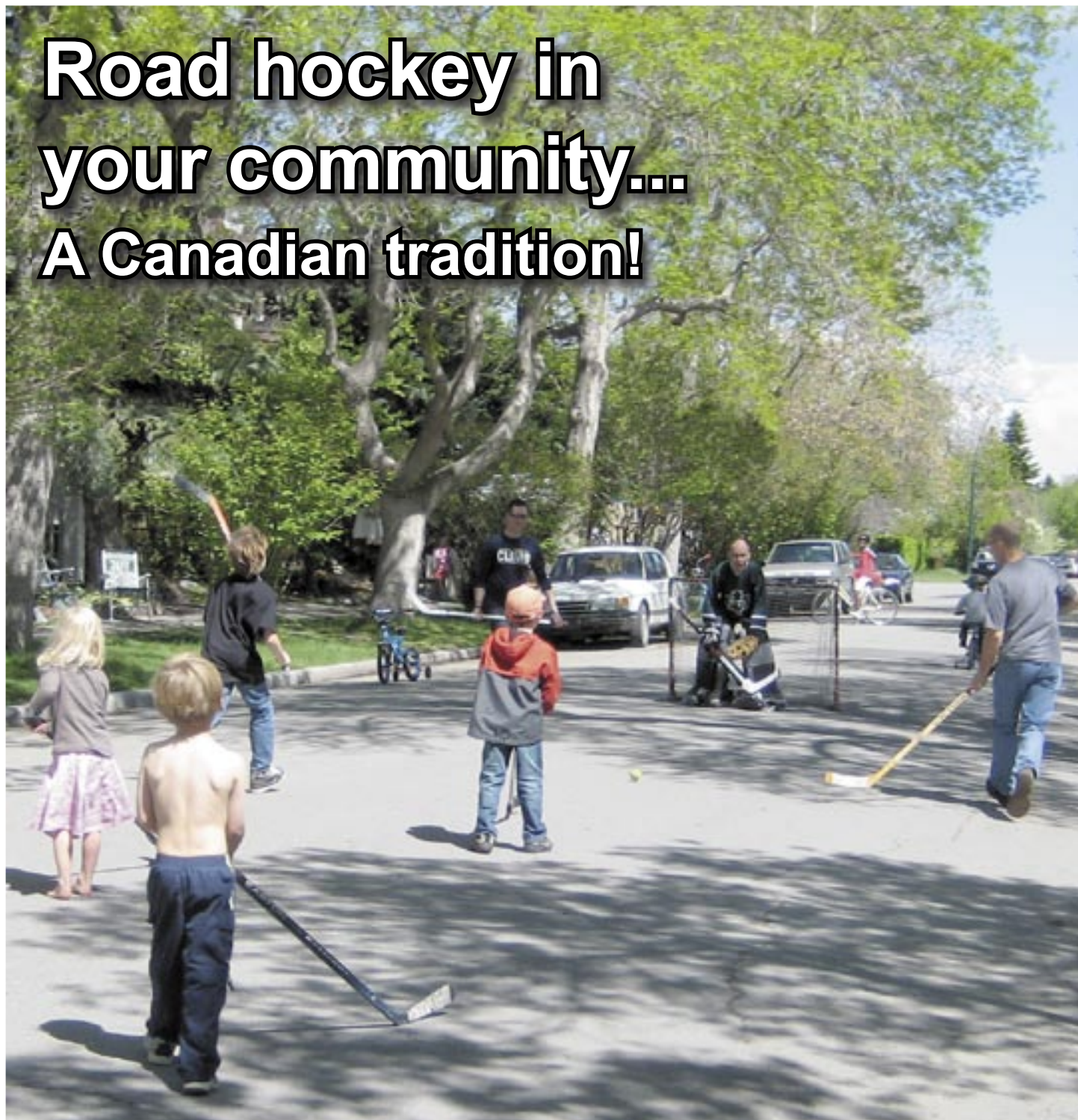
• The Crescent View

NEWSLETTER OF THE CRESCENT HEIGHTS COMMUNITY ASSOCIATION

September 2010



Road hockey in your community... A Canadian tradition!



Palibroda

Crescent Heights Community Association

1101 - 2nd Street NW
Calgary, Alberta T2M 2V7

For community and hall information visit
www.calgaryarea.com/nw/crescenthts/crescent.htm

Volunteer Board of Directors

President	John McDermid	277-8653
Treasurer	Daniel Dang	355-0058
Secretary	Anne Underwood	277-0249
Planning	Darlene Jones	
Traffic	George Wowk crescentheightstraff@gmail.com	
Parks	Sharon Anderson-Marr	276-1831
Business Liaison	Daniel Dang	355-0058
Hall Operations	Dan Shield	
Communications	Penny Smith smithpenny@shaw.ca	
Block Watch	John McDermid	277-8653
Environment	Rob Elliot	
Past President	Connie McLaren	230-0224

Committees

Hall Rentals	Marlene Zaharichuk	804-5600
Hall rental inquiries will be answered in two to three days		
Playgroup	Stacie Banks stacie_banks@yahoo.ca	670-6872
Memberships	Jonathan and Alison Martin curmudgeon9@shaw.ca	
Babysitting Co-op	Tonya Fleming	260-7037
Rink Manager	Tim Edwards	606-9303
Block Watch	John McDermid	277-8653

Inquiries and comments can be emailed to:

chcboard@hotmail.com

Member of FCC

Comm. Liaison Officer: Dominique Laporte 284-3393
District 3, #3241

**Community and Block Watch
email list contact Penny Smith at
smithpenny@shaw.ca**

The Crescent View is published 10 times per year, free of charge, by Ellis-Evans Design Ltd for the Crescent Heights Community Association. *The Crescent View* is distributed to all households within Crescent Heights by your neighbours.

The material contained herein is copyrighted and may not be reproduced without authorization.

Letters and submissions from community members are always welcome. Please mail or drop off at the Hall mail slot at 1101 - 2nd Street NW, Calgary, Alberta T2M 2V7, or submit materials via email to elizhancok@shaw.ca

Editor Elizabeth Hancock 245-3331
elizhancok@shaw.ca

Advertising Please visit www.ellis-evans.com

Distribution Manager

Penny Smith smithpenny@shaw.ca

NW Circulation Sharon Anderson-Marr 276-1831

NE Circulation Penny Smith smithpenny@shaw.ca
(NE-North of 8th Avenue)

Opinions expressed in the *The Crescent View* are not necessarily those of the Crescent Heights Community Association or of the publisher.



www.calgaryarea.com/nw/crescenthts/crescent.htm

President's Notebook

by John McDermid

More details have emerged in respect of the replacement facility for the much-loved wading pool in Rotary Park. As indicated here in the last issue of *The Crescent View*, word of funding for a new facility was made known in June. Daniel Dang and I were happy to make the trek up to a neighbouring park in the Tri-wood communities for the announcement in mid-July. The money is federal in origin and our Member Parliament and fellow Crescent Heights resident Jim Prentice made the announcement for a brand new splash pad for kids at the site of the existing wading pool. Some residents are disappointed to learn that the new water feature will not be a pool as such, but rather a recreational water feature with no standing water. It is a bit of a disappointment to lose our old (old-fashioned) wading pool, but the enormous volumes of water that typically went to drain the pool nightly and refill it each morning in season, plus the occasionally alarming bacterial situation, make this new facility the more water-wise option by far. I'm not sure if I understood the timeline correctly or not, but I believe the new water park should be up and available to cool the kiddies off on hot days next season some time. Many thanks to MP Jim Prentice for bringing this very good news and this important recreation resource to our community.

The 2010 CHCA Stampede Breakfast went off smoothly on July 11, this year on the first Sunday of the Greatest Outdoor Show on Earth, rather than the last one. As those of you who attended know, we set up inside the hall this

year for the first time due to some threatening skies and some vicious mosquitoes that were waking in the wet grass that Sunday morning. Thanks to Sharon Anderson-Marr and her crew of dedicated volunteers for making the event possible. We delivered once again on the all-important Maple Syrup question, having decided a year ago to opt for the real deal, and those in attendance seemed to enjoy the difference. We are Canadian, after all, which means we can and do resist the temptation to drink the syrup right out of the bottle or pour it in one another's hair. Thanks to all for their restraint in this regard for the second year in a row. And thanks once again to the Crazy Bones band, who once again lit our event up with their beautiful music.

Plotting and planning (especially "plotting") continue apace for the Crescent Heights Community Garden. The CHCA board passed a motion in July approving funding for a garden designer, and the committee has been busy surveying residents adjacent to one of the sites under consideration. I would have thought that a community garden would be the very best of neighbours, but some residents have voiced objections to the site, and the committee is in the process of evaluation those objections and responding. The next steps will be to work out a detailed budget and determine the exact relationship between the community association and the garden and its tenders. We hope with a solid off-season planning cycle and a quick start in 2011 to have the garden built and planted

- Continued on page 5

**Gar-
den
Grace**

**GET
RIPPED**

**Heal
Bridge**

Gutter Doc

President's Notebook, cont. from page 3

for the season next year. It is a great crew that forms the community garden committee and a pleasure to watch them work.

I believe next year will mark my tenth year of engagement and involvement with CHCA. I've had a great deal of fun over that time and I have met many amazing people here in Crescent Heights and in other Calgary communities. I know there is always a bit of arm twisting as the Annual General Meeting approaches in terms of enticing residents to put their names forward for election to the CHCA Board. Each year a few members cycle out and we find ourselves in need of new (or returning) board members to fill those vacancies. Please give it some thought over the fall and winter and see if you might want to take a term on the CHCA board. We can generally accommodate volunteer board members' particular areas of interest. For the entire time I have been a part of it, the CHCA Board has worked well and collegially and always pragmatically to advance

the interests of our community. We each do what we are comfortable in doing in terms of each board member's level of commitment. We continue to be in good financial health and are able to meet the challenges that our facility and programs present from time to time. So please think about whether you might want to throw in with us. Our monthly board meetings are on the second Tuesday of the month and are open to all CHCA members, as are our Traffic and Planning meetings on the first and third Tuesdays, so you can drop by almost any Tuesday to the hall and see how we roll. Community associations always depend upon volunteers for their very life blood and periodic infusions of fresh blood are always necessary.

So as we head back to school or to work from a summer break, another autumn is upon us. Watch *The Crescent View* as always for events and updates on what's happening in and around Crescent Heights, the Village in the City.

Newsletter Editorial Deadlines

There are new deadlines for submitting articles/events to *The Crescent View*.

The Crescent View is published ten times per year. The July/August issue is combined as well as the December/January issue.

Other than September, articles/events for the Crescent Heights newsletter are now due on the 10th day of each month. Please email your articles, as an attachment in word document form, to Elizabeth Hancock at elizhancock@shaw.ca.

Thanks to the Lamond family, Jennie Marchinko, Patricia Salt and Keiko Hinatsu for the recent donations to the community association.

Your support is greatly appreciated!



The *Crescent View* is published ten times a year and is available for pick-up at Gardens' Grace on Edmonton Trail, as well as The Urban Baker, Boogies Burgers, Subway, Joshua Tree, Crescent Heights Convenience, Second Cup on Centre Street, Center Convenience, Just-In Liquor, Peter Pan Convenience Store, Lamda Centre, New Asian Market, Video Game Trader and St. Vladimir's Ukrainian Orthodox Church.

The *Crescent View* is delivered by volunteers to all households but it is very hard to deliver to condominiums or apartments due to building access, etc. If you would like to have enough copies for units in your condo or apartment building, please contact our distribution manager Penny Smith at smithpenny@shaw.ca.

A special
"thank you" to
The Shield Family
for helping to deliver
The Crescent View.
Your volunteer
efforts are very much
appreciated!

Calgary Square Dancers

Crescent Heights Plant Exchange

Sunday, September 12th, 2009 (rain, snow (!) or shine)

Is it time to thin out some perennials to make space for something different next year? Would you like to add some new plants to your garden? The Crescent Heights Fall Plant Exchange will assist with these plans! Due to the success of our spring exchange and popular demand, Crescent Heights is holding a fall plant exchange.

For those of you who plan to thin out your perennials, please divide them; plant them in small pots, label them and bring them to the exchange. We will have reference material available in case you are not sure what your plants are.

- Bring your plants to the Community Hall (1101 – 2nd Street NW) at 1:50 pm on Sunday, September 12th for set up.
 - The exchange/sale will run from 2 – 2:45 pm. If you have nothing to exchange, you can purchase a pot for a mere \$2 with the proceeds going to the Crescent Heights Community Association!
- Please bring exact change for your transactions.
For further information, please contact Sharon Anderson-Marr at: 403-276-1831 or sandersonmarr@shaw.ca.

Crescent Heights Community Garden

The community garden planning team took a little break over the summer, but will be back in full swing in the fall. In the fall we hope to:

- Finalize the location
- Start the design work – hire a garden designer
- Complete an initial budget for the garden
- Apply to the City of Calgary for Community Garden Approval
- Apply for grants to fund the garden

If you would like to be on the mailing list, would like to contribute to design discussions or would like more information contact Stacie Banks at: stacie_banks@yahoo.ca or call 403-670-6872.

Crescent Heights Playgroup

Fall in to Play!

After our August break the playgroup will be up and running (literally) for the first week of September (Wednesday, September 8th). The playgroup's aim is to provide caregiver/parent supervised unstructured free play for pre-school aged kiddos (0-4 years). We love to see babies and encourage moms to come for some social time; even if their babes are not 'playing'. There is a great variety in languages and cultures in the group and new

members are ALWAYS welcome. The group isn't just about play; it also gives both moms and caregivers a chance to see other adults and get to know the community.

We are still looking for suggestions to improve the group for the fall, so bring your ideas to group or drop Stacie an email.

When: Wednesday 10am -11:30am Starting September 8th

Where: At the Crescent Heights Community Center

Cost: FREE to Community Members and Associate Crescent Heights Members (folks outside Crescent Heights are welcome to join for 20\$/year)

Who: Parent and/or Caregiver with any number of children at any age – babies included.

What to Bring: There are toys and books at the Hall, so just bring yourselves, indoor shoes for running if the weather is nasty, and snacks for your kids.

Questions? Contact Stacie Banks at: 403-670-6872 or stacie_banks@yahoo.ca

Rosedale Playschool

Rosedale Playschool is looking forward to our 3rd year in the Wildrose Church. Excitement is in the air with school about to start!

With the help of many community members, parent volunteers, and children, our 'Children's Garden' is growing! With the help of a grant from the Crescent Heights Community Association, we've added some beautiful wooden benches from Devonian Gardens.

Playschool Information Night is on September 9th, and Playschool starts on September 13th (for the 4's and the 3-4's) and the 14th for the 3's. Mark your calendars for our second annual "TINY TREASURES SALE" on October 16th!



Children with Devonian Garden bench

BRIDGE DENTAL

**Kinder
Musik**



Keeper

**Water
Solutions**

**Hughes
House**

A & G

**Apple
Inn**

**City of
Calgary
2010
Mu-
nicipal
Election**

2010 Crescent Heights Community Association Stampede Breakfast

By Sharon Anderson-Marr

The community board members hosted another successful Stampede breakfast on Sunday, July 11th. The weather looked a bit threatening first thing in the morning and continued to look like that throughout the event. Clouds raced by, but no rain fell. Organizers debated whether to risk setting up outside, but decided to play it safe and stay inside. Our own Crescent Heights-based Crazy Bones band could actually be clearly heard this year; when outside, their music seemed to waft away. Their sound is just wonderful – how nice to hear it! Approximately 250 adults and children lined up for pancakes and sausages.

Rob Elliot has become a pancake maker/manager extraordinaire. He rules his flipping team firmly. Reprimands fly if pancakes are turned before the bubbles have started to pop; don't dare get any raw batter on the flipper; and don't start any new pancakes unless the line-up is sufficient (as determined by Rob). As a result of his effective leadership, the pancakes are fabulous. On the sausage front, John McDermid and Dan Shield have honed cooking those to a fine art. No grill is exactly the same and different parts of the grill surface heat to different temperatures. It takes real skill to cook sausages properly and keep them warm. The sausages were just perfect!



Local small-poke on pony.

Once again, the ponies from Griffin Valley Ranch were a BIG hit. Funny how those little steeds attract so many little girls and the fire-truck was a magnet for young fellows. Pony ride management was effectively handled by the Pony Whisperers Damon Johnston, Ted Nott and the Griffin Valley team. The City of Calgary sent two firemen with a wonderful big red fire-truck! A couple of young leaders from City Parks and Recreation manned a face painting table and had a steady stream of small customers waiting their turn for a make-over. Small cowboys and girls whooped it up on some wonderful hobby horses created by Anne Underwood from items from the recycle bin. Nothing like a sheet of cardboard, a length of pipe insulation, some garden twine and a little imagination to amuse the young set!

A couple of politicians could be seen mingling easily with the crowd: our Ward 7 Alderman Druh Farrell and David Swann, leader of the provincial Liberal Party. It's pleasant to have relaxed chats with these key individuals and we appreciate them taking the time to join us.



Dude Alert! John McDermid and Dan Shield serve up some breakfast.

This event is made possible by the following board members who spent the early morning setting up tables and griddles:

- Anne Underwood (responsible for all set-up);
- John McDermid (President and grill manager);
- Dan Shield (sausage chef);
- Penny Smith & Sharon Anderson-Marr ("project management");
- Rob Elliot (pancake management and preparation);
- Darlene Jones and Daniel Dang (working on their pancake flipping certification from Rob Elliot);
- George Wowk and Connie McLaren (general assistance).

Alison and Jonathan Martin, community volunteers who maintain our membership list, headed the membership renewal table and handed out paper plates as proof of either up-to-date membership or payment. Bev Rodgers supported them in this critical activity.

Responding to our need for additional help, the following Crescent Heights residents stepped up allowing other members and guests to enjoy their breakfasts:

- Laurie Allen;
- Diane Altwasser;
- Larry Dziuba;
- Wayne Giles;
- David and Astrid Hobill;
- Mike Jones
- Dennis Marr;
- Charlotte Nott
- Nancy Stapeley and Nicole Elliot;
- Marion Whiteley and Rune Teigland and their relatives visiting from Norway – Serge, Siri and Bernice Meyer.

Many thanks go to these folks – and apologies to anyone we may have missed!

A whole-hearted thank you goes to Garden's Grace Coffee Shop & Garden Boutique on Edmonton Trail at 9th Avenue NE, which generously provided coffee and tea served by owner, Maureen O'Brien Symon and her daughter, Lauren Symon. There were many comments on how wonderful their coffee was.

We hope you were able to enjoy this annual event and we look forward to seeing you next year.

Ballet Classique (Methusela)

Now Accepting 2010 Registrations For September!

Ages 3++ and Adult Classes

Studio Location NE (Bridgeland/Crescent Heights)

Calgary's Most Comprehensive Dance Program!

Bringing Passion and Joy To Dance!

(403) 245-4346 www.balletclassiquemethusela.com

Email: balletclassiquemethusela@hotmail.com



Moscow Ballet opens Swan Lake auditions - ages 12 - 15



The Moscow Ballet, in conjunction with Calgary's Ballet Classique Methusela, will be proudly hosting open auditions in Calgary Sept. 4 2010, for their November production of Swan Lake.

Through the Moscow Ballet's Educational Outreach Program, the company will give 12 local children (ages 12-15) the chance to audition and then perform with it's renowned professional dancers, in the Moscow Ballet's November production of Swan Lake. Russian born and trained, Anna Dorosh, will lead auditions.

Ballet Classique Methusela is thrilled to be moving into the more central community of Bridgeland this September. Ballet Classique Methusela offers the city's most comprehensive ballet program. Through their small class sizes and personalized instruction, students develop a love of dance, music and movement. They also develop strong bodies and a thorough knowledge of the history of dance. Over the course of the year, students follow the Royal Academy of Dance's syllabus and can take their ballet exams at the end of the dance year. Classes commence September 13.

Ballet Classique Methusela's dance program teaches poise, self assurance and stage presence. These attributes are regularly used during the variety of performances in which BCM's students participate, including the Moscow Ballets yearly performances.

Open auditions for the Moscow Ballet and the rehearsals will be held in Crescent Heights. Ms. Sara-Lynne Dewar and Mr. Pawel Kolodziejczyk from Ballet Classique as well as Mrs. Linda Yap will be conducting rehearsals. For more information contact Sherry at sherrylh@gmail.com or Sara-Lynne at balletclassiquemethusela@hotmail.com

de Waal

Classified Promo

104 Scouts

Stanley Jones Route to Roots Historical Garden Project Update

by Connie McLaren

To review; the R2R Historical Garden Project is a series of gardens, to be connected with a pathway system. Each garden represents a particular historical aspect to the school, the community and to the city at large. Plaques in each garden explain the connection to the past. In phase one the Healing Garden represents the use of the school as a hospital during the 1918-1919 Great Flu Epidemic; the Sensory Garden talks about the development and implementation of the Deaf and Hard of Hearing program by the CBE, and still taught at Stanley Jones. Each of the three community gardens (Renfrew, Crescent Heights and Bridgeland) tell how the school played a roll in the resident's life as they grew up in these great neighbourhoods. Even today, those same communities continue to be designated to Stanley Jones. Vegetable gardens, planted each spring by students, harkens back to when Victory Gardens sprouted up in the area during the great wars. The Aspen Forest and Grasslands area is one garden that has generated a few calls to the school office. The historical aspect to this garden is that Calgary is situated at the boundary between the Foothills

Aspen lands to the west and the Prairie grasslands to the east. In light of this we were letting the grass grow long beneath the aspens. A few concerned citizens called to suggest we needed to cut our long grass. We then realized that we hadn't been very good at getting the message out about why we were leaving the grass long, so we cut it for the summer. However we are interested in hearing from all of you who are reading this article -- would you like to see the grass cut in the Aspen Forest or would you prefer to leave it uncut and let it head out, reminiscent of the undulating waves prairie grasses? You can email your preference to rckhound@shaw.ca or call 403-230-0224 and leave a message.

In late spring the R2R Committee spent considerable time in looking back at what we've accomplished so far; what worked, what needed some tweaking and what wasn't working, if anything. We felt this was a good time to address any issues, as it is the conclusion of phase one of the R2R project.

This scrutiny resulted in some modest changes including, for spring 2011, raised vegetable (Victory) gardens, located in one area. This change was implemented for better weed control and ease for student planting. The overall "route" has been shortened and gardens will be concentrated along

the 8th Avenue side. The many sandstones, donated a number of years ago by Hopewell Development Corporation, will be moved and integrated into the gardens. They will form seating around the sandpit; outline pathways, become seating in some gardens, provide protection to shrubs, trees and plants and generate landscape interest in others. The chicken wire and rebar has been removed due to safety concerns of the school and parents. New weed maintenance practices will be adopted, including

newspaper and landscape fabric applications. All historical connections will remain and we are looking at additional signage options to complete that part of the plan.

Phase two, including several more large gardens and the historical playground require outside funding. A CIP grant application was denied (due to lack of government funds) in early spring. We have re-applied and hope for a different outcome this time. By the way if any of you have an extra \$100,000 burning a hole in your pocket we have a great place to invest it! We also have a charitable number.

In other R2R news, our project received a Lion Award this past July. We were very pleased to receive Honourable Mention (2nd place) in the Community Revitalization category. The Calgary Heritage Authority Lion Awards recognizes citizens and groups who have undertaken initiatives, of any scale, in support of heritage conservation in Calgary. On hand to accept the award were several R2R committee members. This gala event was held at the City's Water Centre, a very interesting building just southeast of the Stampede grounds. It was interesting to note that a number of other inner-city projects/communities were honoured as well that evening....the deWaal Block, Montgomery CA, and Connaught School, just to name a few.

The 100th Anniversary plans continue to move forward albeit modestly, at this point. We are looking at approaching the CBE to have them OK an application for Provincial Historical Designation of Stanley Jones School. We may approach some of you to help us in that initiative. As in past articles, we continue to ask that if you are an alumni of Stanley Jones (or know someone who is), please contact myself at 403 230-0224 or email rckhound@shaw.ca. We are compiling a list of alumni for the upcoming Centennial in 2013 and wouldn't want to miss any of you! Thanks for reading this article.



Western Nail and Spa

Sunik

TNHT

PROGRESSIVE OPTOMETRY

The After Hours Advantage

by Laura Lushington

You're sick and can't get in to see your doctor. Waiting in emergency or a walk-in clinic for hours doesn't sound like an appealing option.

The Calgary Foothills Primary Care Network's After Hours Clinic is an urgent care centre available to patients living in northwest Calgary and Cochrane. "What we do is provide medical service to individuals who need to be seen within 24 hours," says Nowel Parsons, clinic manager at After Hours.

You can access the clinic by phoning HealthLink at 403-943-LINK (5465) where a nurse will assess your symptoms and recommend appropriate care. Your family doctor can also refer you when they have no appointments available.

"If [patients] weren't seen here they would be in a walk-in or they would be in emergency," says Parsons, who explains that busy emergency rooms don't need to see patients with strep throat or minor injuries. "That's a service we can provide."

The After Hours Clinic is open weekdays from 6 p.m. to 9 p.m. and on weekends and stat holidays from 10 a.m. to 3 p.m.

Calgary Foothills Primary Care Network is an arrangement between a group of family physicians and Alberta Health Services - Calgary to provide primary care services to patients living in northwest Calgary and Cochrane. For more information on the programs offered through the PCN, visit www.cfpcn.ca.

GREENING UP!

Putting Pests in Their Place - NATURALLY!

by L. Burton-Scheer

Nothing can take the pleasure out of a relaxing summer moment more than the annoying whine and nasty prick of a mosquito! Possibly though, you are more unnerved by that curiously bold wasp hovering around your ankles. Or perhaps what really gets your goat are the ill-mannered intrusions of the common fly – ugh! Although one of the above pests is actually considered a beneficial insect, each one can add an element of unpleasantness to an otherwise enjoyable day in the yard! Luckily, effective control of these nuisances does NOT have to mean poisoning ourselves and our pets and children!

Many alternatives to the use of harmful insecticides and herbicides are gaining notice and can be used with astonishingly good effect. Some of the strategies we will touch on here include: introducing pest parasites, predators and nematodes, companion planting, traps, and natural repellants/insecticides.

Introducing pest parasites, predators and nematodes. One of the best things you can do for your yard and garden is to ensure a healthy supply of beneficial bugs. Included in this category are ladybugs, predatory nematodes, and fly parasites. Ladybugs love to eat! But rather than eat your leaves and flowers, these cheerful looking predators are quite content to dine on aphids, moth eggs and other small insects - pests you really don't want devouring your precious flora. The fly-parasite, also called fly-predator, is actually a tiny wasp that deposits its eggs in the pupae of flies. The fly pupae act as a food source for the developing wasps, which pose no threat to either people or pets. Nematodes- unlike pest-nematodes, predatory nematodes are helpful roundworms that destroy soil-dwelling insect larvae and grubs your neighbourhood robin may have missed. Ladybugs, fly-parasites and predatory nematodes are all available for purchase. Check for sources online.

Above all, the wise gardener seeks to develop a yard that attracts birds and beneficial insects.

Companion Planting

There are a myriad of companion plantings far too extensive to go into here in great detail. However, if you are looking to repel beetles from your cucumbers and potatoes, you may want to include some scented marigolds in between the hills. Tomato, garlic and herbs such as thyme, tansy, rosemary, sage, can be used to great effect to deter many wormy visitors, including slugs! Actually, most herbs are terrific deterrents. Plant them strategically. If ants are a problem, catnip, onion, sage and lavender are reported to be very effective. Lemongrass (citronella) is also very useful in discouraging flies and mosquitoes, and is a great looking decorative grass to boot.

Traps

Traps are sometimes necessary to get rid of out-of-control pests. Although wasps are considered beneficial (they are reputed to eat other insects; something I have never actually seen) if necessary, the aggressive ones

can be trapped. A trap is easily made with empty two-liter pop bottles, and any kids who are hanging around the house with nothing to do. Cut off the top of the bottle where it becomes wide. Coat the outside of the bottle spout with jam, then insert the inverted top into the lower part of the bottle. Tape in place with duct tape. Add water to within two inches of the inverted spout, a couple of drops of detergent, and with the addition of a couple of holes, your trap is ready to hang. Wasps will find it easy to get in, but much more difficult to get out. They will drown. If vinegar is used instead of detergent, it should repel bees. If you have a fly problem, a similar type of trap made especially for flies can be purchased. You can also make your own flypaper, using 1/2 cu maple syrup, and 2 tablespoons each of dark brown sugar and regular sugar. Soak brown paper strips in this mixture over night, add string, and hang where necessary – above head level is good!

Plagued by fruit flies? These little devils are quick, but not crafty enough to find their way out of this trap! Place a piece of banana in a glass jar. Over the top of the jar stretch some self-sealing plastic wrap in which a few holes have been pin-pricked. Simply place in or near your fruit bowl, and laugh as these dumb critters are lured in.

Repellants and Insecticides

In spite of all the traps, birds, lady bugs and plants pairings, we may need to resort to other means to keep the bugs away, not only from ourselves, but from our plants. Garlic juice mixed one to five with water is a effective spray that will deter mosquitoes from the skin for up to six hours, and it can also be sprayed anywhere in the garden. Flies hate eucalyptus and citronella. Mosquitoes are also discouraged by these and cinnamon and castor oils. A mixture of any of these essential oils (30 drops) added to two tablespoons of a carrier such as alcohol, grape seed or sunflower oil, is both an effective and inexpensive remedy. Sachets smell great and can be easily made with any combination of eucalyptus, lavender, cloves, mint, sage, rosemary, lemon peel, cedar chips, etc. Hung in closets, doorways and open windows, they will repel flies and moths. Another repellent gaining popularity is Neem oil. Completely edible, as a repellent Neem oil is effective over time. Its use requires patience in awaiting results, and care in its application, but it is good for you, and available for purchase. In terms of repelling territorial wasps, it is a good idea early in the season, to place 'fake' wasp nests around the yard. These can be purchased or fashioned from brown paper bags. Each nest should discourage rivals for about six metres.

Many resources can point out creative and safe ways to deter creepy crawlers, stingers and biters. Have fun discovering why 'Green' is the way to go!

Some online sites you may want to start with are:
goodbugs.ca, yardener.com, ghorganics.com, eartheasy.com

**Druh
Farrell**

**Renfrew
Auto**

**Massage
Heights**

Deerfoot Soccer



Build Art

310 Dump

Be an Environmentally Savvy Homebuyer

Environmentally conscious homebuyers are now looking to choose a home that can provide energy efficiency and as a result reduce the impact their home has on the environment. The Calgary Real Estate Board (CREB®) Go Green Challenge is helping in that effort. The program introduces energy efficiency ratings to listings on the Multiple Listing Service (MLS®), (based on the EnerGuide rating system), and encourages home sellers to have their home rated.

EnerGuide for Houses is a Canadian program developed by the Office of Energy Efficiency of Natural Resources Canada (NRCan). EnerGuide includes a house energy evaluation where an energy evaluator tests the home to find air leakage and to rate the energy efficiency of its heating. Once you've received your EnerGuide rating and the full report, you're eligible for a \$100 rebate from the Alberta Government. An additional \$100 rebate is provided to all homeowners who have implemented the evaluator's recommendations and complete a post-evaluation by NRCan.

In receiving an EnerGuide rating, homeowners are already increasing the marketability of their homes. If they choose to make the evaluator's recommended improvements to their home, their rating can increase and as a result so can the value of their home. The EnerGuide rating also allows homebuyers to make more informed choices.

For more information on how you can join CREB®'s Go Green Challenge, visit www.crebgogreen.com.

Spanish Schools



We're on the Web!

If you would like access to the newsletter on the web, you can visit www.calgaryarea.com/nw/crescenthts/crescent and you will see The Crescent View PDF underneath the Block Watch Logo.

Business Membership

The CHCA would like to recognize business members in good standing:

Chinook Glass and Screen • The Care Group
Sharon Lutheran Church • Wild Rose United Church
Video Game Trader • Golemme & Associates Inc
St. Vladimir's Ukranian Orthodox Church



**Alberta Health
Services**

**Emergency
Medical
Services**

Back to school safety



Alberta Health Services EMS would like to remind parents and students of some basic road safety tips as streets become busier with the return of the school year. Pedestrians and motorists each have an important role to play- road safety is a shared responsibility.

Motorists

- Avoid talking on cell phones, texting, or any other behavior that diverts your attention away from driving.
- Give right of way to pedestrians who have activated overhead crossing lights or who are waiting to cross from a street corner.
- Remember it is illegal to pass vehicles, other than those that are parked, in school zones or playground zones during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop. Motorists should do likewise.
- No matter which direction you are coming from, STOP when approaching a school bus with activated flashing red lights - unless the bus is on the opposite side of a divided highway from you.
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines until fully clear of the road way.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: children learn by observing you. By teaching them safe crossing habits as early as possible you can reduce the chance your child may be involved in a preventable auto/pedestrian collision.

www.albertahealthservices.ca

LOUISE RILEY LIBRARY

1904 14 Ave NW

Hours

Mon - Thurs 10 a.m. - 9 p.m.

Fri & Sat 10 a.m. - 5 p.m.

Sun 12 a.m. - 5 p.m. (Starting September 13)

*Programs are **FREE** with your library card.*

Register in person, by calling 260-2620 or online at www.calgarypubliclibrary.com

No registration required for these programs, just drop in!

50+ Coffee & Conversation: Join us for coffee, conversation, and informal presentations of interest. Ages 50 and up. *Monday, Sep 13, 2:00 - 3:30 p.m.*

Coffee & Conversation for Moms: If you have a baby or toddler at home, bring them along and socialize with other Moms! *Tuesdays, Sep 14 to Nov 30, 11:00 a.m. - 12:00 p.m.*

Quickdraw Animation Week at Your Library: Support community action through animation during Alberta Arts Days! Drop in any time for ongoing viewings of innovative and independent community films from the Youth Animation Project. *Friday, Sep 17, 10:00 a.m. - 5:00 p.m.*

Reserve your spot for these great programs starting Aug 23!

Introduction to Adobe Premiere Elements: Have fun and learn how to edit videos. Basic computer skills required. *Thursday, Sep 16, 7:30 - 8:00 p.m.*

Living Library Information Night: Learn about this volunteer program and how you can help promote the understanding of diversity in Calgary. *Thursday, Sep 23, 7:00 - 8:00 p.m.*

Introduction to Photoshop: Learn how to edit digital images using Adobe Photoshop Elements. Basic computer skills required. *Monday, Sep 27, 7:00 - 8:30 p.m.*

Reserve your spot for these great programs starting Aug 30!

Alberta Art Days; Flower Faeries: Celebrate Alberta Arts Days at your library with local artist Larissa Johnston. How? By creating a poseable flower faery from your own imagination! Ages 8 to 12. *Saturday, Sep 18, 11:00 a.m. - 12:00 p.m.*

Alberta Art Days; Quickdraw Animation Flipbook: Celebrate Alberta Arts Days by learning about basic animation and creating your own flipbook. Ages 8 to 12. *Saturday, Sep 25, 11:00 a.m. - 12:00 p.m.*

At *your* Library



© Calgary Public Library 001179-0445



604 Royal Canadian Air Cadet Squadron Open House

**flying * gliding * survival training * band * drill * marksmanship * sports * model building
* effective speaking * biathlon training ***

For more than 50 years 604 "Moose" Squadron has provided youth aged 12 to 19 with the opportunity to develop personal attributes of leadership, citizenship, and physical fitness through training, competitions, trips and weekend survival camps. There is the Squadron's award winning military band, airplane modeling club, drill team and public speaking program.

The opportunities do not stop there. 604 is the only Squadron that owns an aircraft which it uses to develop flight familiarization. There are also a range of summer courses offered to qualifying cadets to further skills. In addition senior cadets may qualify for a power or glider pilots license, or apply for an international air cadet exchange.

All necessary equipment, uniforms, training, summer course accommodation and travel is provided without charge. After leaving Air Cadets there is neither obligation nor expectation that cadets will pursue a career in the Canadian Forces.

For additional Information please call:

403 263-0300

Or visit our website at: www.604moose.ca

Date: September 14, 2010

Time: 6:30 pm

**Mewata Armoury
801-11th Street SW**

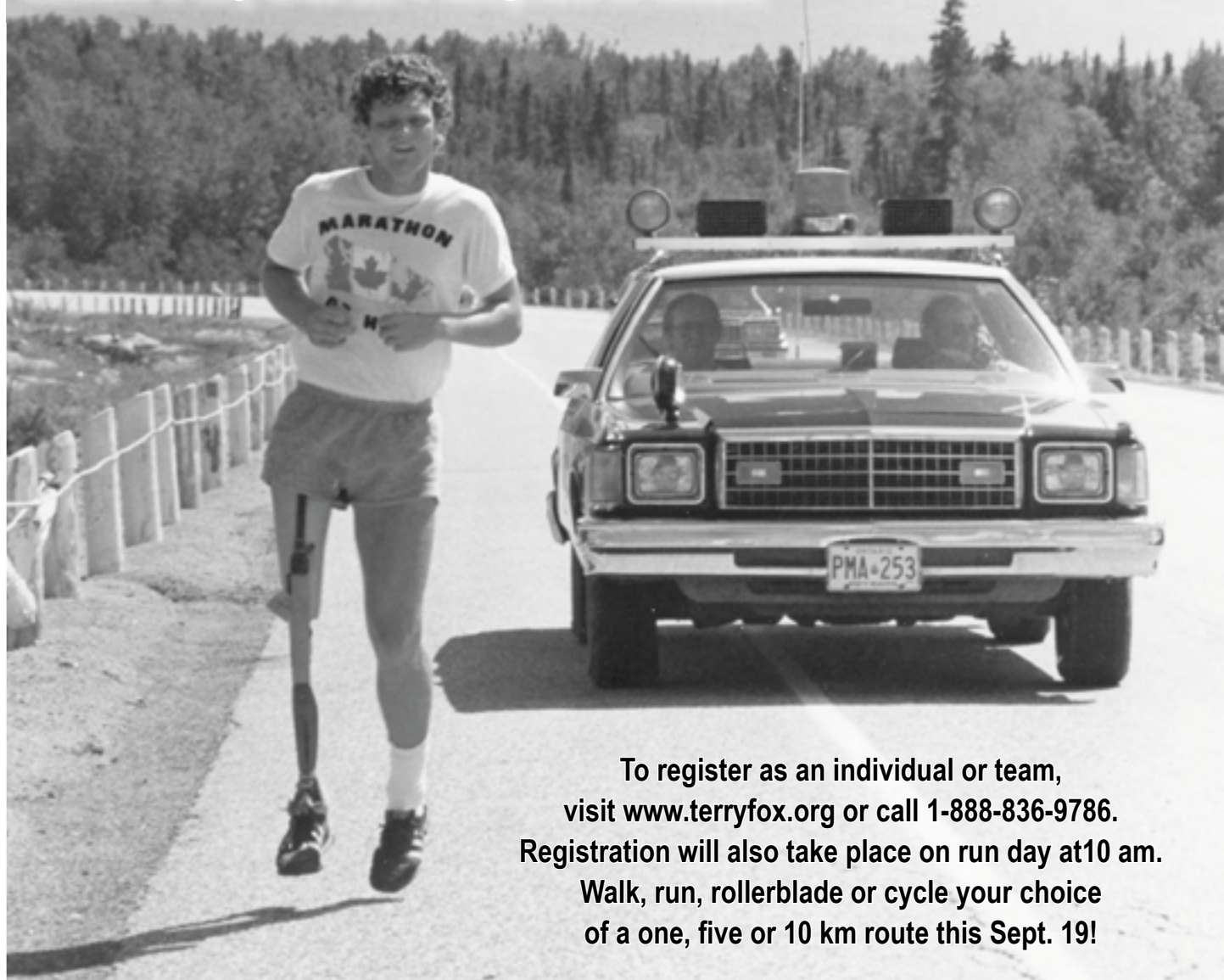


Canadian Union of Public Employees

Terry Fox Run to Celebrate 30th Anniversary

This year is the 30th anniversary of the Terry Fox Run, which is being held in Calgary on Sept. 19 at 11 am at Eau Claire Market.

The run commemorates Terry Fox, a young cancer sufferer who, 30 years ago, attempted to run across Canada to raise money for research into the disease. He died in June 1981, encouraging Canadians to carry on the task of raising funds for research.



To register as an individual or team,
visit www.terryfox.org or call 1-888-836-9786.
Registration will also take place on run day at 10 am.
Walk, run, rollerblade or cycle your choice
of a one, five or 10 km route this Sept. 19!

THE TERRY FOX RUN FOR CANCER RESEARCH

1980 **FOX** 2010

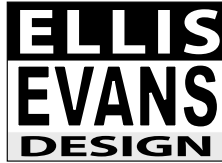


Stir Crazy

THE CRESCENT VIEW

is the official newsletter of the
**Crescent Heights
Community Association**

Proudly published by:



*Best Service
Best Quality
Best Value*

**Ten great communities
...ten GREAT
community newsletters!**

**We publish ten issues
per year in each of
these communities:**

Bridgeland/Riverside

Renfrew

Crescent Heights

Crossroads

Highland Park

Marlborough

Marlborough Park

Mt. Pleasant

Tuxedo Park

Winston Hts - Mountview

**For advertising information
email ellisevansdesign@shaw.ca
or call 403-276-8108.**

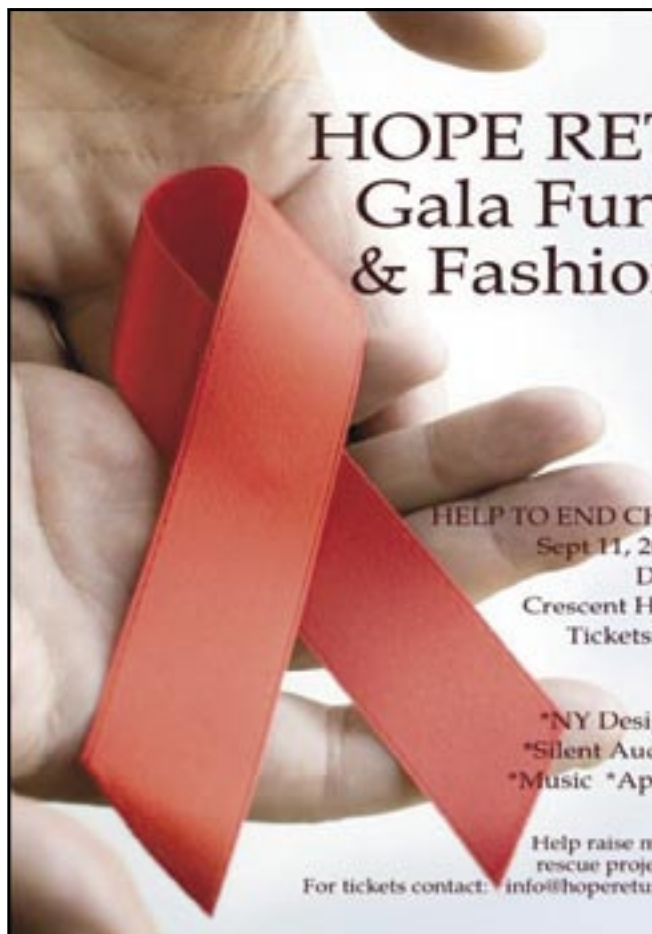


**CASH
CHEQUE**

**PLEASE RECYCLE
THIS NEWSLETTER!**



UTB



HOPE RETURNS Gala Fundraiser & Fashion Show

HELP TO END CHILD TRAFFICKING
Sept 11, 2010 7:00 to 10:00 pm
Doors open at 6:30 pm
Crescent Heights Hall - Calgary
Tickets: \$35.00 - Adults only

*NY Designer Lauren Bagliore
*Silent Auction *Fashion Show
*Music *Appetizers & Beverages

Help raise money for child trafficking
rescue projects. They need your help!
For tickets contact: info@hopereturns.org or (403) 612-4593

Time to order your Calgary Block
Parent School Calendar!



All proceeds support critical safety
programs in your community!

Order today and be automatically
entered to win a **\$500** shopping
spree from **CrossIron Mills**!

Plus ... the first 500 orders will
include 2 tickets to the Calgary
Home & Interior Design Show in
September! A \$28 value!!

Order on-line at

www.CalgaryBlockParent.ca

Or call 403.269.6460



Barb Higgins

**Area Event and
Resource Guide**

Community

Connections

Area Event and Resource Guide

Area Classified Ads



CASH
CHEQUE

All Classified ads must be prepaid
Call 403-276-8108 to book your ad.

Area Classified Ads



CASH
CHEQUE

All Classified ads must be prepaid
Call 403-276-8108 to book your ad.

Guaranteeing your child's success - reading and talking make all the difference

You know being a parent is the most important job in the world. But just how important are the 2000 days of parenting before that baby of yours hits Kindergarten? Turns out, each of those 2000 days may be a lot more important than you realize.

More and more research is showing that 85 per cent of an individual's 'brain wiring' happens between ages zero and five. This brain wiring is the foundation for reading and future academic success. This doesn't mean the majority of actual learning and knowledge happens before age five. It does mean, that without excellent wiring, kids are in jeopardy regarding maximum academic success, mental and physical health, and ultimately, economic self-sufficiency.

Just who makes sure that wiring is in place? You, as a parent! You can ensure your kids have the 5000 word vocabulary necessary for Kindergarten success.

Luckily, there's an easy, no-cost way to support your child's long-term success. These simple actions can have a profound impact on your child's success and happiness:



- **Read to your child as often and as much as you can – at least several times a day.**

Read anything and everything out loud - books, cereal boxes, street signs, grocery lists, etc. Make time to sit down with books. Cuddle up and add reading to your regular daily activities. Young children love repetition – reading the familiar over and over is okay.

- **Talk to and with your child non-stop.**

Talk in the car or on the bus about what's happening around you. Talk about the oranges at the grocery store. Talk about what the adventures of the day are going to be, what to wear, what to take as a snack, even the weather, the clouds and the birds in the sky. You may feel a bit foolish talking so much, but those 2000 days pass quickly.

Children who participate regularly in all kinds of language interactions – speaking, reading, singing, rhyming – develop strong language brain wiring and large vocabularies. These kids start school on a solid foundation and are most likely to succeed.

The wiring starts at birth. You can make a difference in your child's future.

Happy reading, singing, rhyming and talking!

This message is brought to you by Calgary Reads, a local non-profit that helps struggling grade one and two readers gain reading skills and confidence.

UCC

Please join the Calgary EMS Foundation in participating in the 11th Annual Ambulance Chasers Charity Run and Walk on October 1st, 2010, 7:00 pm. This event is a family fun run or walk with numerous prizes for participants. For more information, please contact Pat 403-955-9607 or email pat.weigel@emsfoundation.ca



Looking for former Girl Guide Members to attend an adult event on Sunday, October 3, 2010.

Make New Friends but Keep the Old is a Guiding song many will remember. This is Guiding's 100th anniversary and we invite you to come and make new friends and hopefully meet some old ones.



A come and go Homecoming tea is being held at Parkdale United Church, 2918 8th Ave NW from 1:00 to 5:00 pm. Please pre-register by emailing homecoming@calgarygirlguides.com or calling 403-283-8348, ext 222. Please leave your name and contact information. A collection of \$10 will be made at the door.

We are also collecting for the Food Bank supporting our National Initiative to eradicate poverty and Hunger.



Kevin Taylor for Ward 7

I want to represent you and be your voice

I am a results-oriented small business owner who has lived in Ward 7 since 1999.

I have heard increasing concerns from Ward 7 residents over the years regarding issues in the Ward, and in Calgary as a whole.

I pledge to provide for Ward 7 and Calgary:

- Financial Accountability
- Community Connection
- Safety in our City

Taylor-made for Alderman

VISIT US AT : www.KevinTaylorWard7.Com

CONTACT US AT : Kevin@KevinTaylorWard7.Com
Fax: 403.338.0056

MAILING ADDRESS : Kevin Taylor Fundraising Committee
104, 1240 Kensington Road NW (Suite #326)
Calgary, Alberta T2N 4X7



Off the Shelf

Book Review by Judith Umbach

Mrs. Adams in Winter

A Journey in the Last Days of Napoleon

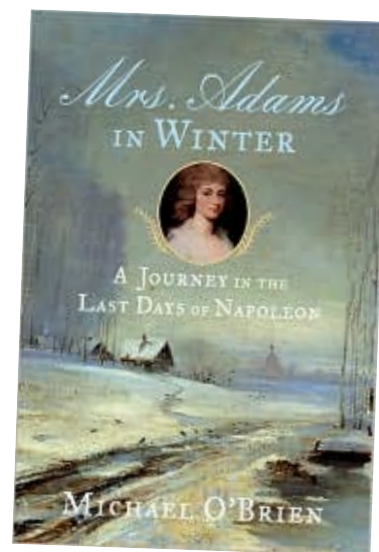
By Michael O'Brien

If the Booker prize-winning novel, *Wolf Hall*, were a video, its style would be like if you ever thought it would be romantic to take a journey by carriage in the time of Jane Austen, read *Mrs. Adams in Winter*. It is a meticulously researched biography of Louisa Catherine Adams, wife of the US President John Quincy Adams, set in the time when her husband was a diplomat in Europe. In 1815, he instructed her to travel from their previous diplomatic posting in St. Petersburg, Russia and to meet him in Paris.

Written in a breezy, gossipy style, this story invites us into the entertaining and perplexing world of European royalty at the time of Napoleon's conquests. Born English, Louisa Adams almost relishes this opportunity to travel on her own without continuously seeking approval for her decisions from her father, husband or society. Her earlier life is portrayed in flashbacks as she travels through the many countries on her path.

Surprisingly, a third of the book is devoted to the fascinating basics of travel by carriage. I knew about the "post" system of traveling across country, stopping at pre-arranged hostleries where horses could be changed.

New to me were the details of the delivery of horses, the charges for services, the hiring of postillions, sleeping or not, eating and drinking, and accommodating bodily functions. Not to mention how one dealt with rogues and thieves. By comparison, air travel is simplicity itself!



As she moves into central Europe, Louisa Adams is shocked by the effects of the Napoleonic wars. Two years after Napoleon was defeated, people are still destitute. Some battlefields are so churned up that bones poke out of the earth. To increase complications, about the middle of her journey, Napoleon escapes from Elba and raises a new army. Without any means of communication except rumours and long-delayed letters, Louisa must decide for herself how to adjust her route to arrive in Paris without harm to herself, her young son or her servants. She succeeds and returns to her life as a diplomatic wife, not having any idea of her husband's famous future.

Support your Community!

Buy Your Membership Today

Crescent Heights Community Association Membership Application Form

Please mail this form
with your cheque to:

C.H.C.A.
1101 - 2nd Street NW
Calgary, Alberta T2M 2V7

Voting (Residents)

- ☐ Single (\$10) ☐ Household (\$20) ☐ Senior (\$5/per person)

Non-Voting (Business and Non-Residents)

- ☐ Associate (\$20) ☐ Business (\$50)

Names : _____

Address : _____ Postal Code: _____

Phone : _____ Email: _____

- ☐ Yes, Send Me Community Emails ☐ Yes, Send Me Block Watch Emails

☐ New Membership ☐ Renewal Date _____ Amount Enclosed \$ _____

CMP